



## County of Sacramento

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### MEASLES HEALTH ADVISORY

January 2, 2019

#### Situational Update

Multiple European countries experienced widespread measles outbreaks in 2018. On December 19, 2018, the Public Health Center for the Ministry of Ukraine reported 49,518 individuals (18,297 adults and 31,221 children) diagnosed with measles in 2018, a 52% increase from numbers reported two months earlier in October. Please see below the actions requested of health care systems and clinicians.

#### Actions Requested of Health Care Systems and Clinicians:

1. **Inquire** about recent travel to Europe for any patients presenting with symptoms of measles. Measles typically begins with high fever, cough, coryza (runny nose), and conjunctivitis (red and watery eyes) about three to five days prior to rash onset. The measles rash begins as flat red spots that appear on the face at the hairline and spreads downwards to the neck, trunk, arms, legs, and feet.
2. **Report** all patients with suspect measles **immediately** to Sacramento County Public Health (SCPH) via phone at (916) 875-5881 AND electronically via CalREDIE or confidential fax at (916) 854-9709.
3. **Educate** patients traveling internationally about appropriate travel vaccines as recommended by the Center for Disease Control and Prevention (CDC) [Travelers' Health](#). Remind patients to plan ahead since many travel vaccines require multiple doses or take time to become fully effective.
4. **Encourage** patients 12 months or older to begin the two dose measles, mumps, and rubella (MMR) vaccine series following the CDC's recommended [immunization schedule](#).

For more information about measles, visit the CDC's website at <https://www.cdc.gov/measles/hcp/index.html>, California Department of Public Health's website at <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/measles.aspx>, or call Sacramento County Public Health at (916) 875-5881.

Sincerely,

Olivia Kasirye, MD, MS  
Public Health Officer