

# Car Seat Resources in the Sacramento Area

The agencies below assist parents and caregivers with installing car seats correctly. Some agencies may provide low cost seats to eligible families.

## Car Seat Classes

All agencies below offer car seat classes by appointment only. Please call for details.

### ◇ Safe Kids/Dignity Health

Car seat safety checks at Mercy San Juan Medical Center and Methodist Hospital, offered once a week, please call for date and location. Low-cost car seat program available for low-income families with proof of assistance. Program includes two hour car seat education class and inspection appointment.

If interested, please call the appropriate number below:

English (916) 864-5779

Spanish (916) 904-3799

Hmong (916) 864-5541

Russian (916) 864-5566

### ◇ Sacramento Native American Health Center

SNAHC offers car seat classes once a month and free car seats for families who qualify and complete the class. SNAHC primarily serves Native Americans families.

If interested, please call

(916) 341-0576 Ext. 2219

### ◇ UC Davis Health Care System

UCD Health Care System offers monthly car seat classes in English & Spanish. In addition, low-cost car seats are available to eligible families.

If interested, please call (916) 734-9784

Para Español llame (916) 734-9799 Ext. 2

## Violator Programs

### ◇ Sacramento County—CHIIPP Program

Violator program by appointment and court referral only.

(916) 875-5869

\*Spanish speaker available.

### ◇ Buckle Up Baby

Violator program by appointment and court referral only.

If interested, contact Jim Owens

(916) 772-6300

## Car Seat Checks

All car seat checks require an appointment. Please call locations for information regarding available appointments and low cost car seats.

### Sacramento County

#### Sacramento

### ◇ Safe Kids/ Dignity Health

Mercury San Juan Hospital

6501 Coyle Ave.

Methodist Hospital

7500 Hospital Dr.

(916) 864-5779

### ◇ Sacramento Native American Health Center

2020 J St.

(916) 341-0576

### ◇ UC Davis Health Care System

4900 Broadway, Ste 1650

(916) 734-9784

### ◇ California Rural Indian Health Board

4400 Auburn Blvd.

(916) 929-9761

### ◇ CHP—Capitol Protection

1801 9th St.

(916) 322-3337

### ◇ CHP—North Sacramento

5109 Tyler St.

(916) 338-6710 Ext. 247

Spanish translator available.

### ◇ CHP—South Sacramento

6 Massie Ct.

(916) 681-2300

Spanish and Russian

translators available.

### ◇ CHP—Valley Division

2555 1st Ave.

(916) 464-2090

Spanish translators available.

### ◇ CHP—East Sacramento

11336 Trade Center Dr.

(916) 464-1450

### Citrus Heights

### ◇ AAA Car Seat Program

6109 Sunrise Blvd.

(916) 560-0503

### Sacramento County

#### Elk Grove

### ◇ Elk Grove Police Department

8400 Laguna Palms Way

(916) 478-8170

### ◇ Cosumnes Fire Department

8760 Elk Grove Blvd.

(916) 405-7114

#### Folsom

### ◇ AAA Car Seat Program

2405 Iron Point Rd., Ste. 130

(916) 351-2629

### El Dorado County

#### El Dorado Hills

### ◇ El Dorado Hills Fire Department

Station #86

3670 Bass Lake Rd.

(916) 933-6692

### ◇ CHP—Placerville

3031 LoHi Way

(530) 622-1110

#### Placerville

### ◇ AAA Car Seat Program

3979 Missouri Flat Rd., Suite 120

(530) 295-6605

### Placer County

#### Roseville

### ◇ Roseville Fire Department

401 Oak St.

(916) 772-6300

### ◇ CHP—Newcastle

9440 Indian Hill Rd.

(916) 663-3344

### Yolo County

#### Woodland

### ◇ Yolo County Health Department

137 N. Cottonwood St.

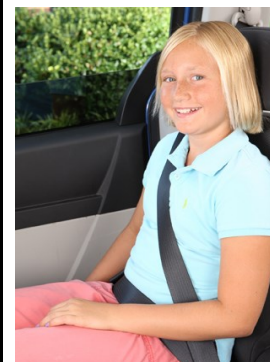
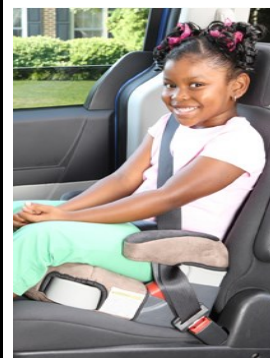
(530) 666-8561

Spanish translator available.

### ◇ CHP—Woodland

13739 Andrew Stevens Dr.

(530) 662-4685



Updated: February 2015

To update this list contact Megan Sheffield Sacramento County Childhood Illness & Injury Prevention Program (916) 875-5869

## California Car Seat Law

Children under age 8 must be properly buckled into a car seat or booster in the back seat.

Children between age 8 and 16 must wear their seat belt correctly and should sit in a booster seat if necessary.

The seat belt fits properly if the shoulder belt lays across the collarbone and the lap belt lies over the hips.