

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	9019.02
	PROGRAM DOCUMENT:	Draft Date:	08/14/15
	PEDIATRIC	Effective:	09/15/17
	Brief Resolved Unexplained Event (BRUE)	Revised:	08/10/17
	Apparent Life-Threatening Event (ALTE)	Review:	09/01/17

 EMS Medical Director

 EMS Administrator

Purpose:

- A. To serve as the treatment standard for EMT's and Paramedics in treating pediatric patients with an Apparent Life-Threatening Event.

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Definition:

Brief Resolved Unexplained even (BRUE) An ~~Apparent Life-Threatening Event~~ is defined as an episode involving an infant less than twelve (12) months of age that is frightening to the observer **and there is no explanation for a qualifying event after conducting an appropriate history and physical exam. A qualifying event** ~~and~~ is characterized by one or more of the following:

- Apnea (central or obstructive)
- Color change (cyanosis, pallor, erythema)
- Marked change in muscle tone
- Unexplained choking or gagging
- **Altered level of responsiveness**

Protocol: EMS personnel shall make every effort to obtain the contact information of the person who witnessed the event-this contact information shall be provided to the receiving hospital upon patient delivery.

BLS	ALS
Ensure patent airway Supplemental O2 as necessary to maintain SpO2 ≥ 94%. Use the lowest concentration and flow rate of O2 as possible.	AIRWAY ADJUNCTS as needed. Cardiac Monitor Perform blood sugar determination.
Perform a comprehensive exam and obtain history of event, including duration, severity, what, if any, resuscitative measures were done by the parent or caretaker and obtain past medical history.	If treatment/transport is refused by parent or guardian, contact base hospital to consult prior to leaving and document refusal of care.
Transport	

Cross Reference: Pediatric Airway Management : PD# 8837