

Sacramento Medi-Cal Managed Care Advisory Committee
 Health Plan Mental Health Data: January – December 2016
 August 28, 2017

Medi-Cal Managed Care Enrollment				
Health Plan	Anthem	Health Net	Kaiser	Molina
Average Monthly Enrollment	173,893	123,249	79,063	60,544
Percent of Average Total Enrollment	40%	28%	18%	14%

Source: COPS-25 HCO Monthly Plan Enrollment Report

Health Plan Mental Health Services				
Health Plan	Anthem	Health Net	Kaiser	Molina
Unduplicated members who received Health Plan MH services	11,845	3,191	9,393	8,249
Percent of Plan members who received Plan MH services	6.8%	2.6%	11.9%	13.6%
Number of encounters	32,619	36,354	44,948	39,446
Top three diagnoses	Anxiety disorder	Major depressive disorder - recurrent	Anxiety disorder	Anxiety disorder
	Major depressive disorder - single	Major depressive disorder - single	Major depressive disorder - recurrent	Major depressive disorder
	Bipolar disorder	Autism spectrum disorder	ADHD	Bipolar disorder
Comments		High number of Autism spectrum disorder diagnoses perhaps due to the Behavioral Health Treatment transition from Regional Center to Health Plan.	<ul style="list-style-type: none"> • Encounters include KP ED visits with Psych consult and KP MH clinic visits. • Only encounters at KP facilities are included. All encounter types are included (in person office, group visit, etc.) 	<ul style="list-style-type: none"> • Some mild to moderate BH services are provided at the PCP clinic level. • Began the Building Brighter Days Depression Level I program.* • May be referred to Complex Case Management.

*This program focuses efforts on depression management by PCPs and BH professionals for members presenting with mild symptoms of depression.

