



County of Sacramento

INFLUENZA HEALTH ADVISORY

March 29, 2018

Situational Update

Influenza activity remains “widespread” in California with influenza activity elevated throughout the State. Influenza B virus activity persists despite decreased influenza A virus activity. Sacramento County Public Health (SCPH) has confirmed 97 cases of influenza associated with intensive care unit (ICU) admissions and 16 influenza-associated deaths among those less than 65 years old as of 3/24/18. The influenza masking mandate remains in effect until further notice. Please see the actions requested of healthcare systems and clinicians below:

Actions Requested of Healthcare Systems and Clinicians:

1. **Continue enforcing masking policy** for all healthcare workers with direct patient contact.
2. **Offer** the influenza vaccine to all healthcare workers, especially those with direct patient contact.
3. **Encourage** influenza vaccination for any patient six months of age and older. Also encourage pneumococcal vaccination for patients and healthcare workers at an increased risk for pneumococcal disease.
4. **Implement** infection control precautions as appropriate.
5. **Treat** with antivirals (oseltamivir, zanamivir, or peramivir) as early as possible for any patient with confirmed or suspected influenza who:
 - is hospitalized;
 - has severe, complicated, or progressive illness; or
 - is at higher risk for influenza complications.
6. **Report** to SCPH electronically – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed influenza cases:
 - ICU cases under 65 years old
 - Deaths under 65 years old
 - Novel strains of influenza (e.g., Avian influenza H7N9) regardless of age, hospitalization, or vital status
 - Outbreaks of influenza

Medical records (e.g., H&P, labs, discharge summary, maternal vaccine) for ICU and fatal cases under age 65 years old should be uploaded into the CalREDIE filing cabinet or sent via confidential fax (916) 854-9709.

For information about influenza, visit the Centers for Disease Control and Prevention’s website at <https://www.cdc.gov/flu/index.htm> or the California Department of Public Health’s (CDPH) website at <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx>. Contact the CDPH Immunization Branch at InfluenzaSurveillance@cdph.ca.gov or 510-620-3737 for information about becoming an influenza sentinel provider. For information about immunization services or client referrals to influenza clinics, please contact the Sacramento County Immunization Assistance Program at 916-875-SHOT (7468).

Sincerely,

A handwritten signature in black ink that reads "Olivia Kasirye MD".

Olivia Kasirye, MD, MS
Public Health Officer