

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

October 25, 2023 Meeting Minutes		
Time: 6:00-8:00 PM		Location: Virtually (Zoom) and phone conference
Meeting Attendees - General Public and MHSA Steering Committee members:		
Stakeholder Group	Primary	Alternate
Mental Health Board	Patricia Wentzel	Brad Lueth
Mental Health Director	x Ryan Quist	x Jane Ann Zakhary
Service Provider - Children	Laurie Clothier (River Oak)	x Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	Erin Johansen (TLCS)	x Marlyn Sepulveda (Hope Cooperative)
Service Provider - Older Adults	Genelle Cazares (El Hogar)	Martha Sinclair-West (El Hogar)
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	x Heidi Richardson	Mary Parker
Education	x Christopher Williams	Brent Malicote
Department of Human Assistance	x Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	x Lori Miller	Michelle Besse
Cultural Competence	Vacant	x Lakshmi Malrouth
Child Welfare	x Melissa Lloyd	Kim Pearson
Primary Health	Andrew Mendonsa	Noel Vargas
Public Health	Olivia Kasirye	Staci Syas
Juvenile Court	x Dena Coggins	Sarah Davis
Probation	x Lynsey Semon	David Linden
Veterans	Rochelle Arnold	Vacant
Consumer - TAY	Arushi Mishra	Vacant
Consumer - TAY	Vacant	Vacant
Consumer - Adult	Hafsa Hamdani	Clarissa Laguardia
Consumer - Adult	x Clarissa Laguardia	Chezia Tarleton
Consumer - Older Adult	x Janet Green	Vacant
Consumer - Older Adult	Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	Ebony Chambers McClinton	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	x Susan McCrea	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	x Ryan McClinton	x Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	x Karly Gonzalez	Evin Johnson

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Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee (SC) co-chairs introduced themselves.
II. Agenda Review	The agenda was reviewed. No changes were made.
III. Review of Prior Meeting Minutes	The September 2023 draft meeting minutes were reviewed. No changes were made.
IV. Announcements	<p>Heidi Richardson, Steering Committee (SC) Member: The Access to Technology Program, for adults over the age of 60, and adults 18+ who live with a disability, provides a free digital device and training. For more information, visit: https://aging.ca.gov/Information_and_Resources/Access_to_Technology/</p> <p>Lori Miller, SC Member: The newest initiative from the Substance Use Prevention and Treatment (SUPT) team is Safer Sacramento. The website speaks to issues with all the trending substances, free Narcan and Fentanyl test strips, processing grief, a grief support group, a page for youth, and a page for reaching out to diverse communities. For more information, visit: www.SaferSacramento.com.</p> <p>The Safer Sacramento Fentanyl Awareness Campaign was selected as a finalist in two categories for the Shorty Awards: Multi-Platform Campaign and Call to Action. The Shorty Awards is the first award show honoring social media content. For more information, and to vote for a winner, visit https://shortyawards.com/8th-impact/fentanyl-awareness-campaign</p> <p>Drug Enforcement Administration (DEA) is sponsoring Drug Take Back Day on October 28, 2023. For more information, visit: https://www.deadiversion.usdoj.gov/drug_disposal/takeback/</p> <p>Meth Awareness Day is on November 30, 2023. The next Meth Coalition meeting is on November 9, 2023. For more information, visit: www.LetsTalkMeth.org</p> <p>New SUPT providers:</p> <ol style="list-style-type: none"> 1. Don't Be Afraid to Change: six-bed men's sober living environment. 2. Akua Behavioral Health: 35-bed detox within a residential location. 3. Transitions Clinic: medication assisted treatment (Suboxone) facility.



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	<p>4. RiverCity Recovery: residential treatment that recently increased capacity. 5. Youth Residential Treatment Facility: pending Board approval, will have five residential treatment beds.</p> <p>BHS SUPT recently released an Opioid Remediation Funding Request for Proposals. The submission deadline was October 3, 2023. Award recommendations will be completed by November 3, 2023.</p> <p>Crystal Harding, SC member: First 5 Sacramento has a Sacramento Parent Learning Institute. A new cohort begins January 2024, and they are seeking more men and Spanish speakers to apply by October 23, 2023. For more information, visit: www.SacramentoPLTI.com</p> <p>Sharon Jennings, SC Executive Member and Co-Chair: In the last meeting, we spoke about writing a letter of opposition for school boards who mandate including the parents when a child wishes to be identified as a different gender other than the gender assigned at birth. I recommend that we form an ad hoc committee to draft the letter.</p> <p><u>Announcements from the Public</u> Stephanie Ramos: CalVoices continues to offer their free Wise University Peer Support Specialist Certification training program. If interested, cohorts start in December 2023 or February 2024, and CalVoices pays for participants application and exam fees. For more information, visit: https://www.calvoices.org/wiseu</p>
V. Executive Committee / MHSA Updates	<p>Executive Committee Updates: Sharon Jennings, SC Executive Member and Co-Chair: Requests that meeting participants submit the two post-meeting evaluations. The following updates are on behalf of the Executive Committee:</p> <p><u>MHSA SC membership changes</u></p> <ul style="list-style-type: none"> • Welcome new members! <ul style="list-style-type: none"> ○ Clarissa Laguardia is stepping into the Primary seat for Adult Consumer. ○ Judge Andi Mudryk who will be in the primary seat for Juvenile Court.

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	<ul style="list-style-type: none"> • Goodbye and thank you to Ms. Leslie Napper for her 10 years of service as an MHSA Steering Committee member. Dr. Quist and Jane Ann Zakhary recognized the contributions from Ms. Leslie over the years that have had a great impact on MHSA planning, programming and our Behavioral Health system. Many SC members also expressed in the chat their gratitude for the work that Ms. Leslie put in on this committee. <p>MHSA Updates</p> <p>Ryan Quist, Behavioral Health Services Director: Thank you to those who participated in the Sacramento County Racial Equity Summit this week.</p> <p>Recently, there were Open Houses for the 9th and 10th CORE sites. The 11th CORE site is close to opening.</p> <p>SB326 will be in the March 2024 voter ballot as Proposition 1 under the name of Behavioral Health Services Act (BHSA). This proposition proposes significant changes to the Mental Health Services Act (MHSA). Both the MHSA reform and the Behavioral Health facilities bond will be combined into this proposition. Planning for Proposition 1 will not take place prior to the election, but if passed, planning recommendations will be brought back to the SC for discussion.</p> <p>Andrea Crook, MHSA Health Program Manager: BHS concluded the 30-day posting periods for both Innovation (INN) Plans (INN 6: allcove and INN 7: Community-Defined Mental Wellness Practices for the African American/Black/African Descent Unhoused). Both Plans will go before the Board of Supervisors on December 5, 2023. Both Plans will also be reviewed for approval by the Mental Health Services Oversight and Accountability Commission (MHSOAC).</p>
<p>VI. California Advancing and Innovating Medi-Cal (CalAIM) Overview</p>	<p>Dana Sebastian LMFT, LPCC, CalAIM Health Program Manager presented an overview of CalAIM. See:</p> <ul style="list-style-type: none"> • Attachment A – Sacramento County CalAIM Overview; • Attachment B – Sacramento County Enhanced Care Management Benefit Exclusionary Screening Checklist; • Attachment C – Sacramento County Enhanced Care Management Benefit Populations of Focus Screening Checklist; and • Attachment D – Sacramento County Enhanced Care Management Benefit Referral Form <p><u>Member Questions and Discussion</u></p> <p>How do I get information about housing supports?</p>

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	<p><i>There is a community support referral process outlined in the PowerPoint.</i></p> <p>What about River City Medical Group? <i>They are not a Managed Care Plan. The larger Managed Care Plans that have been selected will likely reach out to these local providers and contract directly with them.</i></p> <p>My understanding is that as of January 1, 2024, all Managed Care Plans will be reduced to only partner with Kaiser. <i>We are still learning from the State what the transition plan is, but Aetna will be reaching out to members in the coming days to start the process of transitioning to a new provider.</i></p> <p>When will the updated referral and resources be ready? <i>We are working diligently to update the standardized referral, but you can go to each of the care providers' webpages to get the updated individual referral forms.</i></p> <p>Are there Doula services? <i>It depends on who the Managed Care Plan has contracted with, but it is one of the populations of focus for Enhanced Care Management (ECM).</i></p> <p>Is there an extension in CalAIM for Foster Care children? <i>I believe all youth populations of focus - including child welfare - went live on July 1, 2023. Here is a DHCS presentation that provides more children/youth specific details for ECM: https://www.dhcs.ca.gov/Documents/MCQMD/2023-06-23-ECM-Webinar-Forging-New-Partnerships-Launching-ECM-for-Children-Youth-Presentation.pdf</i></p> <p><u>Public Comment:</u> None.</p>
VII. General Steering Committee Comment	<p>Ryan McClinton, SC Executive Committee Member: Regarding the gender identity and confidentiality issue with the school board, this will be brought up again at the next SC Executive Committee meeting. The Executive Committee plans to create a survey to gauge SC members' interest in taking a position.</p>
VIII. General Public Comment	<p>Stephanie Ramos:</p>

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	As you plan for changes that will likely come with the passing of SC326, I encourage you to consider worker displacement and loss of jobs, particularly with Peer Specialists.
IX. Adjournment/ Upcoming Meetings	Upcoming Meetings: NO MEETING IN DECEMBER *November 16, 2023 * January 18, 2024