

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Meeting Minutes

April 21, 2022, 6:00 PM – 8:00 PM

Meeting Location

Webinar and phone conference

Meeting Attendees:

- MHSA Steering Committee members: Jerilyn Borack, Carmen Briscoe, Diana Burdick, Karen Cameron, Genelle Cazares, Laurie Clothier, Crystal Harding, Sharon Jennings, Evin Johnson, Olivia Kasirye, Melissa Lloyd, Brad Lueth, Ruth MacKenzie, Susan McCrea, Andrew Mendonsa, Leslie Napper, Ryan Quist, Lynsey Semon, Andrew Swift, Christopher Williams
- General Public

Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Approval of Prior Meeting Minutes	The March 2021 draft meeting minutes were reviewed; no changes were made.
IV. Announcements	<p>Judge Borack, SC member: I will be retiring shortly. I have mixed emotions with missing the extremely important work this committee does for all of the entire community regarding adults, families, children and people who need a system that responds in an appropriate way. My announcement is to introduce you to our new presiding Judge Daniel Calabretta. Unfortunately, he was unable to attend tonight. I loved working with this committee and I hope that you will all keep it up and welcome Judge Calabretta in the future.</p> <p><i>[SC members and county staff joined Dr. Quist via voice and chat in congratulating Judge Borack on her retirement and thanking her for her invaluable contributions].</i></p> <p>Sharon Jennings, SC member: The fifth annual Older Adult Mental Health Awareness Day Symposium will be held on May 16, 2022. It is sponsored by the National Council on Aging. Jane Pauley is the keynote speaker and there are several interesting topics that will be covered that I plan to follow and bring back to the Steering Committee.</p> <p>Christopher Williams, SC member: Sacramento County Office of Education, in partnership with BHS, has been working on an updated multi-year Student Mental Health and Wellness Plan. The Student Mental Health and Wellness Collaborative will meet on Tuesday, May 3, 2022. The Glen Price Group will again be</p>

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facilitating that meeting, highlighting the discovery report with the results of the stakeholder engagement process. They will be discussing the results along with a draft outline of a multi-year plan. This is an opportunity for stakeholders to engage in that process, give feedback on the outline, and hear updates on the discovery report. See [Attachment A – Student Mental Health and Wellness Collaborative flyer](#).

Andrew Mendonsa: SC member: April is Alcohol Awareness Month. We have great things going on in regards to our prevention providers in the schools and communities getting information out about the dangers of underage drinking and ways to get treatment and services. We are excited to be sponsoring a virtual Fentanyl Town Hall on April 26, 2022. Fentanyl deaths continue to rise; we are seeing an unprecedented amount of deaths in Sacramento County compared to last year and the previous years. We are also seeing increased deaths in the younger age population. We are collaborating with the District Attorney's office and a variety of partners in the community to get supplies of Narcan (overdose reversal agent) out to our community as quickly as possible.

This month is also Drug Take Back Month. There are a lot of [take back locations](#) / drop boxes at pharmacies around town that are secure where you can take unused or expired medications back and get them out of the house. When homes are robbed, prescription drugs are stolen and enter the drug stream out in the streets, so we want to try to keep those as secure as possible.

Lilyane Glamben, ONTRACK Program Resources: ONTRACK Program Resources has been awarded a Behavioral Health Justice Intervention Services grant to launch the Community Health and Justice Project (CHJP). The goal of the CHJP is to transform the way Sacramento's criminal justice, behavioral health and stakeholders work together in order to map a strategy to reduce Black/African Americans disproportionality and disparities. See [Attachment B – Community Health and Justice Project launch](#).

Stephanie Ramos, Cal Voices: I have five brief announcements. The first is that tomorrow is Earth Day and people can [ride free tomorrow](#) on Sacramento Regional Transit.

Saturday, April 23, will be the 32nd annual [Kids Day in the Park](#). It will be at Hagan Park in Rancho Cordova on Saturday from 11 a.m. – 3 p.m. Service providers have been involved for many years and there are hundreds of exhibitors with giveaways for children. If you have small children, I encourage you to check it out and let the people you are serving know about it too.

Sunday, April 24th, is Sacramento Earth Day at Southside Park.

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	<p>The Peer Empowerment Conference is put on by Cal Voices every year for peers in Sacramento County's behavioral health system of care. It is funded by Sacramento County and will be held this year on June 10th from 10 a.m. - 2:30 p.m. We plan to send an email announcement about this closer to the date. See Attachment C – 2022 Peer Empowerment Conference.</p> <p>Finally, some of you may be familiar with the SacMap program, which created a website centralizing all the behavioral health services in the county and provides monthly workshops. That project has funding through the end of May. The last two workshops will be May 17th, for the general public, and May 24th, for service providers. https://www.calvoices.org/sacmap-events</p>
<p>V. Executive Committee / MHSA Updates</p>	<p>Executive Committee Updates</p> <p>Sharon Jennings, Co-Chair, asked those present to submit post-meeting evaluations and shared the update below.</p> <p><u>MHSA Steering Committee (SC) Membership change</u> Deputy Ronald Briggs's last meeting was last month. We thank Deputy Briggs for his service. Moving forward, Deputy Andrew Swift will represent law enforcement on the Steering Committee. Mi'Shaye Venerable's last meeting was also last month. Thank you for your service, Mi'Shaye. There are several vacant consumer and family member alternate seats available. Please share the application packet with anyone you think might be a good fit.</p> <p>MHSA Updates</p> <p>Dr. Ryan Quist, Behavioral Health Director, shared the three updates below.</p> <p><u>COVID-19</u> Sacramento County saw its COVID case rate dramatically decline in March to about 65 new cases per day, but the most recent data shows a slight uptick to about 85 new cases per day. This does not yet appear to be a cause for great concern, but Public Health will continue to keep its eye on this.</p> <p>As a reminder, the second booster shot is available for people 50 years or older or those with a compromised immune system or people who got the Johnson & Johnson shot as their first vaccination.</p> <p>The requirement that we host public meetings virtually has been lifted. We have received substantial public input indicating interest in a hybrid virtual/in-person model for future Steering Committee meetings and are exploring technological options to try to make it possible for people to attend both ways. We will have a survey for SC members to ascertain their comfort level in</p>

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	<p>resuming in-person meetings that should aid us in determining the size of the meeting space.</p> <p><u>April Events</u> This month has several events important to members of various religious communities: Ramadan, Passover, and Easter. It is also National Child Abuse Prevention Month.</p> <p><u>May is Mental Health Month</u> As a reminder, next month is Mental Health Month, so there will be a number of events that will tie into that. NAMIWalk Sacramento will take place on May 7th. On May 21st, there will be a River Cats game sponsored by Sacramento County and CalMHSA.</p>
<p>VI. DRAFT MHSA Fiscal Year 2022-23 Annual Update to the Three-Year Program and Expenditure Plan Presentation</p> <ul style="list-style-type: none"> • Member Discussion • SC Collective Comment 	<p>Jane Ann presented an overview of the DRAFT MHSA Fiscal Year 2022-23 Annual Update to the Three-Year Program and Expenditure Plan. See Attachment D – DRAFT MHSA FY2022-23 Annual Update Overview.</p> <p>This Draft Annual Update was posted online for a 30-day period of public review and comment, from April 4 through May 4, 2022. In addition to this presentation to the SC, it will be presented to the Cultural Competence Committee on April 26th. On May 4, 2022, it will be presented to the Mental Health Board and the Mental Health Board will conduct the Public Hearing which closes the public comment period.</p> <p>Comments from members of the public can be submitted in a number of different ways. Written or emailed comments can be submitted at any time during the 30-day review period and verbal comments can be provided at the Public Hearing on May 4th. A summary of all comments received will be included in the final Annual Update together with the Division’s response and an explanation of any changes to the Update that were made as a result.</p> <p>The overview [linked above as Attachment D] summarizes and gives highlights of the Draft Update, and the top right corner of each slide contains a box showing the page number of the corresponding section of the Draft Update described on that slide.</p> <p><i>[The presentation to the SC was detailed and closely followed Attachment D, which summarizes the Draft Update. The following points are highlights from each of the MHSA Components.]</i></p> <p>MHSA Community Services and Supports (CSS) In Fiscal Year 2020-21, the implemented Full Service Partnership Programs (FSPs) served 2,590 unduplicated clients</p>

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	<p>and the implemented General System Development (GSD) programs served 32,043 unduplicated clients.</p> <p><i>CSS Full Service Partnership Program FY2020-21 Outcomes:</i> During FY 2020-21, Sacramento County's implemented FSP programs showed considerable progress in reducing negative outcomes and assisting partners to manage their conditions successfully. Changes are represented in percent change from baseline (one year prior to FSP enrollment):</p> <ul style="list-style-type: none"> • Homeless occurrences decreased by 66.4% • Homeless days decreased by 80% • Emergency Room visits for psychiatric reasons decreased by 86.4% • Psychiatric hospitalizations decreased by 51.1% • Psychiatric hospitalization days decreased by 56% • Arrests decreased by 68.3% • Incarcerations decreased by 41% • Incarceration days decreased by 33.5% • Employment rate: Of partners with employment as a goal, 4.3% were working during the FY. <p><i>CSS MHSA Housing Program Accomplishments:</i> In FY 2020-21, MHSA funded programs:</p> <ul style="list-style-type: none"> • Housed 374 clients/households who were literally homeless • Served 182 clients/households residing in MHSA-funded apartments • Provided over \$2.1M in rental assistance • Provided over \$2.9M in housing supports/services <p>Moreover, the MHSA housing portfolio is expanding. There are currently 221 apartments across 10 developments devoted to housing people in MHSA programs. There are 234 more apartments currently planned or under construction across eight developments and BHS continues to explore opportunities for further expansion.</p> <p>MHSA Prevention and Early Intervention (PEI) In Fiscal Year 2020-21, 72,033 individuals were served across Suicide Prevention; 7,165 outreached through Suicide Prevention; 2,810 were served across Strengthening Families; 49,742 trained through Strengthening Families; 304 were served in Integrated Health and Wellness; and 183 outreached through Integrated Health and Wellness.</p> <p><i>Time-Limited Community Driven PEI Grants Program</i> There are 34 Sacramento County programs funded by the PEI Grants Program for up to two years of operation. These programs are administered by CalMHSA, which also administered the competitive process to select service providers.</p>

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	<p>Workforce Education and Training (WET)</p> <p>The MHSA WET component has the goals of recruiting, training and retaining diverse culturally and linguistically competent staff for the county’s public mental health system. WET funding was time-limited funding, which is now exhausted. Therefore, the county’s WET Plan is currently sustained with CSS dollars.</p> <p>Some of the highlights of current WET programming include: ongoing participation in law enforcement training; two high schools implementing behavioral health curricula (Arthur A. Benjamin Health Professions High School and Valley High School Health Tech Academy); Mental Health First Aid training for community and system partners; Youth Mental Health First Aid training for teachers and school staff; Eliminating Inequities in Behavioral Health webinar series; Mental Health Interpreter Training; Behavioral Health Peer Support Specialist Certification; Psychiatric Residents and Fellowships Training Program; and Central Regional Partnership WET Grant Program.</p> <p>Innovation (INN)</p> <p>INN provides time-limited funding to test new and/or improved mental health practices or approaches with the goal of increasing access, increasing the quality of services, or promoting interagency collaboration.</p> <ul style="list-style-type: none"> • <i>Mental Health Crisis/Urgent Care Clinic</i> – Adapts the urgent care medical model to provide crisis response/ care for individuals experiencing a mental health crisis. With MHSA Steering Committee support, program services will transition from INN to CSS funding in FY 2022-23. • <i>Behavioral Health Crisis Services Collaborative</i> – Public/ private partnership with Dignity Health which established integrated adult crisis stabilization services at Mercy San Juan adjacent to emergency department. INN project term will end in December 2022. • <i>Multi-County Full Service Partnership (FSP)</i> – Partnership with other counties across California to share and implement new data informed strategies in program design and continuous improvement for FSP programs. • <i>Community Justice Support Program (previously Forensic Behavioral Health Multi-System Teams)</i> – Focuses on justice involved adults (18+) and older adults to increase access to mental health services and promote interagency and community collaboration related to mental health services, supports and outcomes. Project began implementation in March 2022.

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Capital Facilities and Technological Needs (CF/TN)

This MHSA component includes two distinctly difference focus areas. The *Capital Facilities* Project was completed in 2015 and the Stockton Blvd complex.

The *Technological Needs* Project is Sacramento's Health Information Exchange, known as SachIE/HIE. It furthers Sacramento County's efforts in achieving the federal objectives of meaningful use of electronic health records to improve client care.

Member Discussion, Questions, and Collective Comment

1. *Overall, is the MHSA Steering Committee in support of moving the MHSA Annual Update forward?*
2. *Is there additional feedback that should be considered?*
3. *Is there feedback regarding the general format?*

The INN 5 Project name should be shown in the Annual Update as the Community Justice Support Program

The Assisted Outpatient Treatment (AOT) program was not approved for MHSA funding last year. Now that we are talking about a new fiscal year, could that question be brought back to the SC for another vote?

Suggestions for future agenda topics should be included in the meeting evaluation survey. Executive Committee will review and consider suggestions for future agendas.

Has the Board of Supervisors approved the 10% increase in salaries? If so, when does that increase begin?

Yes, it was approved in January 2022.

SC Motion

Dr. Kasirye moved that MHSA Steering Committee support moving forward with the Annual Update, with the correction made to INN 5 project name. The motion was seconded by Judge Borack.

Public Comment

Stephanie Ramos, Cal Voices: The SC should look at the Time Limited PEI grants funded through CalMHSA that will be ending in May. Many of them are going to small, grassroots organizations that would not have been able to apply for funding in a more traditional process. The SC should determine if the programs funded by these grants have proved valuable and whether Sacramento County should continue funding them using other funding streams within MHSA.

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	<p>Dr. Diane Wolfe, psychiatrist: INN 3 Behavioral Health Crisis Services Collaborative is an important program doing valuable work. The SC voted to end funding to Mercy San Juan due to concerns regarding provider discrimination, but with the understanding there would be a search for an alternative provider. It would be a bad decision to just let that program die.</p> <p>Program success stories are wonderful, but it would be valuable to also include failures/challenges (wait lists, etc.) to better identify what the needs are vs. what is offered.</p> <p>Nancy Brynelson, family advocate: I agree with the suggestion made earlier to revisit the question of MHSA funding for AOT services. That program will begin July 1, 2022, and when it came before the Board of Supervisors, DHS Director Chevon Kothari spoke about the possibility of using MHSA funding for that program. However, the presentation spoke more about the past than what would happen in the future or what that program would look like. As one of the family representatives supporting AOT services, we welcome investigation of all funding sources for those services.</p> <p>Mary Ann Bernard, family advocate: What we need to talk about is not what is in the plan but what is not (e.g., AOT). I continue to have questions regarding the mandate in California Welfare and Institutions Code section 5813.5(f) to provide services similar to those established pursuant to the Mentally Ill Offender Crime Reduction (MIOCR) Grant Program. I have looked for services like these in this plan and do not see them. There is an ongoing crisis for persons adjudged Incompetent to Stand Trial (IST) and I am disappointed I do not see any services such as these in this Annual Update.</p> <p>SC Action</p> <p>The MHSA SC voted unanimously in support of moving the MHSA Annual Update forward, noting the comments and feedback discussed.</p>
VII. General Steering Committee Comment	<p>Leslie Napper: I am excited for the Safe Black Space 4th anniversary. Information can be found at: https://www.safeblackspace.org/</p>
VIII. General Public Comment	<p>Stephanie Ramos: Peer certification will begin with a grandparenting process in May. Initial certification will likely start in January 2023. CalMHSA and counties are working together to provide scholarships to peers within the county for trainings, exams, and certification fees. Cal Voices has been approved to be a training program through CalMHSA for peer certification. More information can be found at the WISE U Peer Training Academy website: www.wiseup.work.</p>

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IX. Adjournment / Upcoming Meetings	The meeting was adjourned at 7:51 p.m. Upcoming meetings will be held on <ul style="list-style-type: none">• May 19, 2022• June 16, 2022

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.gov.