

**Sacramento County
Public Health Advisory Board**

Meeting Minutes

May 4, 2016 (12:07pm-1:31pm)

Primary Care Center

4600 Broadway
Sacramento, CA 95820
Conference Room 2020

Moderator: Dr. Steven Orkand – Chair

Scribe: Cherisse Thomasson – Staff

Board Attendees: Dr. Steven Orkand, Dr. Sherri Z. Heller, Dr. Sandy Damiano, Dr. Olivia Kasirye, Kristen Connor, Dr. Adam Dougherty, Kimberly Sloan, Dr. LeOndra Clark Harvey, Allie Shilin-Budenz, Dr. Jeffery Rabinovitz, Ben Avey,

Board Members Excused: Paula Green, Sherry Patterson-Jarrett,

Board Members Absent: Jack Reeves, Dr. William Douglas,

Guest Speakers: None

Guest: Kimberly Bankston-Lee

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Topic	Minutes
Meeting Opened	Meeting began at 12:07pm
Welcome and Introductions	<ul style="list-style-type: none"> • Each PHAB member introduced themselves
Minutes Review	<ul style="list-style-type: none"> • Minutes from March and April 2016 PHAB meeting were not approved.
PHAB Vacancies/HIV Health Services Coordinating Council Appointment	<p>Vacancies:</p> <ul style="list-style-type: none"> • PHAB currently has 3 vacancies: 1 Community Member, 1 Public Health Professional, and 1 Public Health Care. • There is 1 application pending approval. • No Appointments
Primary Health Services Division Update	<p>MEDI-CAL MANAGED CARE ADVISORY COMMITTEE</p> <p>As of April 1st, total enrollment was 432,193. Net positive increase from the previous month was 3,458 members.</p> <p>State DHCS has not yet released a timeline for the new health plans (Aetna and United Healthcare). We will have the new plans provide brief overviews at the May 23 meeting.</p> <p>The first Care Coordination Work Group on April 23rd. Notes should be posted by the end of this week. All believe we need to do a better job of care coordination and that it requires efforts by all key stakeholders.</p> <p>We were already working on some documents to assist individuals across plans. Some of these are updated and posted. They include Member Services lines for health and mental health, RN advice lines and urgent care centers. We are still gathering information for linguistic services and transportation services across plans.</p> <p>Medi-Cal Managed Care Advisory Committee: http://www.dhhs.saccounty.net/PRI/Pages/Sacramento-Medi-Cal-Managed-Care-Stakeholder-Advisory-Committee/BC-MCMC.aspx</p> <p>Care Coordination Work Group: http://www.dhhs.saccounty.net/PRI/Pages/Sacramento-Medi-Cal-Managed-Care-Stakeholder-Advisory-Committee/GI-MCMC-Care-Coordination-Work-Group.aspx</p>

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HEALTHY PARTNERS

As of May 3, 2016 enrollment was at 2,002. We anticipate meeting our target in the near future and will establish a wait list at that time. We will be reviewing our wait list protocol at our advisory group meeting today.

The largest referral pathway continues to be word of mouth (51%). Spanish is the preferred language of 95% of enrollees.

EHS has been providing advanced imaging diagnostics since the end of April when the contract was executed.

The first Specialty clinic was completed on April 23rd at the County Health Center. Five specialty physicians provided services: Gynecology, Neurology, Dermatology, Gastroenterology and Urology. County medical and clerical staff provided support. Twenty patients received specialty care. The show rate was 100%. We received a lot of positive feedback from the specialists and many heartfelt thanks from the patients. It was very successful.

We will be scheduling another Specialty Clinic (date TBD).

Healthy Partners Advisory Group: <http://www.dhhs.saccounty.net/PRI/Pages/GI-Healthy-Partners-Stakeholder-Advisory-Group.aspx>

COUNTY BUDGET PROCESS

Proposed Budget Hearings for FY 2016/17 are scheduled for June 14 – 16. We are still responding to questions about our base budget.

Primary Health submitted a growth request for Healthy Partners program based on feedback from the Healthy Partners Advisory Group. Unsure if any growth requests will be funded.

Public Health Division Update

- **Zika** – there are no cases in Sacramento County. We are continuing to do testing for Zika monitoring.
We do have a very active Mosquito and Vector surveillance District. They monitor the types of mosquitos in the area.

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	<ul style="list-style-type: none"> • Fentanyl Update – No additional cases reported. There was total of 52 including 12 deaths. The DEA & Sheriff are still investigating; they are not giving us a lot of details. Last week DHHS, presented to the Board of Supervisors to give an update on the strategic plan for alcohol and drug issues, which did include Opioids. Dr. Heller presented the strategic framework that was put together by the Alcohol/Drug Program. Both Supervisors Peterson and McGlashan said they are interesting in what plans we have for increasing availability of disposals sites for unused medication. One of the subcommittees of the opioid taskforce is addressing medication disposal and will present an update next time.
<p>Action Topic: Needle Exchange Update Report From Meeting with Law Enforcement</p>	<p style="text-align: center;">Report from Harm Reduction Services</p> <ul style="list-style-type: none"> • Harm Reduction Services is a needle exchange clinic located on Stockton Blvd. Representatives from this clinic have reported to PHAB in the past. They recently released reports of their 2015 syringe exchange program, and their 2014-2015 overdose prevention program. • In 2015, they report about 11,500 exchange encounters. The largest number, 9,126, were with clients from Sacramento County, but people showed up from 35 additional counties. Most exchanges involved clients from the City of Sacramento, but there were many exchanges with clients from Citrus Heights, Rancho Cordova, Elk Grove, and Folsom. In addition, there were hundreds of exchanges with clients from the far reaches of the County, including Ryde, Galt, Rio Linda, North highlands, Antelope, Orangevale, etc. Virtually all the County was represented. Since this clinic is on Stockton Blvd., and the mobile clinic they send out remains within City limits, we have to assume that this operation is inaccessible to many, many addicts in other parts of the County. • Opiates were the drugs-of-choice for about 60%, stimulants 33%. About a third of exchanges were with people under the age of 30. For this clinic, 2/3 of the clients were male. Three-quarters were Caucasian. • Over a 2 year period, Harm Reduction Services trained 558 people - either family members or friends - and gave them naloxone to administer if they felt they were

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witnessing an overdose. They received reports of 139 overdose reversals. There is no way to know how many of these would have resulted in death.

- Harm Reduction Services surveyed the participants in their overdose prevention program. Asking, when did you first use opiates, the peak years were between 14 - 18. Interestingly, about 60% of users in this group began their habits with drugs that they either smoked, snorted, or injected - in other words, not from prescription narcotics.

- Dr. Kasirye reminded the Board that many surveys of addicts show that substantial numbers began their habits after exposure to prescription narcotics. The picture of narcotic addiction is very complex. Kim Sloan expressed the hope that a syringe exchange clinic would take advantage of an exchange encounter to talk about drug treatment programs and other services available. Allie Budenz cited the experience of Harm Reduction Services. During their 12,000 exchanges in 2014, they made about 2000 referrals for services. Ben Avey stressed how difficult it is to track the results of such referrals. Dr. Heller mentioned that in this budget cycle, the DHHS is requesting funds to decrease the wait time for drug treatment services. Currently the wait is about 90 days, which is unacceptable. PHAB's preliminary recommendations stress the importance of having full services available, including ready access to a drug treatment program.

Latest Preliminary Recommendations

- PHAB approved Preliminary Recommendations regarding a syringe exchange program in December, 2015. These recommendations were subsequently presented to and discussed with the Alcohol and Drug Advisory Board and with the Human Services Coordinating Council. They were also discussed with Sacramento County Undersheriff Erik Maness. After each meeting, slight changes were made in our Recommendations, primarily in language and emphasis. The latest copy has been distributed.

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Response from Undersheriff Maness

- On April 15, following the last PHAB meeting, the Undersheriff sent the following email:
- “I’ve spoken with the Sheriff about this issue, and from a theoretical standpoint he understands the benefits you described this program may offer in harm reduction to individuals and the community. However, for obvious reasons he cannot come out in support of it as he cannot endorse, even tacitly, violations of the law. That said, he will not publicly oppose it either. He is open to discussing it further with Dr. Heller, if necessary.”
- Various Board members felt this was significant. In many jurisdictions, law enforcement accepts the public health benefits of syringe exchange, and while not condoning the activity, does not interfere.

Report of Meeting with Chiefs-of-Staff

- On April 28, Steve Orkand and Ben Avey discussed this issue further with the Chief-of-Staff of the Board of Supervisors at our regular quarterly meeting. The Chiefs had a chance to review the latest version of our Recommendations. We provided some background information, including information about the ongoing incidence of hepatitis C and HIV in our County, about the ongoing epidemic of opioid overdoses, about the tremendous problem of improperly disposed syringes. We asked their advice on how to proceed. Sheryll Venegas, Chief of Staff for Supervisor Nottoli, explained that he had previously been against such clinics, but that she would present him with our updated information. Supervisor Phil Serna’s Chief, on the other hand, thought he might support such a program.
- On May 2, Dr. Orkand received this email from Susan McKee, the Chief of Staff for Supervisor Patrick Kennedy:

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	<ul style="list-style-type: none"> • “I spoke with my boss about the PHAB recommendation that the County adopt a needle exchange program. He wants to take the lead in that attempt. As you could tell from the other Chiefs, it will be a tough sell, but we are willing to make the effort. . . . It won’t happen right away, but Supervisor Kennedy will want to meet with you to discuss this.” • We will meet with Supervisor Kennedy to understand better what steps should be taken, who we should talk to, how to further educate around this issue. • There were a number of questions about the social services that might be provided by a syringe exchange program in Sacramento County. If the Board of Supervisors allows such a program, they would invite a contractor to provide this service. However, the Board could set the criteria by ordinance. Even if the money that supports such a program is raised independently, the rules of operation could be established by the Board, and enforcement would be by the County. There was discussion of how the message regarding these services would be framed. The County already has experience with social media and with neighborhood notification programs like NextDor.
Public Comments	No comments
Adjourn	Meeting ended at 1:31pm