



County of Sacramento

INFLUENZA HEALTH ADVISORY

December 26, 2018

Situational Update

Influenza activity is now [widespread](#) in California with influenza A(H1N1)pdm09 predominating. Sacramento County Public Health (SCPH) has received five reports of persons hospitalized in the intensive care unit (ICU) for influenza and one influenza outbreak in a congregate setting. ***As a reminder, influenza-associated ICU hospitalizations and deaths of ALL ages are locally reportable this influenza season.*** Please see the guidance documents from the California Department of Public Health (CDPH) attached and the actions requested of health care systems and clinicians below.

Actions Requested of Health Care Systems and Clinicians:

1. **Report** electronically to SCPH – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed influenza cases:
 - **Intensive care unit (ICU)** cases of **all ages**
 - **Deaths** of **all ages**
 - **Novel influenza viruses** regardless of age, hospitalization, or vital status
 - **Outbreaks**

Medical records (e.g., admission notes, laboratory results, discharge summary, vaccination information) for **all** ICU and fatal cases should be uploaded into the CalREDIE filing cabinet or sent via confidential fax to (916) 854-9709.

2. **Offer** the influenza vaccine to all health care workers, especially those with direct patient contact.
3. **Continue to enforce** masking mandate for all health care workers with direct patient contact who have not been immunized for the 2018/2019 influenza season.
4. **Ensure** ill health care workers remain home and do not go to work.
5. **Encourage** influenza vaccination for any patient six months of age and older who do not have a medical contraindication for receiving the vaccination.
6. **Implement** infection control precautions as appropriate.
7. **Treat** with antivirals (e.g., oseltamivir, zanamivir, peramivir) as early as possible any patient confirmed or suspected to have influenza who:
 - is hospitalized;
 - has severe, complicated, or progressive illness; or
 - is at higher risk for influenza complications.

For information about influenza, visit the CDC's website at <https://www.cdc.gov/flu/index.htm> or the CDPH's website at <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx>. For information about immunization services or client referrals to influenza clinics, contact the Sacramento County Immunization Assistance Program at 916-875-SHOT (7468).

Sincerely,

Olivia Kasirye, MD, MS
Public Health Officer