

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8063.07
	PROGRAM DOCUMENT:	Initial Date:	12/05/11
	Nausea / Vomiting	Last Reviewed Date:	05/01/16
		Effective Date:	05/01/18
		Next Review Date:	11/01/19

 EMS Medical Director

 EMS Administrator

Purpose:

- A. To serve as the treatment standard for EMT's and Paramedics in treating patients with nausea and / or vomiting

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS TREATMENT

Assess and support ABC's as needed.
Supplemental O2 as necessary to maintain SpO2 ≥ 94%. Use lowest concentration and flow rate of O2 as possible.
Assess and treat as appropriate for underlying cause.
Suction airway as necessary.
Transport patient in position of protecting airway.

ALS TREATMENT

Advanced airway adjuncts as needed.
Cardiac Monitoring for possible dysrhythmias.
Consider IV NS and titrate to SBP 90-100 mmHg.
Ondansetron:

- 4mg PO/SL/IM/IV/IO for IV or IO Ondansetron, administer slowly (over one (1) minute) to prevent syncope.
- For persistent vomiting, may repeat x one (1) for max dose of eight (8) mg.
- Withhold from pregnant patients, not already using Ondansetron.