



Mental Health Urgent Care Clinic



This program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental health Services Act (MHSA) and the SB 82 Mental Health Wellness Grant

Mental Health Urgent Care

The Mental Health Urgent Care Clinic provides services on a voluntary, walk-in basis to Sacramento County residents of all ages who are experiencing a mental health and/or co-occurring substance abuse crisis.

Mental Health Urgent Care

- Individuals must be able to consent to treatment to be admitted to MHUCC services.
- When individuals have an immediate mental health and/or co-occurring substance use need and do not require urgent or emergency medical care, the Mental Health Urgent Care Clinic is an alternative therapeutic environment that can provide behavioral health services and link individuals to the care and resources needed to stabilize.
- The Clinic is a voluntary outpatient program.

Mental Health Urgent Care

Follow current procedures and processes for Emergency Care

- When encountering individuals requiring a 5150 application, routine procedures regarding directing or supporting individuals to the nearest appropriate designated psychiatric facility should be followed
- When encountering individuals requiring immediate medical attention, routine procedures regarding direction or support to the appropriate level of medical care to ensure medical stability and clearance should be followed

Mental Health Urgent Care Clinic Goals

- Create alternatives for those in crisis seeking mental health care;
- Improve client experience in achieving and maintaining wellness;
- Reduce psychiatric hospitalizations and/or incarcerations;
- Reduce emergency department visits for urgent mental health needs;
- Improve care coordination across the system, including linkages to other needed resources and timely access to mental health services.

Types of Services Offered

- A safe space for individuals and families
- Peer and family support
- Psychiatric medication evaluation (*excluding controlled medications*)
- Integrated co-occurring mental health and substance abuse crisis assessment
- Crisis intervention and counseling to avert the need for inpatient hospitalization
- Referral and linkage to on-going services and community supports



Accessing the Clinic

- **The Mental Health Urgent Care is a walk in clinic** available to all Sacramento County residents regardless of age, insurance or housing status.
- **Law Enforcement** may support individuals to the clinic who would benefit from, and are in agreement with, clinic services when the crisis does not require an emergency response.
- **Upon receiving medical support and clearance**, an individual receiving services at a hospital may be redirected to, or choose to access the Mental Health Urgent Care Clinic to support with symptoms associated with a mental health crisis.

Number of Clients Served

November 28th 2017- June 30th, 2018

Urgent Care proudly served 2,366 (duplicated) clients of diverse backgrounds and ages.



Client Demographics

Age Group	#	%
Youth	168	8.4%
TAY	385	19.5%
Adult	1288	65.3%
Older Adult	133	6.7%

Gender	#	%
Female	1,039	52.7%
Male	930	47.2%
Unknown	3	0.2%

Race	#	%
African-American/Black	391	19.8%
Alaskan Native/American Indian	36	1.8%
Asian/Pacific Islander	123	6.2%
Caucasian/White	906	45.9%
Client Declined	212	10.8%
Multi-Ethnic	60	3.0%
Other Race	208	10.5%
Unknown/Not Reported	36	1.8%

*All data above is based off the unduplicated client count of 1,972

Discharges

Type of Discharge	#	%
Client does not meet Medical Necessity	17	0.7%
Client has completed services	163	6.9%
Client is receiving services elsewhere-step down	191	8.1%
Client is receiving services elsewhere-step up	819	34.9%
Client is receiving services elsewhere- transfer	628	26.8%
Client moved out of Sacramento County	15	0.6%
Client refused/declined services	93	4.0%
Client's whereabouts are unknown	3	0.1%
Other	315	13.4%
Reason Not Available	4	0.2%
Referred to GMC- Blue Cross	40	1.7%
Referred to GMC- Health Net	22	0.9%
Referred to GMC- Kaiser	27	1.2%
Referred to GMC- Molina	9	0.4%
Total	2,346	100.0%

Success Stories



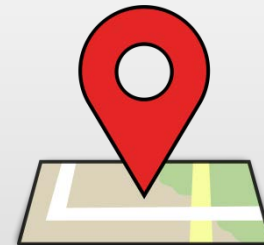
Mental Health Urgent Care Clinic

Hours of Operation

- Monday-Friday 10am-10pm *(admission to program will close at 9pm)*
- Saturday-Sunday 10am – 6pm *(admission to program will close at 5pm)*
- Holidays 10am-6pm *(admission to program will close at 5pm)*

Clinic Location

- 2130 Stockton Boulevard, **Building 300**
Sacramento, Ca. 95817



Contact Information (916) 520-2460