

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8007.19
	<u>PROGRAM DOCUMENT:</u> Abdominal Pain	Initial Date:	06/14/96
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 Signature on File
 EMS Medical Director

 Signature on File
 EMS Administrator

Purpose:

- A. To serve as the treatment standard for Emergency Medical Technicians and Paramedics in treating patients with abdominal pain.

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS		
I.	ABC's/Routine Care-Supplemental O2 as necessary to maintain SPO2 ≥ 94%. Use lowest concentration and flow rate of O2 as possible. Airway adjuncts as needed.	
II.	Transport in position of comfort	
ALS		
I.	Establish vascular access for any of the following, with Normal Saline and titrate to a systolic blood pressure of 90- 100 mmHg. <ul style="list-style-type: none"> • Hemodynamically unstable/Hypoperfusion • Concurrent respiratory compromise • Glasgow Coma Score ≤13 • Significant Hemorrhage • Pulsatile abdominal mass • Suspected ectopic pregnancy • May establish an IV for pain management 	
II.	Establish Cardiac Monitoring	
III.	Pain Control: For severe pain, and only if SBP >90 mmHg, consider administration of opiate pain medications per Pain Management Policy PD #8066	
IV.	Consider 12-Lead ECG for epigastric pain in patients over 40 years of age.	
V.	Consider treating nausea and/or vomiting per Nausea and/or Vomiting PD #8063	
Cross Reference	Shock	PD #8038
	Pain Management	PD #8066
	Nausea and/or Vomiting	PD #8063
	12-Lead	PD #8827