

CA Medicaid Behavioral Health

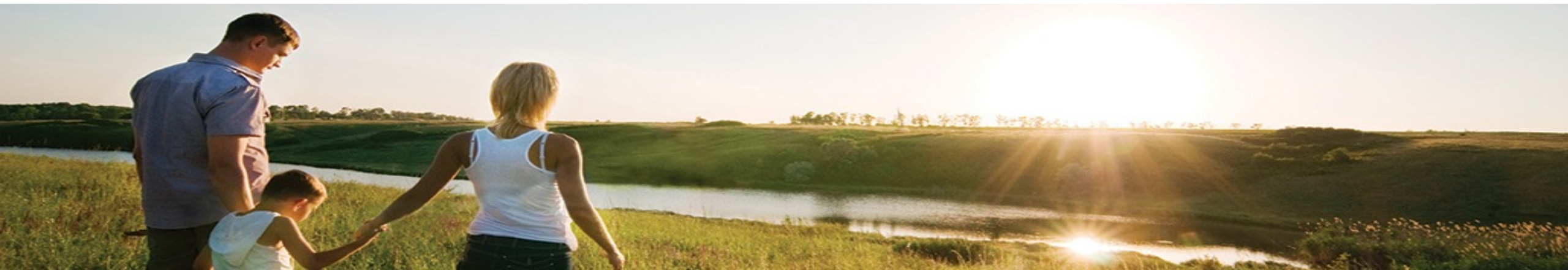
Sacramento County Medi-Cal Managed Care Committee October 23, 2017



Objectives

Brief discussion of:

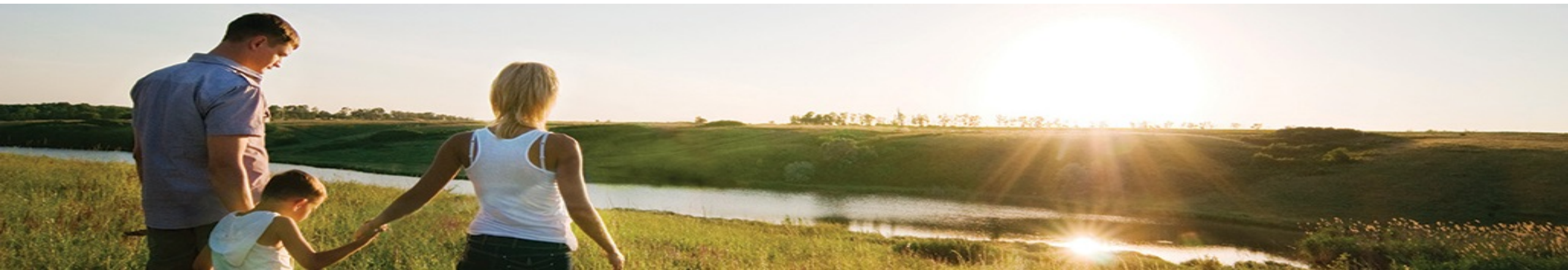
- **MH benefits that Anthem administers (mild/moderate)**
- **Care Coordination**
- **IPA/Member Education**
- **Referral Process/Transition of Care**



CA Medicaid Behavioral Health Case Management Department

Staffed with director, manager, lead and licensed clinicians of varying backgrounds and expertise and non-clinical associates

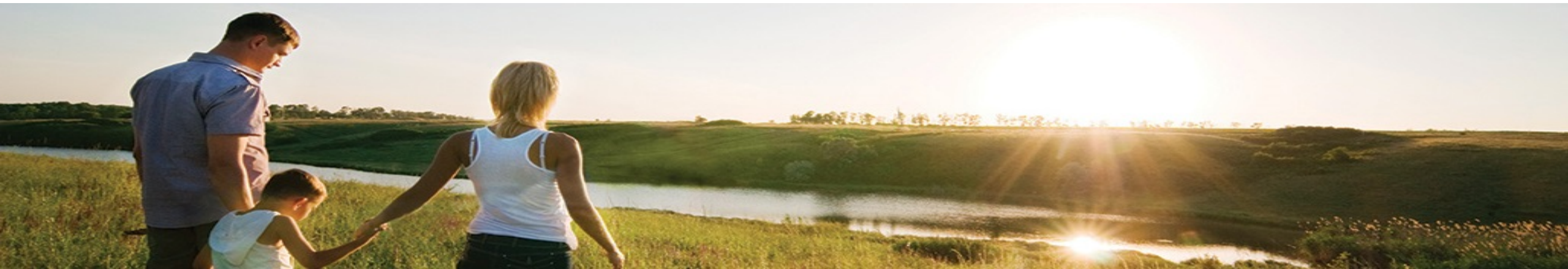
- **Medical Director-Duane E. McWaine, MD**
- **Director- Nick Osterman**
- **Manager- Maribeth Capen**
- **Lead- Fargol Riahi**



Behavioral Health Carve in Benefits

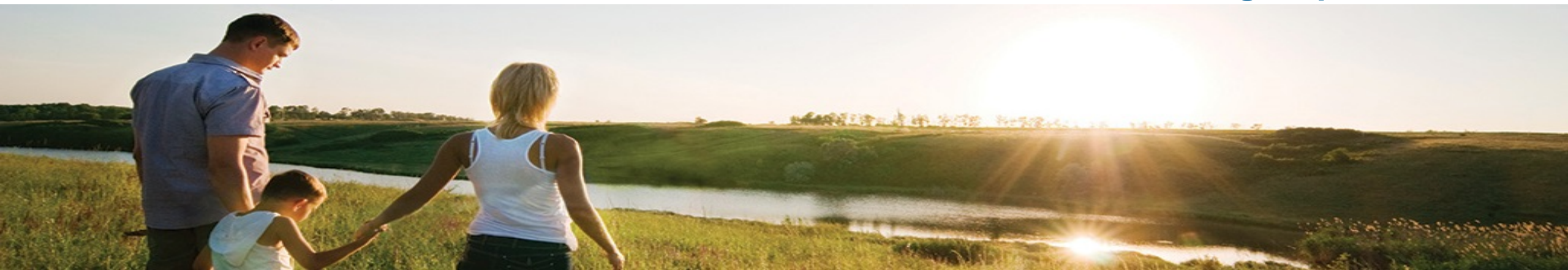
Outpatient Services Carved In January 1, 2014

- Individual/group mental health evaluation and treatment (psychotherapy)
- Psychological testing when clinically indicated to evaluate a mental health condition
- Psychiatric consultation for medication management
- Outpatient laboratory, supplies and supplements
- Medications; excluding anti-psychotic drugs (which are covered by Medi-Cal FFS)
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) for members 18 years and older in primary care settings



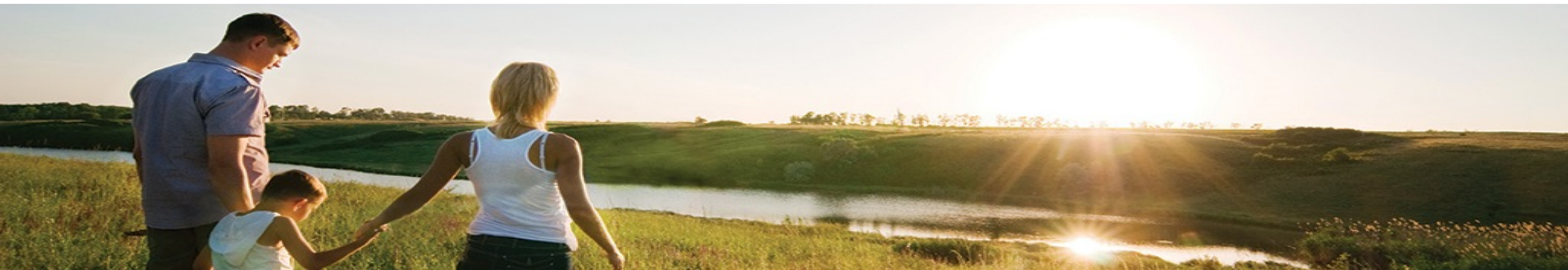
Care Coordination

- **Providing referrals to Behavioral Health providers**
- **Providing referrals to Specialty Mental Health**
- **Assisting members in getting connected to BH providers**
- **Coordinating care with providers**
- **Connecting members to formal/informal supports/community based groups.**



IPA/Member Education

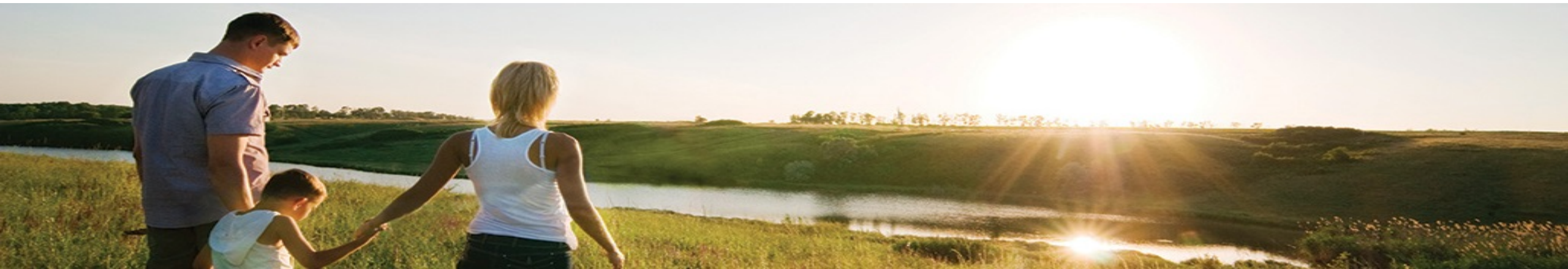
- **Training is given to the IPA on how to guide members at new provider orientations and joint operation meetings**
 - Behavioral Health is not delegated
- **Member will receive a Member Handbook at the time of enrollment explaining the benefit**
 - What is, and is not, a covered mental health benefit.
 - No wrong door
- **No prior authorization necessary**
 - Member can access mild/moderate services by finding a provider on our website or by calling member services.
 - If a member is determined to need additional support they can be referred to Anthem's Case Management team via email with our data sharing form at bhcmreferrals@anthem.com.



Referral Sources

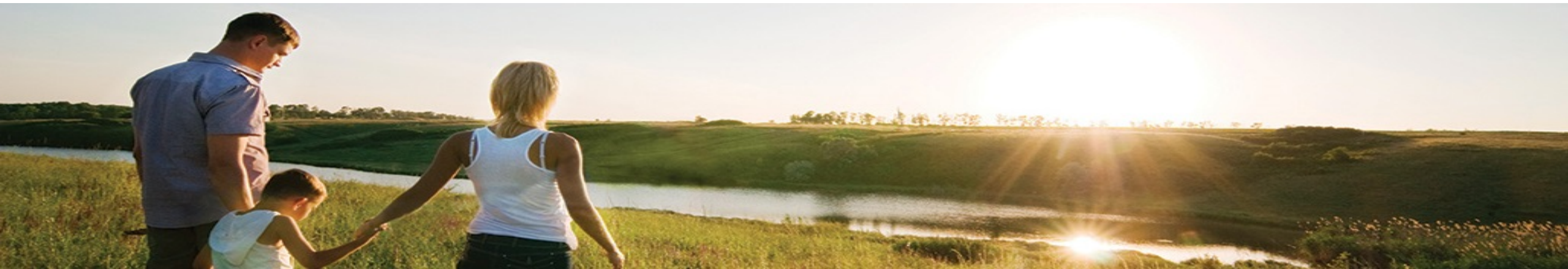
Sources of referrals include:

- Physical Health Dept
- Counties
- Crisis Line/Nurse Line
- Providers
- Family
- Self- referral
- Anthem clinical initiatives
 - STAR Program
 - PC Insite



Transition of Care/Referrals from External Sources

- **If it is determined that a member needs a lower level of care the County refers the member to Anthem with the process below.**
1. Call BH Intake line and request a referral to BH Case Management 888-831-2246 opt 1 then opt 2, and speak to a live attendant
 2. Complete Care Management Referral Form
 3. Fax to BH Intake line (855) 473-7902



Contact information:

- **Nick Osterman (director) –**
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- **Maribeth Capen (manager)-**
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