

**Sacramento County  
 Department of Health Services  
 Maternal, Child, and Adolescent Health Advisory Board**



**Meeting Minutes**

Tuesday, September 12, 2023  
 8:30 AM - 10:30 AM

**Zoom Meeting**

**Facilitator:** Effie Ruggles, Chair  
**Scribe:** Shai Davis

**Meeting Attendees:**

- Angelica Lloyd
- Ayanna Edmonson
- Bob Hickman
- Christina Newport
- Daphne Echols
- Danielle Jackson
- Donyale Abe
- Dr. Harry Wang
- Dr. Melody Law
- Fay Bursch
- Gricelda Ocegueda
- Jackie Washington-Ansley
- Kristina Newport

- Leesa Hooks
- Monica Rocha-Wyatt
- Nyuieko Bansah
- Patsy Jimenez
- Robin Blanks-Guster
- Stacey Kennedy
- Tosha Ulicni

**Absent:**

- Charles Taylor
- Dr. Kevin Keating
- Katie Andrew
- Paula Kuhlman
- Rebecca Lewis

Welcome and Introductions	The meeting was called to order at 8:30am by Effie Ruggles.
Agenda and Minutes	May minutes was reviewed and approved by the Board.
Public Health Officer’s Report: Presented by Dr. Melody Law, Deputy Health Officer	<ul style="list-style-type: none"> <li>- The updated COVID-19 vaccine of Pfizer and Moderna has been endorsed by the FDA and CDC and will be available starting this fall. The CDC recommends that everyone 6 months and older get vaccinated with at least 1 updated vaccine.</li> <li>- With influenza, the current flu vaccine reduces the risk of hospitalization by about 50%, and flu vaccination is recommended. There is an FDA-approved Respiratory Syncytial Virus (RSV) vaccine especially recommended for older adults 60 years of age and above.</li> <li>- COVID-19 and flu vaccines can be safely administered together.</li> <li>- The bivalent Moderna and Pfizer COVID-19 vaccine formulations are no longer authorized for use and will no longer be administered.</li> </ul>

	<ul style="list-style-type: none"> <li>- A Tough Mudder event in Sonoma County, occurring on August 19 and 20, 2023 caused rashes and skin infections to several participants after extensive skin exposure to mud. Symptoms reported were minor illnesses such as Swimmer’s Itch but could also be due to a serious bacterial infection such as Aeromonas, which can cause cellulitis and necrotizing fasciitis. While the situation has been under control, Sonoma County is continuing with the investigation to understand how and why this occurred.</li> <li>- The West Nile Virus season is ongoing, and there have been three to five cases in Sacramento County. This is currently under control.</li> <li>- Dr. Law and members of the Hospital Healthcare Coalition are preparing for a pediatric surge in respiratory illnesses should there be one as winter season approaches.</li> </ul>
<p>MCAH Updates: Presented by Leesa Hooks, MCAH Director</p>	<ul style="list-style-type: none"> <li>- MCAH will embark on a needs assessment this fiscal year. The needs assessment is conducted every five years to determine the health priorities in Sacramento County, which would then guide the activities in the MCAH scope of work.</li> <li>- Last meeting, Leesa talked about changes under the CPSP program. The Perinatal Services Coordinator (PSC) role has not been solidified yet, and she anticipates learning more about this role. At present, PSC Jackie Washington-Ansley will continue hosting roundtables for partners.</li> <li>- To prepare for the CalAIM rollout, and with the Birth Equity Population of Focus starting in January 2024, the County is working on MOUs with various demographic care plans. One of the deliverables is for GMCs to attend Advisory Board Meetings. Leesa plans to invite the geographic managed care (GMC) plans to the Advisory Board meetings to gain better understanding of what to expect in terms of community support enhancements provided for the Birth Equity Population of Focus.</li> <li>- CHDP is scheduled to sunset in 2024; listening sessions have been sent out to the Board to ensure that with the transition, no high-risk children will fall through the cracks.</li> <li>- With Dr. Spielvogel’s departure from the MCAH Advisory Board, we are looking for someone to fill the OB seat. Please send Leesa and Shai any recommendations on who can potentially fill this role.</li> </ul>
<p>Maternal Mental Health Workgroup Update: Presented by Bob Hickman, Chair of</p>	<ul style="list-style-type: none"> <li>- The Maternal Mental Health Workgroup has been meeting monthly since January 2023 to look for opportunities to meet the unmet maternal mental health needs of low-income birthing people in the County.</li> <li>- There has been continued conversation with Family First Sacramento’s Planning Team about an early intervention demonstration project</li> </ul>

<p>Maternal Mental Health Workgroup</p>	<p>addressing perinatal support needs reflected in the CPS/BH Probation crossover data trying to understand what resources are available within the workgroup and what this cross-sector approach would look like.</p> <ul style="list-style-type: none"> <li>- Bob has been a part of the Community Engagement Subcommittee of the Child Abuse Prevention Cabinet to gain support for local initiatives.</li> <li>- He has also participated in the state’s DHCS Pathways Social Determinants of Health Workgroup to develop a cohesive and streamlined plan to provide care offered by the geographic managed care plans. DHCS is aware of the workgroup’s action planning and funding is available locally.</li> <li>- At the last workgroup meeting, there was a discussion on the need for workforce development and the lack of trained mental health therapists. He met with Cal MHRSA and learned that it is possible to develop a maternal mental health specialization for peer support specialist training. The next step would be to propose a maternal mental health curriculum for DHCS’s approval.</li> <li>- If there is interest in participating in any of these initiatives, please join the Maternal Mental Health Workgroup’s upcoming meeting on September 21<sup>st</sup>, 11am-12pm.</li> <li>- Tosha shared a news article about a successful model of care offering new mothers psychotherapy by other mothers who have also experienced postpartum depression. <a href="#">Click on this link for the article.</a></li> </ul>
<p>Homeless Engagement and Response Team: Presented by Monica Rocha-Wyatt, Health Program Manager</p>	<ul style="list-style-type: none"> <li>- The Homeless Engagement and Response Team (HEART) conducts outreach and engagement to unhoused individuals by providing mental health and substance use screening, linkage and assessments in homeless shelters and encampments.</li> <li>- HEART coordinates with the County’s Department of Homeless Services and Housing, Department of Human Assistance and the City’s Department of Community Response to help make more successful placements into shelter/permanent housing and to connect individuals to necessary services and supports, including health and behavioral health care.</li> <li>- Staffed with Mental Health Counselors and BH Peer Specialists, HEART uses a phased approach to help encampment and shelter residents enroll in needed behavioral health services and support, with the initial phase focused on relationship building to develop rapport and trust over time. The team provides clients with a warm handoff to other services, depending on the level of need.</li> </ul>

	<ul style="list-style-type: none"> <li>- Monica also provided other behavioral health initiatives, such as the Mobile Crisis Support Team and the 24/7 Urgent Care Clinic, as well as housing projects in the pipeline.</li> <li>- Monica also shared information about the Youth Help Network, which provides free, short-term services to youth ages 16-25 years old in Sacramento County. For more information, visit <a href="https://starsyouth.net/">https://starsyouth.net/</a>.</li> <li>- To send a referral, complete the <a href="#">HEART Referral Form</a>, or send a secured email to <a href="mailto:BHS-HEARTReferrals@saccounty.gov">BHS-HEARTReferrals@saccounty.gov</a>. A presentation was emailed to the meeting attendees.</li> </ul>
<p>MCAH Needs Assessment: Presented by Shai Davis, MCAH Planner</p>	<ul style="list-style-type: none"> <li>- Shai provided an overview of the MCAH Needs Assessment, the requirements from the state on selecting the top three health priorities for each health domain, and the expectation to embed equity into the process. She asked for recommendations and suggestions on who to approach to get community input.</li> <li>- Besides the partners listed in the presentation, the Board provided additional suggestions, including Birth and Beyond, Black Child Legacy Campaign, Sacramento City Teenage Program, UC Davis Maternal Mental Health Collaborative, the FRCs, WIC, CA Primary Care Association, CCS, Children’s Coalition, Greater Sacramento Urban League, La Familia Counseling Center, Sacramento Native American Health Center, Lao Family Community Center, SETA Head Start, Musim American Social Services Foundation, United and Guided, and Asian Resource Center.</li> <li>- The Board provided other data sources such as California Health Interview Survey, First 5 Sacramento’s Assessment and Centering Black Mothers Report.</li> <li>- The group shared other links to documents and reports to support the assessment, including: <ul style="list-style-type: none"> <li>o <a href="#">Understanding the Practice of Midwifery Care in Sacramento</a></li> <li>o <a href="#">Centering Black Mothers – Insights into Racism, Health and Well-being for Black Women and Infants Report (2023)</a></li> <li>o <a href="#">FQHC data on HRSA website</a></li> <li>o <a href="#">California Families Project Publications</a></li> </ul> </li> </ul>
<p>Nurse-Family Partnership: Presented by Tosha Ulicni, Supervising PH Nurse</p>	<ul style="list-style-type: none"> <li>- NFP received expansion funds from the CA Home Visiting State General Funds to hire two PHN and one Sr. PHN positions. PHN Angelica Quach has been promoted to Sr. PHN and filled one of the PHN positions. NFP currently has a waitlist. The MCAH programs continue to outreach to the community about services available for pregnant moms and families.</li> <li>- NFP is in partnership with Sacramento Public Library to provide a 6-week perinatal health educational series. Public Health Nurses, along with other community partners such as WIC, CAPC and Sacramento Library</li> </ul>

	<p>Early Learning Department, will conduct an educational session each week about labor and delivery, postpartum care, safe sleep, nutrition and infant feeding, maternal mental health and early literacy, and other topics. The first session will take place February 1, 2024 at the Colonial Heights Library. Flyer to come soon.</p>
<p>Other Announcements</p>	<ul style="list-style-type: none"> <li>- Jackie Washington-Ansley anticipates changes coming in the CPSP program; more information to come. provided an update about the Sacramento Breastfeeding Coalition’s Black Breastfeeding Virtual Event to celebrate Black Breastfeeding where over a hundred attendees learned about the impact that Doulas have in getting new mothers to breastfeed successfully and strengthening the bond between moms and their babies.</li> <li>- Donyale Abe mentioned that the MCAH Perinatal Equity Initiative (PEI) will host a virtual celebration on October 3 &amp; 4, 2023 to celebrate the successes of the initiatives over the last three years.</li> <li>- Daphne Echols provided an update on Community Nursing and that the programs are doing well, with the nurses at or near capacity. She welcomed a new nurse who started a few weeks ago.</li> <li>- Danielle Jackson shared that HRSA released funding for Early Childhood Development to increase screening rates for early childhood development onsite at health centers and create a more robust referral network for supportive services for children and their caregivers. Peach Tree and Yuba County received this funding, and it will be interesting to see if there are referral opportunities for Sacramento County residents as they are contracted providers in the County.</li> </ul>
<p>Adjournment</p>	<ul style="list-style-type: none"> <li>- The meeting adjourned at 10:33am.</li> <li>- The next meeting is on the 2<sup>nd</sup> Tuesday of November, November 14, 2023, from 8:30am – 10:30am.</li> </ul>