

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

May 18, 2023 Meeting Minutes

Time: 6:00-8:00 PM

Location: Virtually (Zoom) and phone conference

Meeting Attendees - General Public and MHSA Steering Committee members:

Stakeholder Group	Primary	Alternate
Mental Health Board	x Patricia Wentzel	Brad Lueth
Mental Health Director	Ryan Quist	Jane Ann Zakhary
Service Provider - Children	x Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	Erin Johansen (TLCS)	x Marlyn Sepulveda (Hope Cooperative)
Service Provider - Older Adults	x Genelle Cazares (El Hogar)	Martha Sinclair-West (El Hogar)
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	x Heidi Richardson	Mary Parker
Education	x Christopher Williams	Brent Malicote
Department of Human Assistance	x Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	Lori Miller	x Ed Dziuk
Cultural Competence	x Koby Rodriguez	Lakshmi Malrouth
Child Welfare	x Melissa Lloyd	Kim Pearson
Primary Health	Vacant	Vacant
Public Health	Olivia Kasirye	Staci Syas
Juvenile Court	Daniel Calabretta	Sarah Davis
Probation	x Lynsey Semon	Derrick Casebeer
Veterans	Rochelle Arnold	Vacant
Consumer - TAY	Arushi Mishra	Vacant
Consumer - TAY	Vacant	Vacant
Consumer - Adult	x Hafsa Hamdani	Vacant
Consumer - Adult	x Leslie Napper	Chezia Tarleton
Consumer - Older Adult	x Karen Cameron	Vacant
Consumer - Older Adult	x Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Ebony Chambers McClinton	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	x Susan McCreia	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	x Ryan McClinton	x Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	x Karly Gonzalez	Evin Johnson

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Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Approval of Prior Meeting Minutes	The April 2023 draft meeting minutes were reviewed; no changes were made.
IV. Announcements	<p>Koby Rodriguez, SC Member: Before turning to general announcements, we would like to take a moment to honor our dear friend and peer advocate, Angelina Woodberry, who passed away last Friday. If you have the ability to do so, I encourage folks to contribute to the fundraiser supporting her funeral and celebration of life: https://www.gofundme.com/f/the-woodberry-family <i>The Steering Committee observed a moment of silence in memory of Angelina Woodberry.</i></p> <p>Leslie Napper, SC Member: Angelina was a very dear friend of mine. Angelina was dedicated to advocating on behalf of our peers in the mental health community and particularly those in locked facilities. She was a former Patients’ Rights Advocate here in Sacramento, as well as in Yolo, Napa and San Joaquin Counties. Angelina was a very beautiful spirit, a dedicated and loving mother to her two children and wife to her husband. With Cal Voices she was the Consumer Advocate Liaison supporting community members who needed advocacy, the Cal Voices Expert Pool and Peer Group. She also chaired the Children’s Coalition where it was her passion of to ensure advocacy and community voice were in place for young people. She fought long and hard with renal failure and she kept going all the way until the end. Bless her for that but now she is in a better place. I will miss my dear sister.</p> <p>Andrea Crook, MHSA Program Manager: I had the honor of getting to know Angelina while working for Cal Voices and within the Division of Behavioral Health. Angelina, as an advocate and liaison, truly worked hard elevating the voices of clients throughout our system and will be deeply missed. I am really happy her work will shine at the upcoming Peer Empowerment Conference as it was her passion focus on our homeless and unhoused communities. I am happy we will have this time to honor her. We will keep you informed as we learn more about her celebration of life.</p> <p>Patricia Wentzel, SC Member: There was a great turnout for the NAMI Walk and NAMI’s fundraising goal was achieved. Thank you everyone who came out to support the event.</p>

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	<p>Heidi Richardson, SC Member: At the May 23rd Board of Supervisors meeting, Sacramento County’s Board of Supervisors will recognize May as Older Americans Month and honor 18 amazing older adults as outstanding Adult and Aging Commission’s “5 Over 50” volunteers.</p> <p>Koby Rodriguez, SC Member: On May 23-20, Sacramento LGBT Community Center is hosting the Sacramento Black Gender & Sexual Health Summit at our Lavender Heights location (1015 20th Street, Sacramento, CA 95811). See Attachment A- Black Gender & Sexual Health Summit</p> <p>Sharon Jennings, SC Member: May is Mental Health Awareness Month. The “Mental Illness: It’s not always what you think” project is sponsoring art displays throughout the county. All art pieces were created by Sacramento residents to help dispel myths and stereotypes and to promote messages of wellness, hope and recovery. I encourage you to view these works of art at the following locations: Mexican Consulate, Blueprint Coffee Project, Sacramento County Office of Education, Sacramento LGBT Community Center, Elk Grove Fine Arts Center, and Roberts Family Development Center. Artwork is also available for your viewing online. Please visit: https://www.stopstigmatasacramento.org/get-involved/art-displays/</p> <p>Hafsa Hamdani, SC Member: It is encouraging to have diversity within the mental health work field here in Sacramento County; however, I think there is still work to be done in order to hire and promote qualified minority applicants.</p> <p>Andrea Housley, Cal Voices: Our 27th Annual Peer Empowerment conference will be held on June 9, 2023, from 12-5 PM at the Sacramento State Harper Alumni Center. This year’s conference will be dedicated to Angelina in honor of everything she brought to our community. To find out more, please visit: http://s.alchemer.com/s3/08fefc11caea</p>
<p>V. Executive Committee / MHSA Updates</p>	<p>Executive Committee Update</p> <p>Sharon Jennings, SC Co-Chair, requested that meeting participants submit post-meeting evaluations. Sharon also shared the following update on behalf of the Executive Committee:</p> <p><u>MHSA SC Membership Changes</u></p> <p>Daniela Guarnizo, who was in the Consumer/Family Member At-Large primary seat, had her last meeting in April. Karly Gonzalez, formerly in the Consumer TAY primary seat, will step into the</p>

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	<p>Consumer/Family Member At-Large primary seat behind Daniella. Thank you, Daniela, for your service and welcome, Karly, to your new seat.</p> <p>Additionally, tonight will be Karen Cameron’s last meeting. Thank you, Karen, for your service. <i>[SC Members praised and thanked Karen for her time and advocacy work on the Committee]</i></p> <p>MHSA Updates</p> <p>Andrea Crook, MHSA Program Manager, provided the following updates:</p> <p><u>Innovation Subcommittee</u> There have been two MHSA SC Innovation Subcommittee meetings thus far. The third and final meeting will be held on June 2nd with the plan to bring back INN project recommendations to the Steering Committee in June.</p> <p><u>Behavioral Health Deputy Director Announcement</u> Kelli Weaver is the new Behavioral Health Deputy Director. She sends her regrets for not attending tonight but plans to join us in June to formally introduce herself in the new role.</p> <p><u>Draft MHSA FY 2023-24 Annual Update</u> The Draft MHSA FY 2023-24 Annual Update is going before the Board of Supervisors on May 23, 2023.</p> <p>Julie Leung, MHSA Program Planner, provided the following update:</p> <p><u>Mental Health Awareness Month</u> On May 9, 2023, the Board of Supervisors recognized May as Mental Health Awareness Month. Additionally, one of our Stop Stigma Sacramento Speakers’ Bureau speakers shared her personal story of recovery and hope. If you are interested in becoming a speaker or would like to request a speaker for an event, please visit www.stopstigmatasacramento.org/get-involved/speakers-bureau/ for more information.</p>

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Agenda Item	Discussion
<p>VI. MHSA Steering Committee Charter</p> <ul style="list-style-type: none"> • Member Discussion • Public Comment • SC Action 	<p>MHSA Steering Committee Executive Committee presented the revised draft MHSA Steering Committee Charter. See Attachment B – MHSA Steering Committee Charter Presentation.</p> <p>The MHSA Steering Committee Charter was created early on when we initially implemented the MHSA. The Charter was presented to you in February for review, edits and revisions. In this updated version, the Executive Committee made further edits reflecting your input. As a reminder, the Charter is an organic document that not only outlines the purpose and procedures of the committee but is also an educational tool for members and public relating to the MHSA, its components, and acronyms that are often mentioned and discussed during meetings.</p> <p>Member Questions and Discussion</p> <p>There was discussion regarding the transition of standing or primary members and alternate members as it relates to terming out. The following clarification was provided: Once a primary seated Steering Committee member has termed out, the alternate will then move onto the primary seat. Consumers and Family Members/Caregivers who term out are welcome to reapply after their term has expired. They are, however, subject to the same vetting process as new committee member applicants.</p> <p>Motion</p> <p>Genelle Cazares motioned to adopt the MHSA Steering Committee Charter as a living document with clarification for the transition between standing or primary member and alternate member. Seconded by Sharon Jennings.</p> <p>Public Comment</p> <p>None</p> <p>SC Action</p> <p>Motion passed</p>
<p>VII. General Steering Committee Comment</p>	<p>None.</p>
<p>VIII. General Public Comment</p>	<p>None.</p>

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Agenda Item	Discussion
IX. Adjournment / Upcoming Meetings	The meeting was adjourned at 7:27 p.m. Upcoming meetings will be held on <ul style="list-style-type: none">• June 15, 2023• August 17, 2023

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.gov.

DRAFT

Sacramento Black Gender & Sexual Health Summit

Dates: May 23rd - May 30th, 2023

Location: Sacramento LGBT Community Center,
1015 20th Street, Sacramento, 95811

Food and beverages will be provided at each event

MAY
23

6:00 PM - 7:30 PM

Your Presence is a Present: A Discussion on HIV Prevention & Sexual Pleasure

Presenter: Lex Dailey

*HIV prevention and education for youth (ages 18-24).
This part of the summit is for clients only in this age
group.*



MAY
25

5:00 PM - 6:30 PM

Panel Discussion - Elevate & Take Action: A Celebration of the Trans Experience, Resilience, and Action

Panelists:



Leon Burse



Demi Gooch



Ebony Harper



Romel Smith

MAY
30

6:00 PM - 7:30 PM

Centering Black Health Mixer

Opening remarks by Dr. Flo Cofer

*Open to health care professionals providing care to
the Black community. There will be an opportunity to
have your professional head shots taken at the event.*



For More Information

Contact us at the Sacramento LGBT Community Center
at (916) 442-0185 or by email at Christi.Gray@saccenter.org.