



## County of Sacramento

### INFLUENZA HEALTH ADVISORY October 1, 2018

#### Situational Update

The 2018/2019 influenza season officially started on Sunday, September 30<sup>th</sup>. The California Department of Public Health (CDPH) is changing its reporting requirements starting this influenza season (ahead of revisions to the Title 17 California Code of Regulations) and Sacramento County Public Health (SCPH) is also revising its reporting requirements (see below). Furthermore, SCPH will be implementing the masking mandate on November 1, 2018.

#### Actions Requested of Health Care Systems and Clinicians:

1. **Report** electronically to SCPH – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed influenza cases:
  - **Intensive care unit (ICU)** cases of **all ages**
  - **Deaths of all ages**
  - **Novel influenza viruses** (e.g., Avian influenza H7N9) regardless of age, hospitalization, or vital status
  - **Outbreaks**Medical records (e.g., admission notes, laboratory results, discharge summary, vaccination information) for **all** ICU and fatal cases should be uploaded into the CalREDIE filing cabinet or sent via confidential fax to (916) 854-9709.
2. **Offer** the influenza vaccine to all health care workers, especially those with direct patient contact.
3. **Encourage** influenza vaccination for any patient six months of age and older. Also encourage pneumococcal vaccination for patients and health care workers at an increased risk for pneumococcal disease.
4. **Implement** infection control precautions as appropriate.
5. **Treat** with antivirals (e.g., oseltamivir, zanamivir, peramivir) as early as possible any patient confirmed or suspected to have influenza who:
  - is hospitalized
  - has severe, complicated, or progressive illness; or
  - is at higher risk for influenza complications.

For information about influenza, visit the CDC's website at <https://www.cdc.gov/flu/index.htm> or the CDPH website at <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx>. Contact the CDPH Immunization Branch at [InfluenzaSurveillance@cdph.ca.gov](mailto:InfluenzaSurveillance@cdph.ca.gov) or 510-620-3737 for information about becoming an influenza sentinel provider. For information about immunization services or client referrals to influenza clinics, contact the Sacramento County Immunization Assistance Program at 916-875-SHOT (7468).

Sincerely,

A handwritten signature in black ink that reads "Olivia Kasirye MD".

Olivia Kasirye, MD, MS  
Public Health Officer