



River Oak  
Center for Children

SACRAMENTO  
COUNTY

**River Oak South Big Horn**

Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63. Mental Health Services Act (MHSA)

**FIT**

**FLEXIBLE INTEGRATED TREATMENT  
WHAT WE DO:**

- Outpatient Mental Health Services for youth under 21 years old
- The Incredible Years, Motivational Interviewing, Transition to Independence Process, Dialectical Behavior Therapy, Trauma-Focused CBT, Coping Cat, PC-Care, PCIT and Aggression Replacement Training
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of homelessness/at risk of

**SERVICE HOURS:**

Monday to Thursday 8:00 AM to 6:00 PM  
Friday 8:00 AM to 5:00 PM



**WEBSITE LINK:**

[www.riveroak.org](http://www.riveroak.org)

Services are for MediCal members who meet criteria for Specialty Mental Health Services.

**SITE WALK-IN HOURS**

Subject to change

Wednesdays 12:00 PM to 2:00 PM

Fridays 9:00 AM to 11:00 AM

**SITE ADDRESS AND CONTACT INFO:**

9412 Big Horn Blvd., Suite 6  
Elk Grove, CA 95758

PHONE: 916-609-5100

FAX: 916-226-2804

EMAIL: [info@riveroak.org](mailto:info@riveroak.org)

