

**Sacramento County  
Behavioral Health Services  
Substance Use Prevention & Treatment**

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Health Program Manager  
Substance Use Prevention and Treatment Services**



# About Us

## Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

## Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have opportunity to experience optimum wellness.



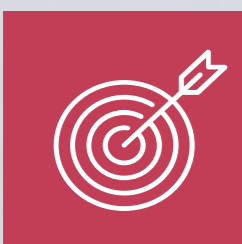
### **Diverse**

Bilingual, Cultural, Lived Experience



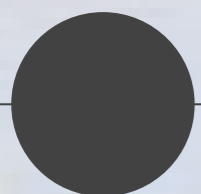
### **Professionals**

Educated, Trained, Licensed Staff



### **Subject Matter Experts**

Regulations, Contracting, Substance Use



# Cultural & Language Needs



- We embrace the cultural and linguistic diversity in our community and understand the importance of providing services that meet the unique needs of our beneficiaries.
- Culturally and linguistically competent services are provided free of charge and are incorporated into a beneficiary's treatment plan.
- Interpreters for a wide-range of languages are available at no cost, including American Sign Language.

## Threshold Languages

- Arabic
- Cantonese
- Farsi
- Hmong
- Russian
- Spanish
- Vietnamese





Residential



Detox / Withdrawal Management



Outpatient Services  
Intensive Outpatient



Sober Living Environments



Perinatal Services  
(Options for Recovery)



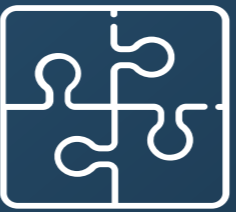
DUI Programs



Specialty Courts



Drug Diversion Programs



Prevention Services



Medication Assisted Treatment



# Assessment and Referral Access Points

Adult



System of Care



Sacramento County Jail



Guest House Homeless Clinic



Primary Care Center

Youth



Probation Department



Youth Detention Facility



Child Protective Services



Collaborative Courts / Self-Referral

# Adult Services

- Full Continuum of Services including Withdraw Management, Residential, Intensive Outpatient, MAT, and Outpatient.
- On-Demand Services
- Assessment (ASAM) drives level of care
- Continuing to expand and incorporate new approaches (e.g., contingency management, MAT for Meth).
- Adult System of Care – Monday-Friday 8am to 5pm (916) 874-9754



# Specialty Perinatal Services

No waiting for services

Residential (Children can live with mother)

Sober Living (Children can live with mother)

Intensive Outpatient/ Outpatient

Case management

In-depth Perinatal Specialty Assessment

Education about continued prenatal exposure

Link to prenatal care

Wrap around approach addressing the needs of both women and their children.

# Youth Services

- Various providers offering outpatient, intensive outpatient, and Medication Assisted Treatment (MAT) [16yo+ with consent]
- For MAT – Two unsuccessful treatment episodes
- Assessment (ASAM) drives level of care
- Services available for ages 12+
- On-Demand Services
- Youth Residential Coming
- Youth System of Care for Substance Use Treatment (Youth under the age of 18 years) 8:00 a.m. - 5:00 p.m. Monday through Friday (916) 875-2050



# Prevention Services

- Wide range of prevention services both community and school based.
- Prevention Services are programs directed at individuals who may be at risk of developing a substance use disorder but have not been determined to require treatment for a substance use disorder.
- Outreach to youth and families through community events, health fairs, speaking engagements.
- Train-the-Trainer prevention education workshops for parents, caregivers, and other interested adults to develop in-depth knowledge about alcohol prevention topics.
- Friday Night Live, Club Live, and Friday Night Live Mentoring Programs are taught at 56 school sites across Sacramento County.

Learn about our Prevention Services at:

<https://dhs.saccounty.gov/BHS/Pages/SUPT/Prevention-Services-%26-Provider-Directory.aspx>

# System of Care

Entry point for Substance Use Prevention and Treatment Services

Adults and Youth all at one easy number!

**(916) 874-9754**

Assessment and referral to alcohol and drug treatment service provider

Monday - Friday

8:00 A.M.- 5:00 P.M.

ALL ASSESSMENTS ARE CONDUCTED BY PHONE APPOINTMENT


MOST APPOINTMENTS ARE SAME DAY SERVICE



# Ways to Refer to SUPT Services

- On-Demand System
- System of Care
- Utilizing Universal Referral Form:
  - Adult: <https://dhs.saccounty.gov/BHS/Documents/Provider-Forms/Referral-Forms/FM-BHS-SUPT-SUD-ADULT-Universal-Referral-Form.pdf>
  - Youth: <https://dhs.saccounty.gov/BHS/Documents/Provider-Forms/Referral-Forms/FM-BHS-SUPT-SUD-YOUTH-Universal-Referral-Form.pdf>

This document may contain PHI. Please ensure HIPAA compliance by sending via secure email or fax.


 Department of Health Services  
 Division of Behavioral Health Services  
 Substance Use Prevention and Treatment Services

Phone: 916-874-9754 Fax: 916-874-9806 3321 Power Inn Road, Suite 120, Sacramento, CA 95826 [SUPTSOC@Saccounty.net](mailto:SUPTSOC@Saccounty.net)

**SUBMIT HERE**

### SUD universal referral form to adult system of care (SOC)

Referral information	Date of referral:
Name of referring party: _____	Phone #: _____
E-mail: _____	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Attorney/ DA office <input type="checkbox"/> Correctional health <input type="checkbox"/> EIFTC ** <input type="checkbox"/> Mental health <input type="checkbox"/> Prop 36 <input type="checkbox"/> CalWORKs/DHA <input type="checkbox"/> CPS social worker <input type="checkbox"/> Hospital <input type="checkbox"/> Parole <input type="checkbox"/> Public defender <input type="checkbox"/> Collaborative courts <input type="checkbox"/> DFTC ** <input type="checkbox"/> Jail social worker <input type="checkbox"/> Probation <input type="checkbox"/> STARS **	
Client information (One form per client referred)	
Client name: (last) _____ (first) _____	Primary language: _____
<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other    DOB: ____ / ____ / ____	Phone #: _____
Address: _____ City: _____ Zip Code: _____	
History and recent events (check all that apply)	
Substance use (check all that apply):	
<input type="checkbox"/> Admitted drug use <input type="checkbox"/> DUI <input type="checkbox"/> Mother positive at birth <input type="checkbox"/> Prior CPS case with drugs <input type="checkbox"/> Drug arrests <input type="checkbox"/> Failure(s) to drug test <input type="checkbox"/> Paraphernalia in home <input type="checkbox"/> Prior pos-tox births <input type="checkbox"/> Drugs found in home <input type="checkbox"/> Infant positive at birth <input type="checkbox"/> Prenatal exposure <input type="checkbox"/> Prior SUD Tx history	
Drug(s) of choice related to qualifying events (check all that apply):	
<input type="checkbox"/> Alcohol <input type="checkbox"/> Ecstasy/Club drugs <input type="checkbox"/> Marijuana <input type="checkbox"/> Opiates <input type="checkbox"/> Benzodiazepine <input type="checkbox"/> Hallucinogens <input type="checkbox"/> Methamphetamine <input type="checkbox"/> Other: _____ <input type="checkbox"/> Cocaine/Crack <input type="checkbox"/> Heroin <input type="checkbox"/> Misuse of prescriptions	
Criminal justice history (check all that apply):	
<input type="checkbox"/> 290 Registrant <input type="checkbox"/> CNO eligible <input type="checkbox"/> Hold from another county <input type="checkbox"/> Intoxicated in public <input type="checkbox"/> 452 Arson registrant <input type="checkbox"/> Drug possession <input type="checkbox"/> Intent to sell <input type="checkbox"/> Pending drug charges	<b>Current incarceration:</b> <input type="checkbox"/> Main Jail <input type="checkbox"/> RCCC
Summary/Reason for referral: Specific details and dates of the above checked boxes, include AOD/SUD related history as well as treatment episodes, arrests, CPS, family, & domestic violence, and current drug test results including failure to test (s).	
Date of last use: _____	Date of failure(s) to test: _____
Current drug use: <input type="checkbox"/> Yes <input type="checkbox"/> No	Current AOD/SUD services: <input type="checkbox"/> Yes <input type="checkbox"/> No
Description of qualifying events and all previous AOD/SUD history: (Attach second page if needed)	

# Federal Priorities



Pregnant  
IV Drug  
Users

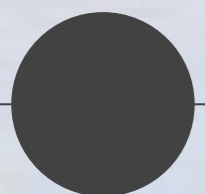


All Others

Pregnant

Multisystem  
Involved

IV Drug Users





# Opioid Crisis

Opioid Overdose Deaths  
United States  
2021



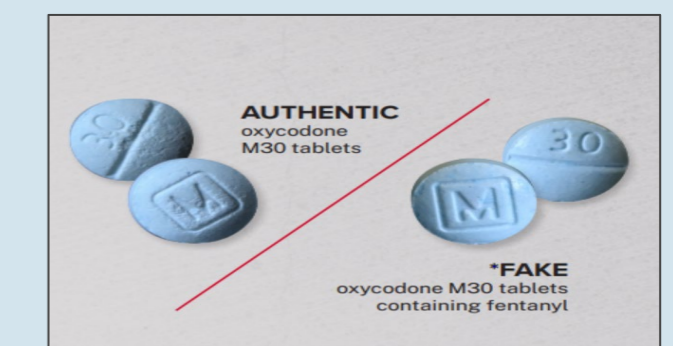
Source: CDC National Center for Health statistics

# INSIDE THE NUMBERS

- In 2020, FENTANYL IS THE #1 CAUSE OF DEATH FOR AMERICANS AGES 18-45 SURPASSING SUICIDE, C19 AND CAR ACCIDENTS

Source: Centers for Disease Control (CDC)

- IN 2021, ABOUT  $\frac{2}{3}$  OF ALL OVERDOSE DEATHS INVOLVED FENTANYL
- IN SACRAMENTO COUNTY, 98% OF THE STREET DRUGS ARE FAKE AND 99% CONTAIN DEADLY FENTANYL
- Narcan is available through Sacramento County SUPT



Source: Sac County DA Crime Lab

# What is Xylazine?



Xylazine is a horse tranquilizer drug and large animal sedative with pain killing & muscle relaxant properties that is mixed with heroin, cocaine, meth, and other street drugs.

Its use has lead to an increase in overdose deaths across the country.

In 2022 -10 deaths in Sac County mixed with fentanyl

# Xylazine

(Horse Tranquilizer Drug)

## Side Effects on Humans



- Skin lesions, sores, or infections
- Respiratory depression
- Decrease in blood pressure
- Hyperglycemia (high blood glucose)
- Blurred vision
- Disorientation and staggering
- Inability to respond
- Unconsciousness or sedation
- Coma
- Death from overdose



A screening tool for pregnant women to identify potential substance use and refer for early intervention and treatment services.

Provide education to professionals in the community who interact with pregnant women who use substances and children who have had prenatal substance exposure.

Media campaign for providers encouraging an increase in knowledge in the area of prenatal substance exposure including articles in the Sierra Sacramento Valley Medical Society Magazine.

Media campaign encouraging mothers to seek treatment early.





**Safer**  
Sacramento



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## VISION

Sacramento County citizens will thrive in a safe community, free of the dangers of substance use and misuse, with equal access to behavioral health, prevention, and treatment services.

## MISSION

Safer Sacramento will provide educational multimedia resources to guide individuals to make healthy choices and to avoid or reduce the potential harm from the use or misuse of alcohol, tobacco, marijuana, and other substances.

## GOALS

1. Seamlessly blend science, art, and expertise to educate the citizens of Sacramento County on the effects of substance use and the importance of prevention and treatment.
2. Contribute to reducing the rate of substance use and its potential harm.
3. Promote equitable access to prevention, intervention, and treatment services for the citizens of Sacramento County.



## EXPLORE. LEARN. SHARE.

Join us for live and online training events, community outreach projects, digital learning, and social media experiences unlike any other in Sacramento County.



Scan to learn more

SACRAMENTO  
COUNTY

[www.saferSacramento.com](http://www.saferSacramento.com)



# Additional Resources

- SURE Center (SUPT can refer into now before mainly LE and EDs)
- MAT Services / IOT Services if waiting for Residential
- Narcan Ordering (DHCS Narcan Distribution)
- 1PillCanKillSac Resource Page - <https://1pillcankillsac.com/resources/>
- Sac County Coalition for Youth:  
<https://www.sacramentoccy.org/teenAlcoholPrevention.html>
- Methamphetamine and Opioid Coalitions  
<https://sacopioidcoalition.org/>  
[Sacramento County Methamphetamine Coalition](https://letstalkmeth.org/)  
<https://letstalkmeth.org/>
- Meth Residential through Wellspace Health
- MAT for Meth
- Coming Soon: Contingency Management



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# Substance Use Prevention and Treatment

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