

# Sacramento County Public Health

## Maternal Child and Adolescent Health Advisory Board



### Meeting Minutes

May 11, 2021 - 8:00 a.m. - 10:00 a.m.

### ZOOM MEETING

**Facilitator:** Effie Ruggles, Chair

**Scribe:** Stacey Kennedy

### Meeting Attendees:

- Elaine Ellers
- Dr. Harry Wang
- Rebecca Lewis
- Fay Bursch
- Jackie Washington-Ansley
- Robert Hickman
- Tosha Ulcini
- Donyale Abe
- Dr. Ryan Spielvogel
- Paula Kuhlman
- Dr. Kevin Keating
- Whitney Clark
- Angelica Lloyd
- Shannon Pierce
- Leesa Hooks
- Stacey Kennedy
- Dr. Melody Law
- Christina Newport
- Robin Blanks-Guster
- Christi Kagstrom
- Julie Gallelo
- Effie Ruggles
- Katie Andrew
- Christie Stone
- Robyn Alongi
- Christine Smith
- Stacy Sewell
- Ashley Sterlin
- Lenee Johnson

### Absent Members:

- Dr. Ravinder Khaira
- Dr. Kevin Keating
- Mary Baston
- Amber Hill

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Welcome and Introductions	Meeting called to order at 8:05 a.m. by Effie Ruggles
Agenda and Minutes	May minutes reviewed with changes and approved by the Board
Public Health Officer's Report	<p>Presented by Dr. Law</p> <ul style="list-style-type: none"> <li>• The Current COVID-19 case rate is 7.1. COVID testing has been trending down.</li> <li>• The County is running two mass vaccination sites, at Cal Expo and McClellan Park. Currently Sacramento County has given over 1 million doses. Almost 500,000 people have been fully vaccinated.</li> <li>• The County STD clinic is open Tuesday through Friday. The Ryan White clinic is open half days on Friday but plans to be open 4 days a week. They are currently recruiting a provider.</li> <li>• The FDA just approved the Pfizer vaccine for 12-15 year olds.</li> </ul>
MCAH Update	<p>Presented by Leesa Hooks</p> <ul style="list-style-type: none"> <li>• BIH is has hired a PHN to provide Case Management to clients.</li> <li>• Sacramento County has high suicide and self-harm rates. In recent ER reports the rates of self-harm were 79.4 per 100,000 which is much higher that the State average rate. CDPH will be reaching out to counties with high rates to provide TA. More to come.</li> <li>• The County is working on the 2019 MCAH Fact Sheet</li> </ul>
Vaccine Update	<p>Presented by Stacey Kennedy</p> <ul style="list-style-type: none"> <li>• Presented on current vaccine rates and activities in the county.</li> <li>• A Power Point Presentation was sent out.</li> </ul>

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SCOE ACEs Network of Care	<p>Presented by Christine Smith</p> <ul style="list-style-type: none"> <li>• Provided information on the ACEs Network of Care funded program.</li> <li>• Working on recruiting partners for the Network of Care</li> </ul>
Home Visiting Coordination Collaborative	<p>Presented by Julie Gallelo</p> <ul style="list-style-type: none"> <li>• The collaborative works to get home visitors working together. They meet bimonthly and the next meeting is June 10th. They will be working on policy and guidelines for resuming home visiting.</li> <li>• A Power Point Presentation was sent out</li> </ul>
NFP Update	<p>Presented by Fay Bursch</p> <ul style="list-style-type: none"> <li>• NFP is fully staffed with 10 nurses and 2 supervisors.</li> <li>• There are three funding sources, MIECHV, the State Fund and the California Department of Social Services funding. Funded for 250 clients – currently have 155 open and are continuing to take referrals, most come from CPSP.</li> <li>• Visits continue to be done through telehealth. They did receive information that fully vaccinated nurses can begin to go back into the home.</li> <li>• Acuity has gone up and moms are experiencing anxiety, depression, homelessness, substance abuse, expressing that they are not ready for the baby, etc.</li> <li>• The nurses are doing the PIPE training on healthy family relationships and getting training on a strengths based tool for families. Working with WIC on breastfeeding training and with the Oral Health program on a dental training.</li> <li>• Moms are feeling tentative about the safety of the vaccine since it has not been around very long.</li> <li>• We have had 22 graduates in the last 6 months, but our in person graduations are on hold until further notice. There is now an alumni group called Raising Strong.</li> <li>• Pregnant women are dying at a higher rate from COVID-19 and seem to get sicker much faster according to an article in the March ACOG journal. Babies born to mothers who were infected with COVID-19 seem to have much higher antibodies.</li> </ul>
	<ul style="list-style-type: none"> <li>• The State has a lot of funding available this year.</li> <li>• Information on the bills was sent out.</li> <li>• Bills of note included: AB 32, AB 234, AB 285 &amp; SB 428</li> </ul>

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<p>Board Member Updates/Announcements</p>	<ul style="list-style-type: none"><li>• Bob Hickman mentioned that the Sacramento Maternal Mental Health Collaborative has submitted a small grant to increase awareness and access to services for moms.</li><li>• Katie Andrew mentioned that the Medical Dental Referral and Navigation (MDRAN) System is providing demos to Providers. They now have data for the entire medical population. They are expanding out into the community and currently working with Alta Regional, Sacramento Covered, CPSP, etc.</li><li>• Rebecca Lewis mentioned that May is Mental Health Month. She mentioned Dialectical Behavior Therapy (DBT) as one of the most popular—and most effective—treatments for mental health conditions that result from out-of-control emotions. With additional funding in the California budget this would be a good time to work with schools to help children and adolescents deal with trauma and regulate emotions.</li><li>• Katie Andrew mentioned that there is a lot in the proposed budget focused around student mental health.</li><li>• Paula Kulhman mentioned that Luther Burbank received a mental health services grant. Sac City Unified is partnering with Dignity Health to provide pop-up vaccine clinics in certain zip codes.</li></ul>
<p>Wrap-Up/Adjournment</p>	<ul style="list-style-type: none"><li>• Adjourned the meeting at 10:05 a.m.</li><li>• Next Meeting is on September 14<sup>th</sup>- we will not have any meetings over the summer.</li></ul>