

Sacramento County Public Health Advisory Board – Executive Committee

Meeting Minutes

August 21, 2013 3:30 – 4:30 p.m.

Meeting Location:

Department of Health and Human Services

7001-A East Parkway

Sacramento, CA 95823

Conf. Room 4

Facilitator: Morgan Staines – Chair

Scribe: Mark Thorpe

Meeting Attendees: Robert Meagher, Morgan Staines, Don McClurg

Members Absent:

Topic	Minutes
Welcome and Introductions	<ul style="list-style-type: none">• Meeting began at 3:40 p.m.• Approval of June Minutes: Approved.
Member and Committee Vacancies	<ul style="list-style-type: none">• There is currently one vacancy on the Board.• Robert sent a letter to the Medical Society CEO stating there is an opening on the Board, but did not hear back and will follow-up.• Don suggested Terry Jones who is the Chairman of the Medical Dental Committee.• There was discussion on a preference for an MD to fill the vacancy.• Robert reached out to the School of Public Health before and suggested reaching out

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	<p>again.</p> <ul style="list-style-type: none"> • Don knows a retired Obstetrician who expressed interest. • Double check to see if the County Clerk posted the position online. • Uncertain about Sheila Johnston’s interview that was canceled and not yet rescheduled.
<p>Subcommittee Topics/Appointments</p>	<ul style="list-style-type: none"> • Research and Evaluation - Robert discussed research on the “Don’t Rush to Flush”: • There is a 2010 State Agency Report that stated there are about 20,000 chemicals of concern in our water that we have no standards for. Of the 20,000 chemicals 5% are prescription drugs and there are tests for about 10 of them (penicillin, morphine, etc.) to determine the amount in the water. • Currently chemical manufacturers can make anything they want and release it into the environment before testing to see if it is harmful. • Because there are several other chemicals in the water that are worse than prescription drugs, it is not recommended to focus just on prescription drugs. • Robert stated that the amounts of prescription meds in our water are very tiny to the point that one must drink several Olympic pools of water to ingest the equivalent of one pill. • As far as worrying about water contamination from prescription meds, 20-30% comes from leftover pills being flushed as opposed to 70-80% that enter the water after the pill was ingested and not fully digested. • Another large source for anti-biotic and prescription meds entering our water comes from the Cattle industry. • Robert had a concern that “Don’t rush to Flush” encourages patients to remove unused medication from the child proof case and place them in an unmarked bag for proper disposal. There is more risk of accidental exposure to children and not knowing what pills were ingested. Robert consulted with the Director of the San Francisco Poison Control Center who confirmed collecting pills in unmarked plastic bags is a bad policy. • Unless you can have recycling centers in every drug store, the more practical thing to do is mix unused pills with moistened used coffee grounds in a sealed container and place the container in the trash. • In SF, it costs \$800 for a collection bin and \$5 a pound to dispose of the medication as a biohazard and there is no source of ongoing funding.

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	<ul style="list-style-type: none"> • The Sacramento Sheriff is collecting controlled substances (pain killers) and they pass them along to the DEA to dispose of because there is no funding to dispose of the pills. • Robert suggests that “Don’t rush to Flush” should not be supported due to cost and limited impact. • The Academy of Pediatrics does not have a position paper on the subject. • Robert offered to present this information to the Board for future discussion and look closer at the procedure for placing pills in an unmarked bag. • Dental – If Terry Jones is unavailable for PHAB, Robert is offering to volunteer as the Representative on the Dental Committee. Suggested adding a Dental Committee to PHAB. • Executive – Still need a replacement for Marty Keale. Suggested Rachel or Peter Simpson. There are several people capable of making contributions. Waiting for someone to step up.
Quarterly Chiefs Meeting	<ul style="list-style-type: none"> • Unsure when the next meeting is. Morgan will follow-up. Expect sometime in September.
2013 Presentation Schedule	<ul style="list-style-type: none"> • September: Dr. Kasirye and team are scheduled to present on Accreditation and will be the main focus of the meeting. Sandy Damiano will have time to present a Budget Update. • Discussed converting CMISP over to LIHP • October: Inviting the Sherriff and DEA to discuss various safety and health issues that overlap with Public Health and possibly work on Strategic Planning resolutions as part of Accreditation. Robert will make contact with possible presenters from the Sherriff’s Department. • November: Inviting Peter Simpson to discuss the Syringe Exchange Program and Prescription Drug Abuse. Possibility of inviting Dr. Lockett to provide local statistics on current health issues and how Sacramento compares to other counties. • December: Inviting Terry Jones or Deborah Payne to present on Denti-cal (MDAC) comparing previous year statistics with current year. • Possibly inviting someone from UC Davis (Pete?) to speak on National Opiate prescription abuse during the November meeting. Ron will make contact with the presenter.

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Public Comments	None
Adjournment	Meeting adjourned at 4:45 p.m.