	<b>COUNTY OF SACRAMENTO</b> EMERGENCY MEDICAL SERVICES AGENCY	Document #	8042.17
	<u>PROGRAM DOCUMENT:</u>  <b>Childbirth</b>	Draft Date:	05/02/91
		Effective:	11/01/17
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		Review:	05/01/19

\_\_\_\_\_  
 EMS Medical Director

\_\_\_\_\_  
 EMS Administrator

**Purpose:**

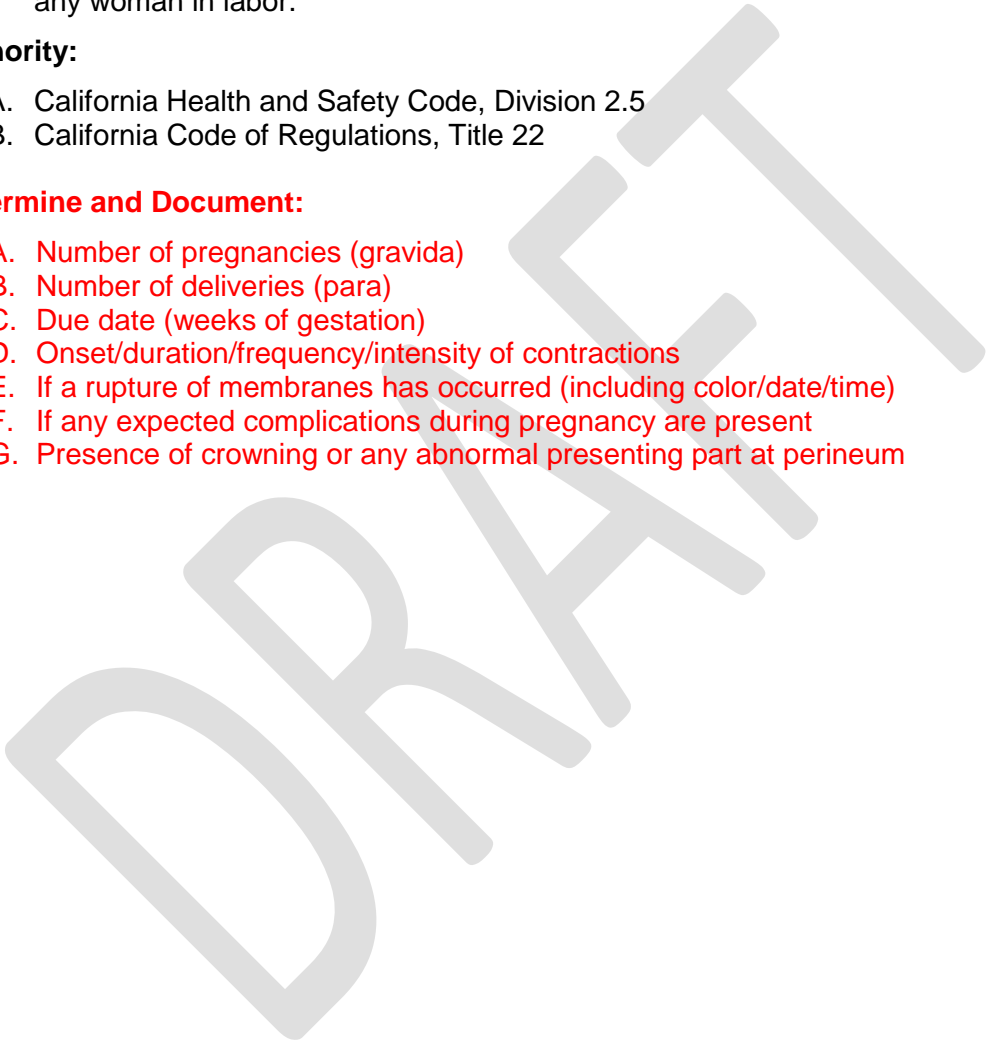
- A. To serve as the treatment standard for childbirth in the prehospital setting. Applies to any woman in labor.

**Authority:**

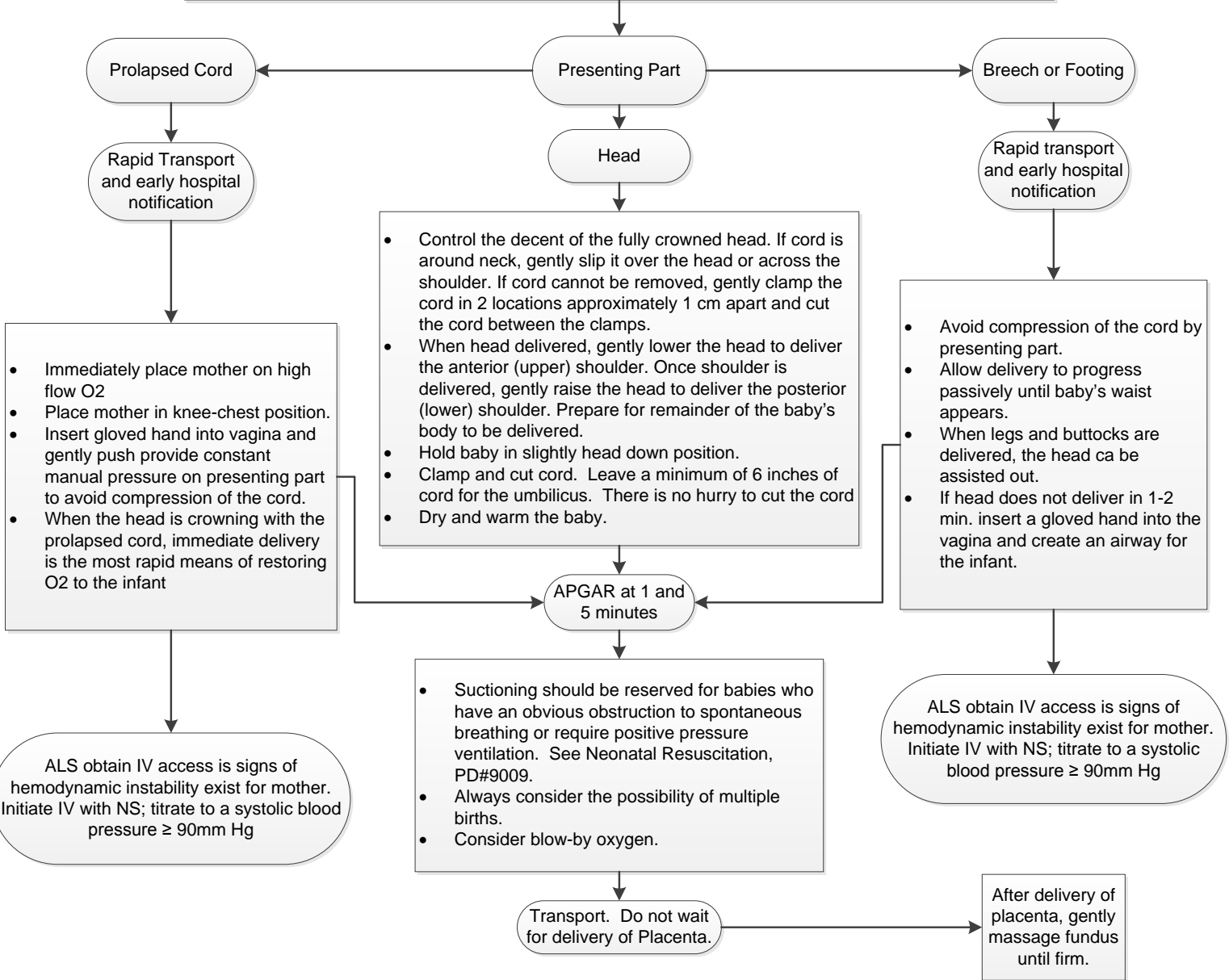
- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22

**Determine and Document:**

- A. Number of pregnancies (gravida)
- B. Number of deliveries (para)
- C. Due date (weeks of gestation)
- D. Onset/duration/frequency/intensity of contractions
- E. If a rupture of membranes has occurred (including color/date/time)
- F. If any expected complications during pregnancy are present
- G. Presence of crowning or any abnormal presenting part at perineum



- Supplemental O2 as necessary to maintain SpO2 ≥ 94%. Use lowest concentration and flow rate of O2 possible.
- Airway adjuncts as needed.
- If delivery is not in progress: Transport patient in left lateral recumbent position.



	Sign	0	1	2
A - Appearance	Color	Central cyanosis	Peripheral cyanosis	Normal
P - Pulse	Heart Rate	Absent	Slow < 100/min	> 100 / min
G - Grimace	Reflex Irritability	No Response	Grimace	Cough or sneeze
A - Activity	Muscle Tone	Limp	Some motion	Active motion
R - Respirations	Respirations	Absent	Slow / irregular	Good, crying

**NOTES:**

- **Newborn patients needing resuscitation** ~~All newborn patients must be resuscitated~~ **should be treated in accordance with per-Protocol (PD) #9009-Neonatal Resuscitation.**
- **Newborns can suffer from hypothermia, which can occur in minutes.**
- **Keep baby at or below the level of the mother's heart until cord is clamped.**
- **Do not pull on the umbilical cord.**
- **Expedite transport if there is partial delivery of the infant and no further progress after 1-2 minutes.**

\*If delivery occurs prior to/during transport, one (1) Patient Care Reports (PCRs), for each patient, shall be completed