



County of Sacramento

**MENINGOCOCCAL DISEASE
HEALTH ADVISORY
January 23, 2017**

Situational Update

The Sacramento County Division of Public Health (SCDPH) received notification of an outbreak of meningococcal disease (*Neisseria meningitidis*) in an assisted living facility on January 17, 2017. There are currently two confirmed cases of meningococcal disease at the facility, one Serogroup B and the other still pending. Please see below the actions requested of clinicians if meningococcal disease is suspected in a patient:

Actions Requested of All Clinicians

1. **Implement** infection control precautions:
 - *Isolate* patient in a private room for the first 24 hours after initiation of treatment.
 - *Initiate* droplet precautions for the first 24 hours after initiation of treatment and standard precautions thereafter.
2. **Collect** sterile specimens to test for *Neisseria meningitidis*. Contact Sacramento County Public Health Laboratory at (916) 874-9231 to coordinate shipping of the specimen to state lab for identification of serogroup.
3. **Treat** immediately with appropriate antibiotic regimen. Do not delay treatment while awaiting results of diagnostic tests.
4. **Provide** prophylaxis to health care workers with direct patient contact.
5. **Report** to SCDPH **IMMEDIATELY** by phone at (916) 875-5881.

For more information and guidance, please contact SCDPH at (916) 875-5881.

Sincerely,

Handwritten signature of Olivia Kasirye MD.

Olivia Kasirye, MD, MS
Public Health Officer