

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	2220.14
	<u>PROGRAM DOCUMENT:</u> EMT Scope of Practice	Draft Date:	
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 EMS Medical Director

 EMS Administrator

Purpose:

A. This program document outlines the scope of practice of Emergency Medical Technician (EMT) personnel practicing in Sacramento County. Any activity conducted outside this established scope of practice places the individual's certificate at risk for certification review in accordance with California Code of Regulations, Title 22, Division 9, Chapter 2.

B. Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Policy:

- A. During training, while at the scene of an emergency, and during transport of sick or injured, or during interfacility transfer, a supervised EMT trainee or certified EMT is authorized to do any of the following **basic scope of practice**:
 - 1. Evaluate the ill and injured.
 - 2. Render basic life support, rescue and medical care to patients.
 - 3. Obtain diagnostic signs including, temperature, blood pressure, pulse and respiration rates, pulse oximetry, level of consciousness, and pupil status.
 - 4. Perform cardiopulmonary resuscitation (CPR), including the use of mechanical adjuncts to basic CPR and automated external defibrillators (AED).
 - 5. Administer Oxygen.
 - 6. Use the following adjunctive airway breathing aids:
 - a. Oropharyngeal airway **or** nasopharyngeal airway
 - b. Suction devices
 - c. Basic oxygen delivery devices for supplemental oxygen therapy including, but not limited to, humidifiers, partial non-rebreathers, and venturi masks; and
 - d. manual and mechanical ventilating devices designed for prehospital use including continuous positive airway pressure (CPAP)
 - 7. Use various types of stretchers and ~~body immobilization~~ **spinal motion restriction or immobilization** devices.
 - 8. Provide initial prehospital emergency care **to patients of trauma**, including, but not limited to:
 - a. Bleeding Control through the application of tourniquets
 - b. Spinal **motion restriction or** Immobilization
 - c. Seated spinal **motion restriction or** immobilization
 - d. Extremity splinting
 - e. Traction splinting
 - f. **Administer oral glucose or sugar solutions**

- g. Extricate entrapped persons
 - h. Perform field triage
 - i. Transport patients
 - j. Apply mechanical patient restraint
 - k. Set up for ALS procedures, under the direction of an advanced EMT or Paramedic
 - l. Perform automated external defibrillation
 - m. Take oral temperatures
 - n. Assist patients with the administration of physician-prescribed devices including, but not limited to, patient-operated medication pumps, sublingual nitroglycerin, and self-administered emergency medications, including epinephrine devices.
- B. In addition to the activities authorized above, the medical director of the LEMSA may also establish policies and procedures to allow a certified EMT or a supervised EMT student who is part of the organized EMS system and in the prehospital setting and/or during in-facility transport to:
- 1. Monitor peripheral lines delivering intravenous glucose solution without medication or isotonic balanced salt solutions without medication, including Ringers lactate for volume replacement. Monitor, maintain and adjust if necessary in order to maintain, a preset rate of flow and turn off the flow of intravenous fluid
 - 2. Transfer a patient, who is deemed appropriate for transfer by the transferring physician, and who has a nasogastric tube, gastrostomy tube, heparin locks, Foley catheters, tracheostomy tubes and/or indwelling vascular access lines, excluding arterial lines.
 - 3. Administer naloxone or other opioid antagonist by intranasal and/or intramuscular routes for suspected narcotic overdose
 - 4. Administer epinephrine by auto-injector for suspected anaphylaxis and/or severe asthma
 - 5. Perform finger stick blood glucose testing and,
 - 6. Administer over the counter medications, when approved by the medical director, including, but not limited to:
 - a. Aspirin