

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8007.19
	<u>PROGRAM DOCUMENT:</u> Abdominal Pain	Initial Date:	06/14/96
		Last Approved Date:	11/01/16
		Effective Date:	11/01/18
		Next Review Date:	05/01/20

 EMS Medical Director

 EMS Administrator

Purpose:

- A. To serve as the treatment standard for Emergency Medical Technicians and Paramedics in treating patients with abdominal pain.

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS TREATMENT

ABC's / Routine Care- Supplemental O2 as necessary to maintain SpO2 ≥94%. Use lowest concentration and flow rate of O2 as possible. Airway adjuncts as needed.

Note: Orthostatic vital signs are not required and shall not delay transport

Transport in position of comfort

ALS TREATMENT

~~**Advanced Airway:** Advanced airway adjuncts as needed.~~

~~**Assessment:** If the assessment indicates any of the following:~~

- ~~• Hemodynamically unstable/Hypoperfusion~~
- ~~• Concurrent respiratory compromise~~
- ~~• Glasgow Coma Score ≤ 13~~
- ~~• Significant hemorrhage~~
- ~~• Pulsatile abdominal mass~~

~~**Hypoperfusion:** If the pulse rate is ≥120 beats per minute AND there are signs of hypoperfusion such as decreased sensorium, diaphoresis, capillary refill > two (2) seconds, cool extremities, or cyanosis:~~

~~**Establish Intravenous Access for any of the following,** with Normal Saline, titrate to a systolic blood pressure of 90-100 mmHg.~~

- ~~• Hemodynamically unstable/Hypoperfusion~~
- ~~• Concurrent respiratory compromise~~
- ~~• Glasgow Coma Score ≤ 13~~
- ~~• Significant hemorrhage~~

- Pulsatile abdominal mass
- Suspected ectopic pregnancy
- May establish an IV for pain management

Establish Cardiac Monitoring

Pain Control: For severe pain, and only if SBP > 90 mmHg, consider administration of opiate pain medications per Pain Management Policy PD#8066

Consider 12-Lead ECG for pain localized to upper abdomen **for epigastric pain in patients over 40 years of age.**

Consider treating nausea and/or vomiting per Nausea and/or Vomiting PD# 8063