



County of Sacramento

INFLUENZA HEALTH ADVISORY
April 27, 2016

Situational Update

Overall influenza activity in California decreased to 'regional' in week 15, and has begun to slow in Sacramento County. Therefore, we are ending the Sacramento County influenza masking mandate for the 2015/2016 influenza season. Unvaccinated health care workers with direct patient contact may discontinue wearing a mask while working in patient care areas until the start of the 2016/2017 influenza season. The Sacramento County Division of Public Health has received a total of eight reports of death and 40 reports of ICU patients under age 65 with confirmed influenza since October 2015 (graph attached). Please see continued actions requested of clinicians below:

Actions Requested of All Clinicians

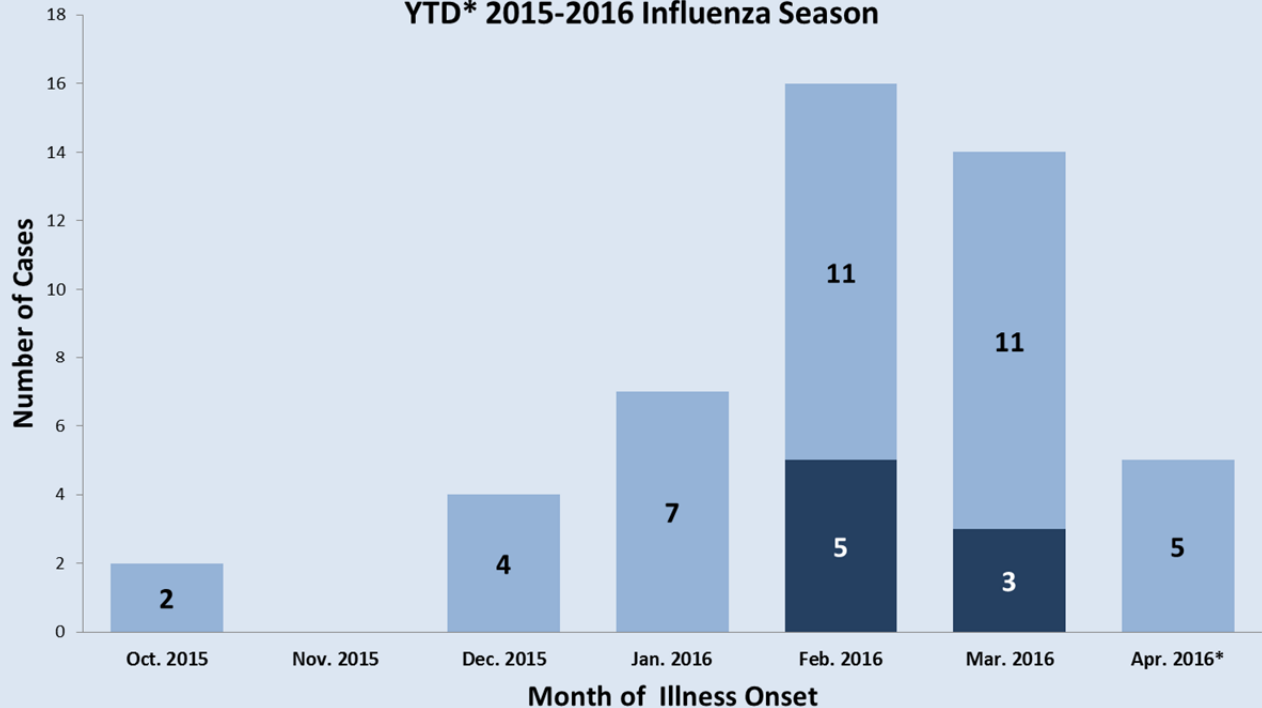
1. **Report** to Sacramento County Division of Public Health (SCDPH) electronically via CalREDIE or via confidential fax (916) 854-9709 the following laboratory-confirmed cases of seasonal influenza:
 - Intensive Care Unit (ICU) cases under age 65 admitted for influenza
 - All deaths due to influenza complications
 - Novel strains of influenza (e.g., Avian influenza H7N9) regardless of hospitalization /vital status
 - All outbreaks of influenzaMedical records for ICU cases and deaths under age 65 should be sent via confidential fax (916) 854-9709.
2. **Treat** early with oseltamivir or zanamivir patients with suspected or confirmed influenza who are hospitalized for severe illness or who are at higher risk for influenza associated complications.
4. **Implement** infection control precautions
 - All persons with FEVER and COUGH should wear a face mask, if tolerated in all health care settings.
 - All persons with Influenza Like Illness (ILI) should stay at home until 24 hours after fever resolves, except patients that require medical evaluation and care.

If you need information about immunization services for children and adults or need to refer clients or get information regarding clinics please contact the Sacramento County Immunization Assistance Program at 916-875-SHOT (7468) Monday-Friday between 8:00 am – 5:00 pm.

Sincerely,

Olivia Kasirye, MD, MS
Public Health Officer

**Influenza Deaths and ICU Hospitalizations Among Persons Ages 0-64
Sacramento County
YTD* 2015-2016 Influenza Season**



*Includes cases reported as of April 26, 2016

■ Influenza - Death (0-64 years old) ■ Influenza - ICU Hospitalization (0-64 years old)