



**County of Sacramento**

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**INFLUENZA HEALTH ADVISORY**  
**March 23, 2016**

**Situational Update**

Overall influenza activity in California remains widespread, and has increased in Sacramento County. The Sacramento County Division of Public Health received a total of six reports of death and 31 reports of ICU patients under age 65 with confirmed influenza for the 2015/2016 influenza season, with the majority of these occurring within the last two months. All six (100.0%) deaths and 18 (58.1%) of the ICU cases occurred after February 1, 2016. **We are therefore extending the influenza masking mandate policy until further notice.** Please see actions requested of clinicians below:

**Actions Requested of All Clinicians**

1. **Continue to report** to Sacramento County Division of Public Health (SCDPH) electronically via CalREDIE or via confidential fax (916) 854-9709 the following laboratory-confirmed cases of seasonal influenza:
  - Intensive Care Unit (ICU) cases under age 65 admitted for influenza
  - All deaths due to influenza complications
  - Novel strains of influenza (e.g., Avian influenza H7N9) regardless of hospitalization /vital status
  - All outbreaks of influenzaMedical records for ICU cases and deaths under age 65 should be uploaded into the CalREDIE filing cabinet or sent via confidential fax (916) 854-9709.
2. **Treat** early with oseltamivir or zanamivir patients with suspected or confirmed influenza who are hospitalized for severe illness or who are at higher risk for influenza associated complications.
3. **Encourage influenza vaccination** for anyone 6 months of age and older and pneumococcal vaccination for those at increased risk of pneumococcal disease. As Healthcare providers, be an example and get vaccinated.
4. **Implement** infection control precautions
  - All persons with FEVER and COUGH should wear a face mask, if tolerated in all health care settings.
  - All persons with Influenza Like Illness (ILI) should stay at home until 24 hours after fever resolves, except patients that require medical evaluation and care.
5. **Continue masking policy** for Health Care Workers with direct patient contact should be implemented.

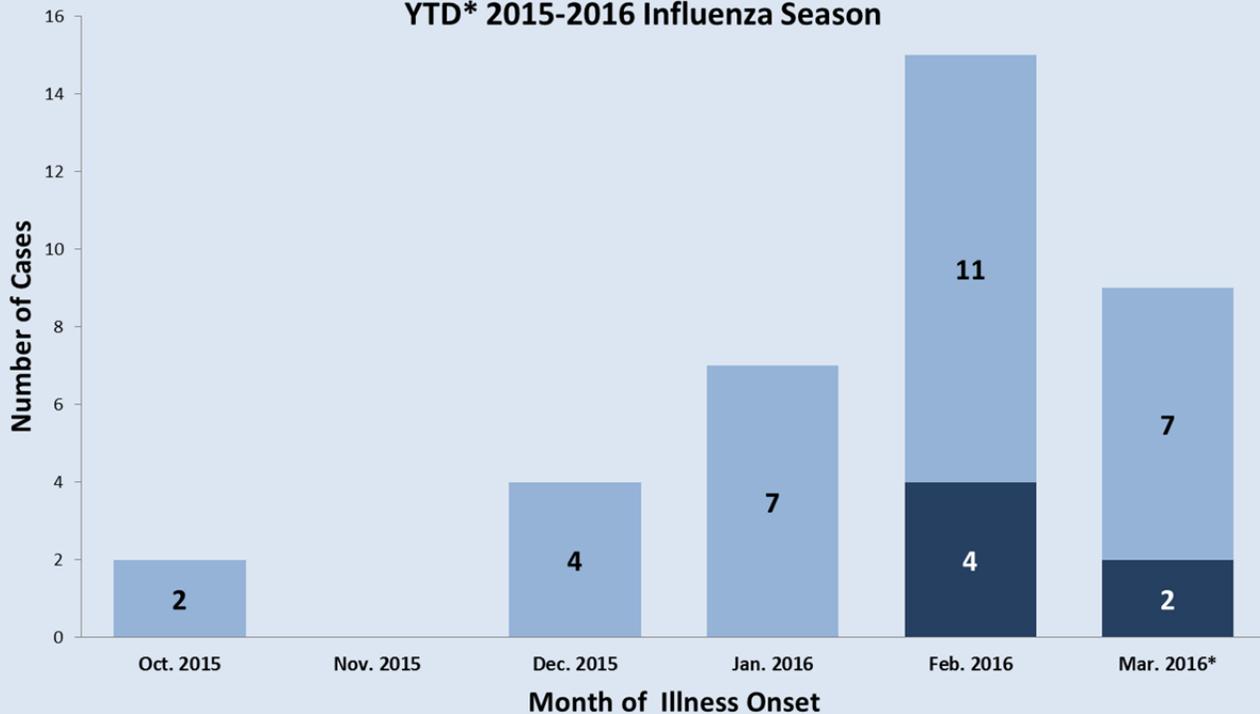
If you need information about immunization services for children and adults or need to refer clients or get information regarding clinics please contact the Sacramento County Immunization Assistance Program at 916-875-SHOT (7468) Monday-Friday between 8:00 am – 5:00 pm.

Sincerely,

A handwritten signature in black ink that reads "Olivia Kasirye MD".

Olivia Kasirye, MD, MS  
Public Health Officer

**Influenza Deaths and ICU Hospitalizations Among Persons Ages 0-64  
Sacramento County  
YTD\* 2015-2016 Influenza Season**



*\*Includes cases reported as of March 22, 2016*

■ Influenza - Death (0-64 years old)    ■ Influenza - ICU Hospitalization (0-64 years old)