



# Prevention and Early Intervention (PEI)

MHSA Steering Committee

October 20, 2022

# MHSA VALUES / GENERAL STANDARDS



# PREVENTION & EARLY INTERVENTION (PEI)

- **Purpose:**

- *Engage persons prior to development of serious mental illness or emotional disturbance*
- *Alleviate the need for additional mental health treatment*
- *Transition those with identifiable need to extend mental health treatment*
- *Reduce stigma and discrimination*

- **PEI Programs are intended** to reduce the negative effects of untreated mental illness such as:

- Suicide
- Incarceration
- Homelessness
- School failure or drop out
- Removal of children and older adults from their homes
- Prolonged suffering
- Unemployment

# PEI (CONT'D)

- **Population Served:** Individuals prior to onset or development OR at risk of developing serious mental illness or severe emotional disturbance including:
  - Underserved cultural populations
  - Individuals experiencing onset of serious psychiatric illness
  - Children/youth in stressed families
  - Trauma-exposed individuals
  - Children/youth at risk for school failure
  - Children/youth at risk of experiencing juvenile justice involvement
  - Parent, caregivers, and other family members of the person with early onset of a mental illness

# PEI FUNDING CATEGORIES

- **Prevention:** Programs to prevent the occurrence, severity, and consequences of serious mental illness for individuals with identified risk factors or for a group of individuals with demonstrated greater average vulnerability to mental illness.
- **Early Intervention:** Time-limited services for individuals with early onset of serious mental illness to promote mental health outcomes including recovery, wellness, and resilience, and to assist them in quickly regaining productive lives.