

## Sacramento Medi-Cal Managed Care Advisory Committee

### Meeting Minutes

May 23, 2016, 3:00 PM – 5:00 PM

### DHHS Administration

7001A East Parkway  
Sacramento, CA 95823  
Conference Room 1

COMMITTEE MEMBERS			
X	DHHS, Primary Health – Sandy Damiano, PhD – Chair		Hospital – Tory Starr – <i>excused</i>
X	Advocate – Todd Higgins		Hospital – Rosemary Younts – <i>excused</i>
X	Advocate – Jenni Gomez	X	Hospital – Laura Niznik Williams
X	Clinic – J. Miguel Suarez, MD	X	Beneficiary – J.R. Caldwell, Sr.
X	Clinic – Jonathan Porteus, PhD	X	IPA – Sean Atha
X	DHA – Mary Behnoud	X	IPA – Anna Berens
X	DHHS – Sherri Heller, EdD		Pharmacy – Frank Cable
	DHHS, Behavioral Health – Uma Zykofsky – <i>excused</i>	X	Physician – Marvin Kamras, MD
X	DHHS, Social Services – Debbi Thomson		Physician – Nathan Allen, MD
X	Health Plan – Jane Tunay		<b>EX-OFFICIO MEMBERS</b>
	Health Plan – Steve Soto – <i>excused</i>		County Board of Supervisors – Ted Wolter – <i>excused</i>
X	Health Plan – Joel Gray	X	County Board of Supervisors – Lisa Nava
X	Health Plan – Cathy Lumb-Edwards		State DHCS (attends quarterly)
X	Hospital – Carol Serre	X	Health Care Options – Lili Zahedani

## Sacramento Medi-Cal Managed Care Advisory Committee

**Committee in Attendance: 19**

**Public in Attendance: 21**

Topic	Minutes
<p>Welcome, Introductions and Opening Remarks - <i>Sandy Damiano, PhD, Chair</i></p>	<p>Sandy Damiano, PhD, Chair welcomed the committee and members of the public, facilitated introductions, and reviewed the agenda and meeting materials.</p> <ul style="list-style-type: none"> <li>▪ <u>Materials</u>: All members received copies of the Agenda, Committee and Care Coordination Work Group Meeting Dates (revised), GMC Enrollment Data, GMC Medi-Cal Managed Care Enrollment and Net Increase Data 2011-2016, Dignity Health Emergency Department (ED) Visits 7/1/2015 – 12/31/2015, Refugee Assessments Completed 2014-2016, Medi-Cal Dental Advisory Committee Update, Local Dental Pilot Programs and an Updated Study of Dental GMC Executive Summary Dec 2015. <i>Materials are posted on the website.</i> Website link: <a href="http://www.dhhs.saccounty.net/PRI/Pages/Sacramento-Medi-Cal-Managed-Care-Stakeholder-Advisory-Committee/BC-MCMC.aspx">http://www.dhhs.saccounty.net/PRI/Pages/Sacramento-Medi-Cal-Managed-Care-Stakeholder-Advisory-Committee/BC-MCMC.aspx</a>.</li> <li>▪ <u>Agenda Topics</u>: Sandy reviewed the agenda and materials. Presenters include: Dental Committee (Julie Beyers and Debra Payne), Aetna (Mike Easterday, Jeff Dziedzic, Dr. Sylvia Carlisle and Kevin Phelan), and UnitedHealthcare (Kevin Kandalajt). <i>Welcome all!</i></li> </ul>
<p>Announcements, Resources and Data – <i>Sandy Damiano</i></p>	<p>Sandy Damiano provided announcements, shared new and revised resources to assist individuals and community based organizations with navigation, and reviewed data. <i>All handouts are posted on website under “Resources.”</i></p> <p><u>Announcements</u>:</p> <ul style="list-style-type: none"> <li>• Former committee member and a co-chair, Sujatha Branch, Associate Managing Attorney, Disability Rights, has accepted a new position as Directing Attorney, Children and Youth Project, Columbia Legal Services in Washington. <i>Congratulations!</i></li> <li>• Medi-Cal for All Children - Expansion for undocumented children began May 16<sup>th</sup>. Children on Restricted Scope Medi-Cal are being transitioned through a batch process. The State estimates 185,000 of the 250,000 undocumented children will enroll. Kaiser is assisting with potentially eligible children enrolled in their program.</li> <li>• Jonathan Porteus introduced Steve Health, CEO, Capitol Health Network, starting June 1<sup>st</sup>. <i>Welcome Steve!</i></li> </ul> <p><u>Meeting Dates Reminder</u>: The new schedule was provided with the meeting materials and is posted.</p> <p><u>Resources</u>: New and Updated Resource Sheets are posted on the Committee website. These are resources to</p>

## Sacramento Medi-Cal Managed Care Advisory Committee

Announcements,  
Resources and  
Data –  
Sandy Damiano

help individuals navigate the system. Links to documents are below.

[Medi-Cal Managed Care Overview - April 2016](#) **UPDATED**

[Member Services Resource List - Health/Behavioral Health](#) **Now has 24 RN advice lines**

[Member Services Resource List - Dental](#)

[Urgent Care List](#) **NEW**

[FQHC List - April 2016](#) **UPDATED**

[FQHC Map - May 2016](#) **NEW**

[FQHC Interactive Map - May 2016](#) **NEW**

[Healthcare Services for the Uninsured](#) **UPDATED**

[Managed Care Definitions](#) **NEW**

Additional materials will be posted pending health plan submission of outstanding information on transportation and linguistics. Sandy also created a care coordination grid by plan. This document is in process with one plan.

Enrollment Data: As of May 1<sup>st</sup> the total enrollment is **436,883**, with a net increase of **712**. Health plan distribution: Anthem **173,475**; Health Net **123,997**; Kaiser **78,826** and Molina **60,585**. The default rate is **31%**. San Diego's (comparable county) default rate is 39%.

Enrollment and Net Increase Data 2011 – 2016: Point in Time (Dec 1<sup>st</sup>) GMC Medi-Cal Managed Care Data for five years showed enrollment growth yearly and a graph depicting Net Increase data. See tables.

Dignity Health Hospital System Emergency Department (ED) Utilization Data: Data provided from 7/1/2015 – 12/31/2015 for each Dignity Hospital Total ED and Primary Care ED visits for each Dignity hospital by GMC Plan and by payer. See webpage for Dignity's data last summer. Other hospital systems will provide similar reports in the future, although their data parameters differ.

Refugee Health Assessments Completed 2014-2016: 17% of refugees settling in the US move to California. Sacramento is the third largest County where refugees resettle (next to LA and San Diego). Refugees moving to Sacramento have increased. FY 2016-17, 3,500 are projected to arrive. Refugee works with resettlement agencies to assist with housing and appointments (DHA, Social Security, Health Assessment, school enrollment, and job search). Sacramento County Refugee Health Clinic provides comprehensive health assessments for communicable, chronic, acute medical and/or mental health conditions and provides immunizations. The Clinic links individuals with plans and providers and schedules appointments with PCPs, dental and mental health. Many refugees have histories of no dental or mental health treatment, marginal care for health conditions and women arrive pregnant with no prenatal care history.

## Sacramento Medi-Cal Managed Care Advisory Committee

<p>Announcements, Resources and Data – <i>Sandy Damiano</i></p>	<p><u>Committee Discussion:</u>                  Jenni Gomez – Regarding Medi-Cal for All Children – We need to ensure efforts are in place to assist families with children transitioning to Medi-Cal, otherwise the default rate will increase. Sandy: Sacramento Covered, La Familia, and Kaiser are providing assistance.                  Joel Gray – What is Dignity’s formula for Primary Care visits in ED? Sandy: Will ask Dignity to report back.                  Joel – For Refugee Clinic, are patients’ tracked by plan? Sandy: No, will look at a sample and report back.</p>
<p>Care Coordination Work Group Update – <i>Sandy Damiano</i></p>	<p>Care Coordination Work Group Update – <i>Sandy Damiano</i>                  The first meeting was held April 25<sup>th</sup>. Not all plans participated. Ideas ranged from transportation to changing the entire system. There is confusion about definitions; speaking a common language would be helpful. Hopefully the group will target a starting point. Blue Shield of California Health Foundation offered consultation on mental health care coordinate between plans and specialty mental health.  <i>Meeting minutes posted on the website</i>                  Website: <a href="http://www.dhhs.saccounty.net/PRI/Pages/Sacramento-Medi-Cal-Managed-Care-Stakeholder-Advisory-Committee/GI-MCMC-Care-Coordination-Work-Group.aspx">http://www.dhhs.saccounty.net/PRI/Pages/Sacramento-Medi-Cal-Managed-Care-Stakeholder-Advisory-Committee/GI-MCMC-Care-Coordination-Work-Group.aspx</a></p>
<p>Dental Medi-Cal Managed Care Update – <i>Julie Beyers and Debra Payne</i></p>	<p>Dental Medi-Cal Managed Care Advisory Committee updates – <i>Julie Beyers and Debra Payne</i>  <u>Handouts:</u> Medi-Cal Dental Advisory Committee Update, Local Dental Pilot Programs and Sacramento Children and Dental Care Updated Study of Dental GMC Executive Summary Dec 2015 – <i>posted on website.</i>  <u>Key Points:</u></p> <ul style="list-style-type: none"> <li>▪ Dental Plans: Access, Liberty and Health Net.</li> <li>▪ Little Hoover Commission Report (April 2016) recommended: target utilization rate of 66%, and revising the provider application.</li> <li>▪ First 5 Sacramento released an RFA for Dental Outreach Services April 21<sup>st</sup>.</li> <li>▪ Executive Summary for Dental GMC December 2015 provided recommendations.</li> <li>▪ General Anesthesia: After the All Plan Letter (APL) was released, plans stopped approving general anesthesia.</li> <li>▪ 2020 Waiver: Sacramento County intends to apply for the Dental Transformation waiver. Three strategies: implement a virtual dental home, school-based services (case management), a medical-dental partnership and use of mobile vans.</li> <li>▪ Fluoride varnishes completed in a pediatrician’s office are a billable service under Medi-Cal.</li> </ul> <p>Sacramento is the only mandatory managed care dental county in the State. Some of the plans are providing Fee For Service rates to providers and paying more for services to children under age seven years.</p>

## Sacramento Medi-Cal Managed Care Advisory Committee

	<p>Dental Advisory Committee meets on the 4<sup>th</sup> Thursday monthly. W</p> <p>Website link: <a href="http://www.first5sacramento.net/Meetings/Pages/Medi-CalDentalAdvisoryComm.aspx">http://www.first5sacramento.net/Meetings/Pages/Medi-CalDentalAdvisoryComm.aspx</a></p> <p><u>Committee Discussion:</u></p> <p>Anna Berens – EHS partnered with Liberty Dental Plan to train PCPs on how to do Fluoride varnishes and basic dental exams. Approximately 15 PCP offices attended. Will provide training in August.</p> <p>J.R. Caldwell – Do you provide education for parents and children? Debra Payne: Yes to beneficiaries.</p>
<p>New Health Plans (Timeline TBD) –</p> <p>Aetna –</p> <p><i>Mike Easterday, Jeff Dziejcz, Kevin Phelan and Dr. Silvia Carlisle</i></p> <p>UnitedHealthcare –</p> <p><i>Kevin Kandaloft</i></p>	<p>Presentations from new proposed health plans, Aetna and UnitedHealthcare. Both plans are working on readiness and meeting with the State weekly. <i>PowerPoint Presentations are posted on the website.</i></p> <p><u>Aetna</u> – <i>Mike Easterday, Jeff Dziejcz, Kevin Phelan and Dr. Silvia Carlisle</i></p> <ul style="list-style-type: none"> <li>▪ Third largest managed care organization in the US; provide services in 16 states and has 36 contracts; history of serving diverse populations (dual eligible, Serious Mental Illness, Medicaid Expansion, etc.); and over 30 years providing care to high acuity Medicaid population.</li> <li>▪ Approach health care by integrating physical, behavioral and social. Focus on social determinants of health.</li> <li>▪ Social impact: Raised minimum wage base for employees and plan on hiring local people for health plan operations and call center, Headquarters based in Phoenix, AZ and Corporate Office in Hartford, CT.</li> <li>▪ Network: Contracts are not yet secured. Working with Dignity Health. Will use a delegated model - River City, SynerMed and Hill Physicians. Will interface with existing providers to minimize transitions of patients and have an aggressive outreach approach.</li> <li>▪ Coordination: Policies are in place to reduce risks for interruptions in continuity of care during transitions, integrate behavioral health at the provider level when possible and provide case management for members.</li> <li>▪ Resources: Work with community organizations and purchase resources fill gaps.</li> </ul> <p><u>UnitedHealthcare</u> – <i>Kevin Kandaloft, Chief Executive Officer for Medicaid in California</i></p> <ul style="list-style-type: none"> <li>▪ UnitedHealthcare and Optum comprise the UnitedHealth Group, serving 5.1 million Medicaid members in the US. Clinical Approach: Person-Centered Care model and accountable Care Communities center around the practices and technology to engage with members and community care workers assist with navigation.</li> <li>▪ Sacramento Network: 292 PCPs; 332 Specialists; 20 FQHC Clinic Sites; and four hospitals. Will not use a delegated model and relies heavily on FQHCs.</li> <li>▪ Engagement: Consider medical, behavioral and social determinants of health, use technology to enhance access to providers and fill gaps as needed. Within behavioral health, worked with consortiums to reduce suicide rates and worked with local housing providers to enhance housing programs by filling gaps.</li> <li>▪ Preventative Outcomes: In Kansas reduced 50% over a year in acute inpatient admissions; Florida, 11.5% reduction in inpatient admissions compared members not engaged; and Arizona and Tennessee, exceeded all</li> </ul>

## Sacramento Medi-Cal Managed Care Advisory Committee

	<p>target HEDIS measure goals in 2014.</p> <ul style="list-style-type: none"> <li>▪ Focus Populations: Criminal Justice Population – Engage with individuals and develop transition care plans prior to release, face-to-face case management/care coordination, linkage to housing, food and other supports. Homeless Population – Working with local services and housing providers to address challenges of members and fill gaps to support members’ health and quality of life. Use data to support decisions to invest.</li> <li>▪ Since 2011 have put \$230 million to build and invest in housing, and bring health care to the housing developments to increase access and member engagement in health care.</li> </ul> <p><u>Committee Discussion:</u></p> <p>Dr. Kamras – Will Aetna delegate or work directly with providers. Mike Easterday: Aetna will have a hybrid approach, delegate and have direct contracts.</p> <p>Cathy Lumb-Edwards – When do you go live? Kevin: We are on a schedule readiness of deliverables with due dates in 2017. State has not provided a targeted live date. Mike: State will likely provide a target date when 60% of the deliverables have been met.</p> <p>Sean Atha – UnitedHealthcare, what hospitals are you contracting with? Kevin: Contract with Sutter and Shriners.</p> <p>Todd Higgins – Regarding your program in New Mexico, when you spoke about transitioning individuals from facilities, were they Medicaid members? Kevin: Yes, in 2014 the program went live and included institutional, Medicaid and dually eligible population. It included full health, behavioral health and supports, with over 200 care coordinators, across multidisciplinary team to work with members in this program.</p>	
Public Comment	No public comment.	
Closing Remarks and Adjourn	<p>Sandy Damiano thanked everyone for attending and participating in today’s meeting.</p> <p>With no additional business to discuss, the meeting adjourned.</p>	
Next Meetings	<p><b><i>Medi-Cal Managed Care Advisory Committee Meeting</i></b>  <b>Monday, July 25, 2016 / 3:00 – 5:00 PM</b>                  DHHS Admin Building                  7001A East Parkway, Conference Room 1</p>	<p><b><i>Care Coordination Work Group Meeting</i></b>  <b>Monday, June 27, 2016 / 3:00 – 5:00 PM</b>                  DHHS Admin Building                  7001A East Parkway, Conference Room 1</p>