

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

April 20, 2023 Meeting Minutes			
Time: 6:00-8:00 PM		Location: Virtually (Zoom) and phone conference	
Meeting Attendees - General Public and MHSA Steering Committee members:			
Stakeholder Group		Primary	Alternate
Mental Health Board	x	Patricia Wentzel	Brad Lueth
Mental Health Director	x	Ryan Quist	Jane Ann Zakhary
Service Provider - Children	x	Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	x	Erin Johansen (TLCS)	Marlyn Sepulveda (Hope Cooperative)
Service Provider - Older Adults		Genelle Cazares (El Hogar)	Martha Sinclair-West
Law Enforcement		Corey Jackson	Laura Mueller
Senior and Adult Services	x	Heidi Richardson	Mary Parker
Education	x	Christopher Williams	Brent Malicote
Department of Human Assistance	x	Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	x	Lori Miller	Michelle Besse
Cultural Competence		Koby Rodriguez	x
Child Welfare	x	Melissa Lloyd	Kim Pearson
Primary Health		Vacant	Vacant
Public Health	x	Olivia Kasirye	Staci Syas
Juvenile Court		Daniel Calabretta	Sarah Davis
Probation		Lynsey Semon	x
Veterans		Rochelle Arnold	Vacant
Consumer - TAY		Arushi Mishra	Vacant
Consumer - TAY		Karly Gonzalez	Vacant
Consumer - Adult	x	Hafsa Hamdani	Vacant
Consumer - Adult		Leslie Napper	Chezia Tarleton
Consumer - Older Adult	x	Karen Cameron	Vacant
Consumer - Older Adult	x	Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs		Ebony Chambers McClinton	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x	Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs		Susan McCrea	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs		Ryan McClinton	x
Family Member/Caregiver of Older Adult age 60+ Yrs		Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x	Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large		Daniela Guarnizo	Evin Johnson

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Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Approval of Prior Meeting Minutes	The March 2023 draft meeting minutes were reviewed; no changes were made.
IV. Announcements	<p>Heidi Richardson, SC Member: Sacramento County is excited to offer a new program called Access to Technology. This program provides digital devices, service plans and training to adults age 60 and up and persons with disabilities. To learn more please, see Attachment A - Access to Technology Program.</p> <p>Additionally, the Senior Connection Program provides in-person case management to connect older adults and dependent adults, who have been negatively impacted and isolated by the COVID-19 pandemic, to services that may enhance their general quality of life, including social, recreational, and informational activities. To learn more, please see Attachment B - Senior Connection Program.</p> <p>Lori Miller, SC Member, shared the following updates:</p> <p><u>April Observances</u></p> <ul style="list-style-type: none"> • National Alcohol Awareness Month • April 22nd is National Prescription Drug Take Back Day <p><u>May Observances</u></p> <ul style="list-style-type: none"> • National Treatment Court Month • Mental Health Awareness Month • May 7-13 is National Prevention Week • May 9th is National Fentanyl Awareness Day <p>Information about these events and more can be viewed on Attachment C - Substance Use Prevention and Treatment Announcements.</p>

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	<p><u>Substance Use Disorder Residential Facility Expansion</u> Behavioral Health Services has concluded the Request for Proposal (RFP) process to expand substance use disorder residential treatment in Sacramento County. Two providers have been selected: Sacramento Recovery Home and Health Right 360. This expansion will create at least 80 additional beds in our county for residential care and will go before our Board of Supervisors early May for final approval.</p> <p>Patricia Wentzel, SC Member: The NAMIWalks Northern California event will take place May 6, 2023 at William Land Park. For more information and to register for the walk, please visit: https://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=1343</p>
<p>V. Executive Committee / MHSA Updates</p>	<p>Executive Committee Update Sharon Jennings, SC Co-Chair, requested that meeting participants submit post-meeting evaluations.</p> <p>MHSA Updates Dr. Ryan Quist, Behavioral Health Director, provided the following updates:</p> <p><u>Community Driven Prevention and Early Intervention (PEI) Time Limited Grant Program Round 2</u> On March 17, 2023, Behavioral Health Services released \$10M in grant funds for local community-based organizations to apply for the Time Limited PEI Grant Program. The California Mental Health Services Authority (CaMHSA) is administering this Grant Program on behalf of Sacramento County. The application deadline is April 28, 2023. Please spread the word throughout your community.</p> <p><u>Behavioral Health Bridge Housing Program</u> Through the Behavioral Health Bridge Housing (BHBH) program, the Department of Health Care Services (DHCS) is providing counties funding to operate bridge housing settings to address the immediate and sustainable housing needs of individual experiencing serious behavioral health conditions. There is \$43M new funding available to Sacramento County to provide bridge housing. Sacramento County just completed the application. Thank you to all the providers who expressed interest and ideas for utilizing these funds. Our next step is to develop and submit a proposal to DHCS detailing how Sacramento County will utilize the \$43M based</p>

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	<p>on the provider interest and ideas. Upon approval, we will allocate funds throughout the community.</p> <p><u>California Advancing and Innovating Medi-Cal (CalAIM)</u> Payment reform is coming on July 1, 2023. Behavioral Health Services, in collaboration with our providers, are working to ensure we establish appropriate fee-for-service rates. We appreciate our providers work on this. Additionally, on July 1, we will transition to a new electronic health records system.</p> <p>Andrea Crook, MHSA Program Manager, provided the following update:</p> <p><u>MHSA Fiscal Year 2023-24 Annual Update (AU)</u> Thank you, Steering Committee, for your support in moving the Annual Update forward. We also presented the AU to the Cultural Competence Committee. At the end of the 30-day public review and comment period, we presented the AU to the Mental Health Board (MHB) at the start of the Public Hearing. The MHB also supported moving the AU forward. There was a lot of thoughtful feedback and comment received during the public review and comment period, which was summarized and responded to in the final version of the AU. The final AU will be presented to the Board of Supervisors for their approval on May 23, 2023. After receiving BOS approval, the final AU will be submitted to DHCS and the Mental Health Oversight and Accountability Commission (MHSOAC) by June 30, 2023.</p>
<p>VI. Part 4: MHSA Innovation Component Survey Results</p> <ul style="list-style-type: none"> • Member Discussion • Public Comment • SC Action 	<p>Andrea Crook, MHSA Program Manager, provided background and context regarding the MHSA Innovation component and survey results received from the community.</p> <p>See Attachment D - Innovation Component and Survey Results / Next Steps.</p> <p>Questions and Discussion Summary: Steering Committee (SC) members engaged in robust conversation and expressed interest to further understand the Division’s recommendation to participate in two of the MHSOAC’s multi-county learning collaborative projects, Psychiatric Advance Directives (PADs) and allcove™ youth drop-in center and to form a subcommittee to determine a third Innovation project.</p>

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Agenda Item	Discussion
	<p>Motion Patricia Wentzel moved to task the MHSA SC Executive Committee with creating a subcommittee to explore recommendations for Innovation component dollars and report back to the SC with its recommendations at the June 2023 SC meeting. Seconded by Sharon Jennings.</p> <p>Public Comment None</p> <p>SC Action Motion passed.</p>
<p>VII. MHSA Steering Committee Charter – Continued Discussion</p> <ul style="list-style-type: none"> • Member Discussion • Public Comment • SC Action 	<p>Due to time constraints, members suggested postponing review of the MHSA Steering Committee Charter to provide ample time for discussion and consideration.</p>
<p>VIII. General Steering Committee Comment</p>	<p>None.</p>
<p>IX. General Public Comment</p>	<p>Andrea Housley, CalVoices: The Family Advocate Committee and Youth Advocate Committee is generally comprised of CalVoices employees and CalVoices no longer holds the contracts surrounding the family and youth advocates. It will be important to advocate for new leadership in those positions.</p>
<p>X. Adjournment / Upcoming Meetings</p>	<p>The meeting was adjourned at 8:16 p.m. Upcoming meetings will be held on:</p> <ul style="list-style-type: none"> • May 18, 2023 • June 15, 2023

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.gov.



DO YOU NEED HELP GETTING CONNECTED?



The Access to Technology Program offers computer devices and assistance to help you get online

FOR SACRAMENTO COUNTY RESIDENTS AGED 60 OR BETTER AND PEOPLE WITH DISABILITIES 18+

**Contact us and a Digital Navigator will respond
(916) 352-8857**

Our team of Digital Navigators are here to help you get connected to the internet and online resources.

Sacramento County is providing older adults and adults with disabilities new digital devices including tablets, laptop computers, and other helpful technology. Increase your digital skills and community engagement by connecting to healthcare services, online programs, education, friends and family, music, games and much more! **We'll work with you one-on-one to discuss your needs and find out how we can help.**

People with little or no computer experience are encouraged to apply

HELPING OUR COMMUNITIES GET CONNECTED AND STAY CONNECTED

GET HELP FINDING AFFORDABLE INTERNET SERVICE

USER SUPPORT AND ASSISTANCE AVAILABLE

LET A DIGITAL NAVIGATOR BE YOUR GUIDE!

THIS PROJECT IS FUNDED BY THE CALIFORNIA DEPARTMENT OF AGING AND SUPPORTED BY SACRAMENTO DEPARTMENT OF CHILD, FAMILY AND ADULT SERVICES

AGENCY ON AGING AREA 4

"Aging is all about living"





SENIOR CONNECTION PROGRAM

Project of Sacramento County Department of Child, Family and Adult Services and Agency on Aging \ Area 4

In-Person Case Management Program to connect older adults and dependent adults who have been negatively impacted and isolated by the COVID-19 pandemic to services that may enhance their general quality of life including social, recreational and informational activities.

Eligibility

- Residents of Sacramento County
- Older adults (60 years and older)
- Dependent adults (18-59 years of age) when these adults are unable to meet their own needs, and are victims of abuse, neglect, or exploitation.

Reduce Isolation

Bring Consumers
Back into
Community

Provide Case
Management

Build Circles of
Support

Transportation
Assessment

Screen for
Technology
Access

CONTACT US

Agency on
Aging \ Area 4

1-800-211-4545

AGENCY
ON AGING
AREA 4

SACRAMENTO
COUNTY

SUBSTANCE USE PREVENTION & TREATMENT SERVICES

UPCOMING OBSERVANCES & EVENTS

April

National Alcohol Awareness Month

The National Council on Alcoholism and Drug Dependence (NCADD) sponsors Alcohol Awareness month to increase awareness and understanding of alcohol dependency. The red ribbon is a symbol for the prevention of alcohol use and misuse.

For facts about alcohol consumptions, please visit:

<https://ncadd.us/index.php/about-addiction/alcohol>

Alcohol Awareness Toolkit:

<https://pttcnetwork.org/centers/northwest-pttc/alcohol-awareness-toolkit>

April

National Stress Awareness Month

During the month of April, join us in a cooperative effort to raise awareness about the negative impact of stress, successful coping strategies, and harmful misconceptions about stress that are prevalent in our society.



April
3

Sacramento County Alcohol & Drug Advisory Board Criminal Justice Committee (Hybrid Format)

Time: 2:00pm

Location: Sacramento County's District Attorney's Office, 901 G Street, Conference Room, Sacramento

Zoom Option: [https://www.zoomgov.com/j/1604234070?](https://www.zoomgov.com/j/1604234070?pwd=QldvME5UdlhsdWpLQTE2RzBGn3RRQT09)

[pwd=QldvME5UdlhsdWpLQTE2RzBGn3RRQT09](https://www.zoomgov.com/j/1604234070?pwd=QldvME5UdlhsdWpLQTE2RzBGn3RRQT09)

Meeting ID: 160 423 4070

Passcode: 439639

April
5

Sacramento County Coalition for Youth

Time: 4:30pm

Zoom: Sign up to receive meeting information and regular updates at: <https://www.sacramentoccy.org>



April
12

Sacramento County Alcohol & Drug Advisory Board (Hybrid Format)

Time: 5:30pm

Location: 4600 Broadway, Conference Room 2020, Sacramento

Zoom: [https://www.zoomgov.com/j/1600611745?](https://www.zoomgov.com/j/1600611745?pwd=NnYvNk45MXlkOU1NbzV6L1RPaThxUT09)

[pwd=NnYvNk45MXlkOU1NbzV6L1RPaThxUT09](https://www.zoomgov.com/j/1600611745?pwd=NnYvNk45MXlkOU1NbzV6L1RPaThxUT09)

Meeting ID: 160 061 1745

Password: 069859

Interested in becoming a board member for Sacramento County Alcohol & Drug Advisory Board? Please contact Ricki Townsend, Member of the Sacramento County AOD Advisory Board, at (916)539-4535.

April
17

Sacramento County Opioid Coalition

Time: 2:00pm
Zoom: <https://us02web.zoom.us/j/8694068688?pwd=TmE4VzhTc2JZVkJkYzN0QzZlRYQmw1dz09#success>
Email questions to: info@sacopioidcoalition.org



April
18

Sacramento County Alcohol & Drug Advisory Board Prevention & Education Committee (Hybrid Format)

Time: 1:30pm
Location: 7001-A East Parkway, Suite 501, Sacramento
Zoom: <https://www.zoomgov.com/j/1618540508?pwd=Y3pCUIJrREs2bDM0QzE1U3ZpUXV3QT09>
Meeting ID: 161 854 0508
Passcode: 687224

April
19

Sacramento County Alcohol & Drug Advisory Board Treatment Committee (Hybrid Format)

Time: 3:00pm
Location: California Consortium of Addiction Programs and Professionals (CCAPP) 2400 Marconi Ave, Downstairs Conference Room, Sacramento
Zoom Option: <https://www.zoomgov.com/j/1609742248?pwd=ODcxTzdKdUIVbitVT2Z0d0pldmZBQT09>
Meeting ID: 160 974 2248
Passcode: 781297

April
22

National Prescription Drug Take Back Day 10:00AM-2:00PM

The National Prescription Drug Take Back Day aims to provide safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medication.

For additional resources on home disposal methods, drop off sites near you, and other materials, please visit :

- <https://dhs.saccounty.gov/PUB/Pages/Prescription-Drug-Take-Back-Locations.aspx>
- <https://www.dontrushtoflush.org/>



April
25

Behavioral Health Services & UC Davis Co-Occurring Consultation & Training Lunch & Learn

This Co-Occurring Consultation and Training Program is an opportunity to discuss complex or challenging co-occurring disorders with a UCD physician and mental health and substance use disorder clinicians.

Time: 12:00pm
Zoom: no registration required
<https://www.zoomgov.com/j/1602733012?pwd=UmpqMzAxWEVtQmM4V040M0JudGtHUT09>
Meeting ID: 160 294 4710

April
27

Sacramento County Alcohol & Drug Advisory Board Budget, Planning, and Evaluation Committee (Hybrid Format)

Time: 10:00am

Location: 7001-A East Parkway, Suite 501, Sacramento

Zoom: [https://www.zoomgov.com/j/1604724041?](https://www.zoomgov.com/j/1604724041?pwd=b0JUQ21UNTRFOWx1WTFiRGFuNDZRdz09)

pwd=b0JUQ21UNTRFOWx1WTFiRGFuNDZRdz09

Meeting ID: 160 472 4041

Passcode: 020229

May

National Treatment Court Month

May is the time for all treatment courts to shine!

This month is about celebrating the treatment court community. May is our opportunity to share our successes, educate the public, and engage elected officials in the work of recovery happening in treatment courts nationwide.

There are several ways to make an impact. The National Treatment Court has a free Toolkit to help guide you to making a May success.

Here is the link: <https://www.nadcp.org/advocacy/ntcm/>

May

Mental Health Awareness Month

May is Mental Health Awareness Month. Join us in raising awareness about the importance of mental health in the lives of all people.

For additional resources, check out:

- <https://www.samhsa.gov/programs/mental-health-awareness-month>
- <https://www.stopstigmatasacramento.org/about/>



May
7-13



SAMHSA National Prevention Week is a public education showcasing of the work of communities and organizations across the country dedicated to raising awareness about the importance of substance use prevention and positive mental health. We want to recognize the important work of prevention that happens every day.

For additional resources, check out:

- <https://www.samhsa.gov/prevention-week>
- <https://www.omniyouth.net/>
- <https://proyouthandfamilies.org/>
- <https://www.phi.org/our-work/programs/center-for-collaborative-planning/>
- <https://www.scoe.net/>

May
9

National Fentanyl Awareness Day #NationalFentanylAwarenessDay

This day aims to raise public awareness about a national public health crisis; several lives lost from fentanyl-related deaths.

For facts about fentanyl, please visit:

<https://1pillcankillsac.com/>

<https://sacopioidcoalition.org>

<https://www.songforcharlie.org>



May
11

Sacramento County Methamphetamine Coalition

Time: 2:00pm

Location: Zoom

Registration will be required in order to attend. Registration is free and open to anyone. After registering, you will receive a confirmation email with information about joining the meeting.

Registration link:

<https://www.zoomgov.com/meeting/register/vJltd-6gqjwqGW05EJIGSeqP69W9muQUDmo>

For questions: please email DHS-SUPT@saccounty.gov or call 916-875-2050.

Ongoing

SACCounty Healthy Beginnings

SACCounty Healthy Beginnings mission is to promote a healthy and safe environment for Sacramento County's families and children through outreach and education for professionals and community members, addressing perinatal substance use prevention and intervention.



Training schedule link: www.sachealthybeginnings.com

If you have any questions, please contact Michelle Besse, at BesseM@saccounty.gov.

Ongoing

Narcan Distribution

Narcan is being distributed across systems and public-facing lobbies that have been designated by leadership.

Organizations may apply to DHCS, Naloxone Distribution Project for free Narcan® at: www.dhcs.ca.gov/individuals/Pages/Naloxone_Distribution_Project.aspx

