



County of Sacramento

INFLUENZA HEALTH ALERT
January 11, 2016

Situational Update

The Sacramento County Division of Public Health has received three (3) reports of ICU patients under age 65 with confirmed influenza for the 2015/2016 influenza season. We have also been notified of an increase in the volume of patients at hospital emergency departments. There are no reported deaths. We are therefore raising the health notification to health alert level. Please see actions requested of clinicians below:

Actions Requested of All Clinicians

1. **Report** to Sacramento County Division of Public Health (SCDPH) electronically via CalREDIE or via confidential fax (916) 854-9709 the following laboratory-confirmed cases of seasonal influenza:
 - Intensive Care Unit (ICU) cases under age 65 admitted for influenza
 - All deaths due to influenza complications
 - Novel strains of influenza (e.g., Avian influenza H7N9) regardless of hospitalization /vital status
 - All outbreaks of influenzaMedical records for ICU cases and deaths under age 65 should be uploaded into the CalREDIE filing cabinet or sent via confidential fax (916) 854-9709.
2. **Treat** early with oseltamivir or zanamivir patients with suspected or confirmed influenza who are hospitalized for severe illness or who are at higher risk for influenza associated complications.
3. **Encourage** influenza vaccination for anyone 6 months of age and older and pneumococcal vaccination for those at increased risk of pneumococcal disease. As Healthcare providers, be an example and get vaccinated.
4. **Implement** infection control precautions
 - All persons with FEVER and COUGH should wear a face mask, if tolerated in all health care settings.
 - All persons with Influenza Like Illness (ILI) should stay at home until 24 hours after fever resolves, except patients that require medical evaluation and care.
5. **Masking policy** for Health Care Workers with direct patient contact should be implemented.

If you need information about immunization services for children and adults or need to refer clients or get information regarding clinics please contact the Sacramento County Immunization Assistance Program at 916-875-SHOT (7468) Monday-Friday between 8:00 am – 5:00 pm.

Sincerely,

Handwritten signature of Olivia Kasirye MD.

Olivia Kasirye, MD, MS
Public Health Officer