



County of Sacramento

GASTROINTESTINAL ILLNESS HEALTH ADVISORY
May 15, 2017

Situational Update

Sacramento County Public Health (SCPH) has been notified of multiple gastrointestinal illness (GI) outbreaks, presumably norovirus, at infant care centers and schools in six Sacramento County school districts. SCPH is working closely with school officials to investigate these outbreaks. Please see actions requested of clinicians at this time below:

Actions Requested of All Clinicians

1. **Wash hands** thoroughly with soap and water (instead of hand sanitizer) before and after each patient contact.
2. **Collect** stool specimens from patients presenting with acute GI illness (e.g., vomiting, diarrhea) who attend or work in a childcare or school environment.
3. **Encourage** patients with acute GI illness to remain home from work or school until 48 hours after symptoms have resolved.
4. **Educate** patients on how to prevent the spread of GI illness, including proper hand hygiene, food preparation, cleaning surfaces, and laundering of contaminated linens or clothes.

For information, please call Sacramento County Public Health Disease Control at (919) 875-5881 Monday through Friday between 8:00 am and 5:00 pm.

Sincerely,

A handwritten signature in black ink that reads "Olivia Kasirye MD".

Olivia Kasirye, MD, MS
Public Health Officer