

**Sacramento County Mental Health Plan (MHP) Outpatient Service Utilization by  
Geographic Managed Care Plan (GMC)  
Calendar Year 2016**

The following tables provide MHP outpatient service utilization data for adults and children’s programs by GMC for calendar year 2016. The information was pulled from our electronic health record and billing system, Avatar. Service codes were combined into seven categories. Mental Health Services include Assessment, Individual and Group Therapy, Rehabilitation, Plan Development, Collateral, Katie A. and TBS. Medication services include all psychiatry and medication support services. Client Non-Billable Activity includes services which are predominately administrative services, such as phone calls and faxing that cannot be billed to Medi-Cal. The other categories included herein are Case Management, Crisis Intervention, Cancellation and No Show.

From January 1, 2016 through December 31, 2016 there were 23,615 GMC clients served in outpatient within the MHP. The majority (46%) of those were enrolled in Anthem Blue Cross. Note: this number is not inclusive of all clients served in the MHP. A percentage of clients served in the MHP were not matched to a GMC for various reasons including inaccurate SSN’s, presumptive eligibility, clients identified as medi/medi.

*Table 1. Number and percent of unduplicated clients served from 01/01/2016-12/31/2016.*

<b>CY 2016 UNDUPLICATED CLIENTS SERVED</b>		
<b>GMC</b>	<b>#</b>	<b>%</b>
130 - MOLINA	4,301	18%
150 - HEALTH NET	7,410	31%
170 - KAISER	1,002	4%
190 - BLUE CROSS	10,902	46%
<b>Total</b>	<b>23,615</b>	<b>100%</b>

*Table 2. Number and percent of unduplicated clients served from 01/01/2016-12/31/2016 by age group.*

<b>CY 2016 UNDUPLICATED CLIENTS SERVED BY AGE GROUP</b>				
<b>GMC</b>	<b>0-17</b>		<b>18+</b>	
	<b>#</b>	<b>%</b>	<b>#</b>	<b>%</b>
130 - MOLINA	1,310	13%	2,991	14%
150 - HEALTH NET	2,917	30%	4,493	22%
170 - KAISER	694	7%	308	2%
190 - BLUE CROSS	4,783	49%	6,119	44%
<b>TOTAL</b>	<b>9,704</b>	<b>100%</b>	<b>13,911</b>	<b>100%</b>

Table 3 provides service utilization for adult outpatient clients by service type and GMC in calendar year 2016.

Table 3. Number and percent of adult outpatient services provided from 01/01/2016-12/31/2016.

<b>CALENDAR YEAR 2016 ADULT OUTPATIENT MHP SERVICES (N=13,911)</b>										
<b>ADULT SERVICES</b>	<b>130/MOLINA</b>		<b>150/HEALTHNET</b>		<b>170/KAISER</b>		<b>190/BLUE CROSS</b>		<b>TOTAL #</b>	
	<b>#</b>	<b>%</b>	<b>#</b>	<b>%</b>	<b>#</b>	<b>%</b>	<b>#</b>	<b>%</b>	<b>#</b>	<b>%</b>
Cancellation	829	1%	1,511	2%	120	2%	2,258	2%	4,718	2%
Case Management	13,548	21%	20,397	21%	978	20%	26,043	20%	60,966	21%
Client Non-Billable Activity	13,431	21%	20,720	21%	964	20%	27,627	22%	62,742	21%
Crisis Intervention	370	1%	427	0%	32	1%	612	0%	1,441	0%
Medication Services	8,112	13%	12,415	13%	250	5%	15,569	12%	36,356	12%
Mental Health Services	23,864	37%	36,736	38%	2,336	48%	47,913	38%	110,849	38%
No Show	3,801	6%	5,485	6%	176	4%	7,536	6%	16,998	6%
<b>Total</b>	<b>63,965</b>	<b>100%</b>	<b>97,691</b>	<b>100%</b>	<b>4,856</b>	<b>100%</b>	<b>127,558</b>	<b>100%</b>	<b>294,070</b>	<b>100%</b>

Table 4 provides service utilization for child outpatient clients by service type and GMC in calendar year 2016.

Table 4. Number and percent of children's outpatient services provided from 01/01/2016-12/31/2016.

<b>CALENDAR YEAR 2016 CHILD OUTPATIENT MHP SERVICES (N=9,704)</b>										
<b>CHILD SERVICES</b>	<b>130/MOLINA</b>		<b>150/HEALTHNET</b>		<b>170/KAISER</b>		<b>190/BLUE CROSS</b>		<b>TOTAL #</b>	
	<b>#</b>	<b>%</b>	<b>#</b>	<b>%</b>	<b>#</b>	<b>%</b>	<b>#</b>	<b>%</b>	<b>#</b>	<b>%</b>
Cancellation	1,378	3%	3,478	4%	909	3%	6,138	4%	11,903	4%
Case Management	6,160	15%	15,414	16%	5,644	18%	24,459	15%	51,677	16%
Client Non-Billable Activity	8,345	20%	18,760	20%	5,079	16%	30,283	19%	62,467	19%
Crisis Intervention	60	0%	161	0%	61	0%	218	0%	500	0%
Medication Services	1,435	4%	3,356	4%	680	2%	5,228	3%	10,699	3%
Mental Health Services	21,234	52%	50,405	53%	18,124	58%	84,780	54%	174,543	53%
No Show	2,107	5%	4,176	4%	962	3%	7,273	5%	14,518	4%
<b>Total</b>	<b>40,719</b>	<b>100%</b>	<b>95,750</b>	<b>100%</b>	<b>31,459</b>	<b>100%</b>	<b>158,379</b>	<b>100%</b>	<b>326,307</b>	<b>100%</b>

The total number of services used throughout calendar year 2016 for both adults and children was 620,377. Overall, the majority of services used by both groups were Mental Health Services (46%) and Client Non-Billable Activity (20%).