	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	2085.17
	<u>PROGRAM DOCUMENT:</u> Do Not Resuscitate (DNR)	Draft Date:	11/04/99
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 EMS Medical Director

 EMS Administrator

Purpose:

To establish criteria for EMT’s and Paramedics in Sacramento County to determine appropriateness of either:

- A. Withholding resuscitative measures in accordance with the patient's wishes; or
- B. To utilize direct medical oversight for pronouncement of victims of cardiac arrest while in the prehospital setting.

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Definitions:

- A. Emergency Medical Technician (EMT) shall apply to EMTs and Paramedics.
- B. Do not resuscitate (DNR) means the patient will not receive chest compressions, defibrillation, assisted ventilation, endotracheal intubation, or cardiotoxic medications. This does not exclude other treatment, especially those treatments directed to pain and comfort of the patient.
- C. The State of California Emergency Medical Services Authority (EMSA) approved form Physician Orders for Life-Sustaining Treatment (POLST) is recommended for documenting does not resuscitate orders.
- D. DNR Medallion: MedicAlert® medallion, which states “Do Not Resuscitate - EMS”, (or similar medallion as approved by the EMSA).
- E. Partial DNR orders require consult with medical oversight, unless a completed POLST form is present with the patient. If a POLST form is present, the EMT or Paramedic is to follow the POLST form guidelines. If questions remain, consult with medical oversight as indicated.
- F. **Aid-in-Dying Drug: A drug determined and prescribed by a physician for a qualified individual, which the qualified individual may choose to self-administer to bring about his or her death due to terminal illness. The prescribed drug may take effect within minutes to several days after self-administration.**
- G. **End of Life Option Act: This California state law authorizes an adult, eighteen years or older, who meets certain qualifications, and who has been determined by his or her attending physician to be suffering from a terminal disease to make a request for an “aid-in-dying drug” prescribed for the purpose of ending his or her life in a humane and dignified manner.**

Protocol:

- A. All patients who do not meet the "determination of death criteria" as outlined in Sacramento County Emergency Medical Services Agency policy #2033 shall be resuscitated unless the EMT or Paramedic is presented with:
 - 1. An EMSA POLST form
 - 2. A written, signed order or electronic order in the patient's medical record
 - 3. A completed Prehospital DNR Request Form stating, "Do Not Resuscitate," "No Code," or "No CPR"
 - 4. A written order stating, "Do Not Resuscitate," "No Code," or "No CPR" signed by a physician, with the patient's name and date the order was signed;
 - 5. A written Advance Health Care Directive document or wallet card, including the DNR portion of a "Living Will" or equivalent, identifying the designated agent who declines resuscitation on behalf of the patient. Resuscitation attempts shall not be delayed by attempts to contact the designated agent
 - 6. The patient is wearing a DNR medallion

- B. An EMT or Paramedic may discontinue resuscitation if after the resuscitation was instituted and the following is presented:
 - 1. A EMSA POLST form
 - 2. A written, signed order or electronic order in the patient's medical record;
 - 3. A completed Prehospital DNR Request Form stating, "Do Not Resuscitate," "No Code," or "No CPR"
 - 4. A written order stating, "Do Not Resuscitate," "No Code," or "No CPR" signed by a physician, a nurse practitioner or physician assistant, acting under the direct supervision of the physician, with the patient's name and date the order was signed
 - 5. A written Advance Health Care Directive document or wallet card, including the DNR portion of a "Living Will" or equivalent, identifying the designated agent who declines continued resuscitation on behalf of the patient
 - 6. The patient is wearing a DNR medallion

- C. If the patient is conscious and states he/she wishes resuscitative measures, the DNR order shall be ignored.

- D. The presence of a DNR order, the physician, nurse practitioner, or physician assistant's name signing the order and the date of the order is to be documented on the Patient Care Report (EMS Form).

- E. The DNR form (original or copy), DNR medallion, or a copy of the valid DNR order from the patient's medical record shall be taken with the patient.

- F. If there are any questions, provide for patient comfort including basic life support cardiopulmonary resuscitation, if indicated, and utilize direct medical oversight.

- G. In the event the patient expires enroute, continue to the destination hospital.

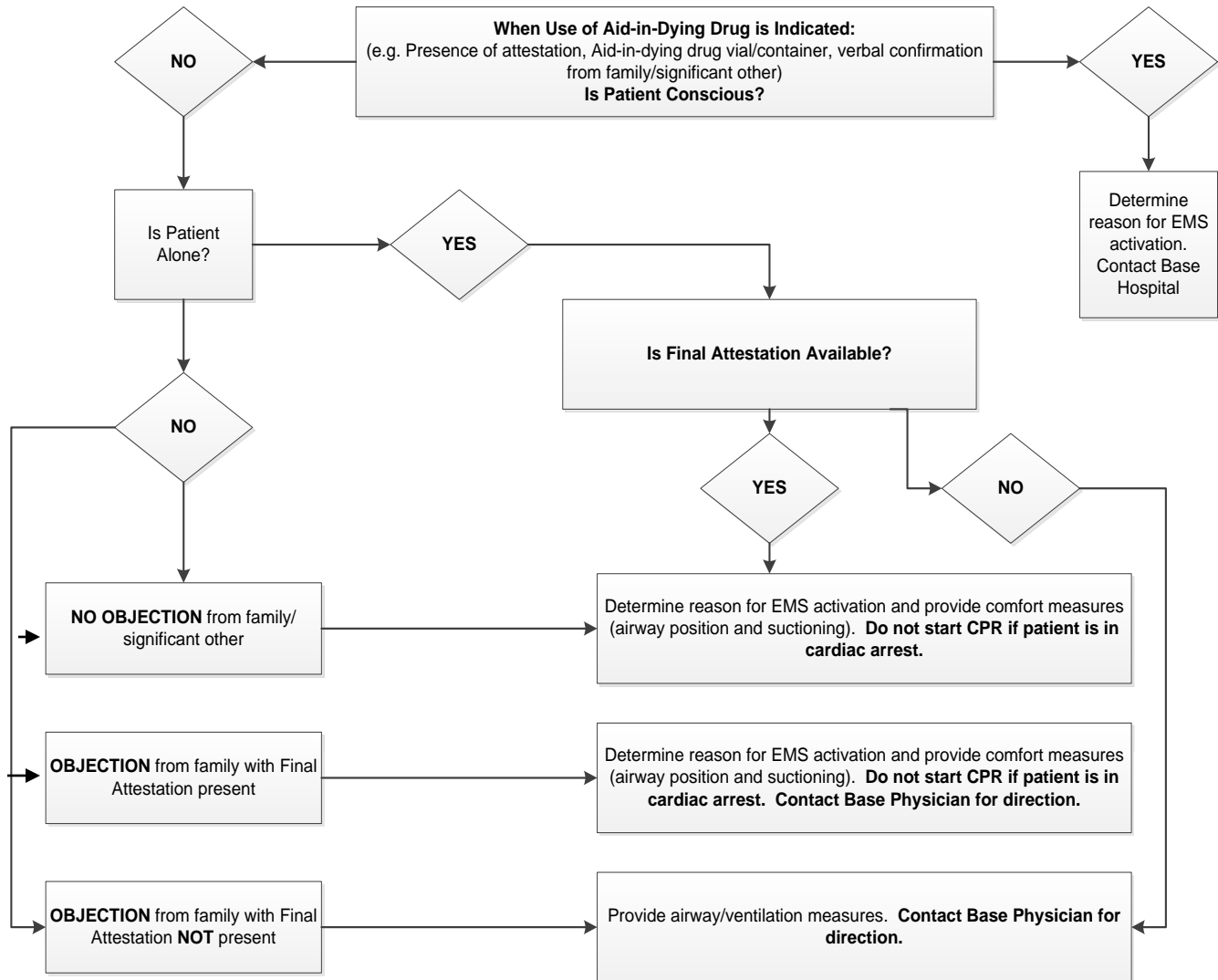
End of Life Option Act:

- A. A patient who has obtained an aid-in-dying drug has met extensive and stringent requirements as required by California law. The law offers protections and exemptions

for healthcare providers but is not explicit about EMS response for End of Life Option Act patients. The following guidelines are provided for EMS personnel when responding to a patient who has self-administered an aid-in-dying drug.

1. Within 48 hours prior to self-administering the aid-in-dying drug, the patient is required to complete a “Final Attestation For An Aid-In-Dying Drug to End My Life in a Humane and Dignified Manner”. However, there is no mandate for the patient to maintain the final attestation in close proximity of the patient. If a copy of the final attestation is available, EMS personnel should confirm the patient is the person named in the final attestation. This will normally require either the presence of a form of identification or a witness who can reliably identify the patient.
2. There are no standardized “Final Attestation For An Aid-In-Dying Drug to End My Life in a Humane and Dignified Manner” forms but the law has required specific information that must be in the final attestation (see sample Ref. No. 815.3). If available, EMS personnel should make a good faith effort to review and verify that the final attestation contains the following information:
 - a. The document is identified as a “Final Attestation For An Aid-In-Dying Drug to End My Life in a Humane and Dignified Manner”
 - b. Patient’s name, signature and dated
3. Provide comfort measures (airway positioning, suctioning) and/or airway/ventilation measures when applicable.
4. Withhold resuscitative measures if patient is in cardiopulmonary arrest. If a POLST or AHCD is present, follow the directive as appropriate for the clinical situation.
5. The patient may at any time withdraw or rescind his or her request for an aid-in-dying drug regardless of the patient’s mental state. In this instance, EMS personnel shall provide medical care based on the discussion with the patient and as per standard protocols. EMS personnel are encouraged to consult with their base hospital in these situations.
6. Family members may be at the scene of a patient who has self-administered an aid-in-dying drug. If there is objection to the End of Life Option Act, inform the family that comfort measures will be provided and consider Base Hospital contact for further direction.
7. Obtain a copy of the final attestation and attach it with the EMS Report Form, when possible.

End of Life Option



References:

[EMSA guidelines for EMS Personnel regarding DNR, Directive Number #311, 5th revision, dated 2014](#)

[EMSA POLST Form #111B \(Effective 01/01/2016\)](#)

[Emergency Medical Services Prehospital Do Not Resuscitate \(DNR\) Form](#)

California Probate Code Division 4.7, Part 2

Assembly Bill (AB)- 15