

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Meeting Minutes

July 21, 2022, 6:00 PM – 8:00 PM

Meeting Location

Webinar and phone conference

Meeting Attendees:

- MHSA Steering Committee members: Carmen Briscoe, Diana Burdick, Ebony Chambers, Laurie Clothier, Karly Gonzalez, Anatoliy Gridyushko, Crystal Harding, Sharon Jennings, Erin Johansen, Brad Lueth, Ryan McClinton, Lori Miller, Leslie Napper, Ryan Quist, Heidi Richardson, Koby Rodriguez, Andrew Swift, Christopher Williams
- General Public

Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:03 p.m. MHSA Steering Committee members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Approval of Prior Meeting Minutes	The June 2022 draft meeting minutes were reviewed; language corrected in first announcement.
IV. Announcements	<p>Crystal Harding, SC member: The board of the North Highlands Recreation and Park District recently approved scholarships and subsidies for up to 44 families to utilize district programs.</p> <p>Lori Miller, SC member: Fentanyl and meth are still plaguing our community. Since the beginning of 2020, we have had more fentanyl-involved deaths than homicides involving guns. So far this year, we have had 50 fentanyl-involved deaths. It is also concerning that the demographics are starting to shift. We were seeing mostly young people up to college age being impacted by fentanyl and now we are seeing that impact extended to people in older age groups as well.</p> <p>We have already had 68 meth-involved deaths this year. We are struggling as a community to deal with these drugs. There are several upcoming dates I want to share:</p> <ul style="list-style-type: none"> • Fentanyl Poisoning Awareness Day is coming up on August 21, 2022. • International Overdose Awareness Day is coming up on August 31, 2022. • September will be National Recovery Month and the 30th Annual Recovery Happens Event will be held on September 7, 2022.

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	<p>We are also engaging in a countywide Narcan/Naloxone distribution project. All county agencies with public-facing lobbies will have Narcan available for distribution to the public and staff working in those agencies</p> <p>Ebony Chambers, SC member: Black Womxn United, in partnership with the California Black Women’s Health Project, will hold a Black Womxn’s Festival on August 13, 2022.</p> <p>July is National BIPOC Mental Health Month and in honor of that I will be hosting a Mindful Monday Meditation open to the community.</p> <p>Christopher Williams, SC member: The Sacramento County Student Mental Health and Wellness Plan (planning process was discussed last month) has been released and is now posted to the Sacramento County Office of Education website as well as to the Behavioral Health Services website.</p> <p>Sharon Jennings, SC member: I was inspired by the individuals from the Speakers Bureau who shared their stories. I am a doll maker and when I was invited by the California State Fair to enter my artwork and write an artist statement I came out in my statement and wrote about my mental health diagnosis and how I learned to transcend my angst through my services and the arts. More people need to come out to help eliminate stigma and normalize mental health care.</p> <p>Resources for individuals and families shared via chat by SC Members and public:</p> <ul style="list-style-type: none"> • https://namisacramento.org/ • https://tcp.org/program/urgent-care/ • www.getontrack.org/soul-space • https://thesourcesacramento.com • www.scoe.net/mhw • Crisis Intervention Teams made up of a Deputy/Counselor team; non emergency line is (916) 874-5115 • National Suicide Prevention & Mental Health Crisis Lifeline phone: 988 https://www.988california.org/ information • Robin Barney, Adult Family Advocate Liaison, email: barneyr@sacounty.net, phone (916) 875-5664 • Consumer Self-Help Patients’ Rights Advocates (916) 333-3800
<p>V. Executive Committee / MHSA Updates</p>	<p>Executive Committee Updates</p> <p>Christopher Williams, SC Co-Chair, requested those present to submit post-meeting evaluations and also shared the following update:</p>

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MHSA SC membership changes

Deputy Eric Aduba has joined the SC as the new alternate for the Law Enforcement seat and Sarah Davis has joined as the new alternate for the Juvenile Court seat.

MHSA Updates

Dr. Ryan Quist, Behavioral Health Director, presented the following updates:

Pride Month and recognitions

Pride Month was amazing. Thank you, Koby, for all you and the Sac LGBT Center did to ensure the Pride event was so successful.

COVID-19 Update

We are seeing a slight decrease in COVID. We recently dropped from a case number of almost 600 to about 480. However, it is too soon to be comfortable. We continue to see impacts upon our provider staff, consumers, and our psychiatric facilities. Please continue to be careful and take precautions.

Mental Health Rehabilitation Center

There is a state initiative called the Behavioral Health Continuum Infrastructure Program (BHCIP) to expand the capacity of behavioral health facilities, including construction, renovation, and acquisition of said facilities. Sacramento County submitted a proposal for funding and I am pleased to announce it was successful. We used Rand Corporation, an outside evaluator, to help us determine the most pressing needs of the system and determined we needed subacute beds. We received \$23.5 million to build a 64 bed Mental Health Rehabilitation Center that will step people down from our psychiatric hospitals when they are ready to discharge to make room at those hospitals for others who need those services. We do not have a timeline yet for when this facility will open, but we will move as quickly as possible and keep the SC updated on progress.

Jane Ann Zakhary, Division Manager, presented the following updates:

Survey on Hybrid Meeting Format

The results came back from the survey we sent out to discover your opinion on moving back to an in-person or a hybrid in-person/virtual format for SC meetings. These results were overwhelmingly in favor of staying virtual. The Executive Committee discussed this and we will keep meetings virtual for now, but will continue to monitor opinion on this. At such time as we do move back to in-person meetings, we will want to preserve the option for people to attend virtually as well.

No Place Like Home (NPLH): On Broadway Project

We have good news regarding the NPLH On Broadway Project.

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	<p>As you know, we submitted a Round 3 application for On Broadway, in collaboration with EAH Housing, last year but we were not awarded. We regrouped and submitted a Round 4 application in January which has been awarded! The project will be located at Broadway and 19th and will have 37 dedicated apartments for MHSA consumers. There will be more on this in the presentation this evening and we will continue to keep you posted on this project's progress.</p> <p><u>New MHSA Program Manager</u> We are excited to announce we have hired a new MHSA Program Manager. Andrea Crook will join our team in the next few weeks and we hope to have her here at next month's SC meeting so she can introduce herself. She is already well known to many in this community. She is a strong consumer advocate, has been a contracted provider in years past, has been a SC member in years past, and was part of the original push to get the Mental Health Services Act enacted.</p>
<p>VI. MHSA Community Services and Supports (CSS) Program Presentation - Permanent Supportive Housing</p>	<p>Jane Ann Zakhary, BHS Administration, Planning and Outcomes Division Manager, and Monica Rocha-Wyatt, BHS Program Planner, provided background and context regarding MHSA Permanent Supportive Housing and presented an overview of the current status of MHSA Permanent Supportive Housing projects across Sacramento County. See Attachment A – MHSA Permanent Supportive Housing Updates presentation.</p> <p>Member Discussion and Questions</p> <p>What is the current availability of units? How many are leased and occupied and how many are available for community to apply?</p> <p><i>As for the units that are MHSA dedicated, we keep them filled. As soon as someone in one of those units graduates from services or moves on, we find someone in need who is linked to one of our Full Service Partnership programs and get them into that unit. They do not stay vacant very long.</i></p> <p><i>Some units in these projects are not dedicated specifically to MHSA consumers. We do not control who is referred into those units. For those outside of behavioral health services, your best bet is to call Sacramento 211, where you can get in touch with someone who can do an assessment and hopefully get you into the community queue.</i></p> <p>I did not see Rancho Cordova on the map of projects. There is a large number of homeless here as well.</p> <p><i>You are correct. We do not yet have dedicated units in every geographic location across the county, although we are working on expanding. We are somewhat reliant on developer partners coming with project proposals. However, the fact we do not</i></p>

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	<p><i>currently have anything in Rancho Cordova does not mean we could not in future. There is so much more work we can do.</i></p> <p>[Members of the SC and the public expressed appreciation and thanks for the work described in this presentation]</p>
<p>VII. Behavioral Health Services Initiatives and MHSA Budget Updates/ Recommendations</p> <ul style="list-style-type: none"> • Member Discussion • Public Comment • SC Action 	<p>Dr. Quist explained the County Budget Process and went over growth in the Behavioral Health Services budget for Fiscal Year 2022-23 (both MHSA growth and non-MHSA growth). He then presented a MHSA budget update showing projected revenue increase and including SC-approved actions contained within the MHSA FY 2022-23 Annual Update. See Attachment B – BHS Initiatives and MHSA Budget Updates/Recommendations.</p> <p>Dr. Quist presented two MHSA budget recommendations for SC consideration:</p> <p>Increased MHSA revenues create opportunity for one-time funding initiatives:</p> <ol style="list-style-type: none"> 1. Dedicate \$11M of Community Services and Supports (CSS) funds to MHSA Housing Program to finance/develop additional dedicated apartments 2. Issue \$10M Round 2 of Prevention and Early Intervention (PEI) Time-Limited Community Building Grants <p>Member Discussion and Questions</p> <p>I agree the first round of PEI Time-Limited Grants has had a positive impact. When would this second round start? I ask because I wonder about a gap in services between the first round and the second. Also, how was the decision made to have CalMHSA administer these grants?</p> <p><i>If the second round of PEI Grants is supported by the SC, we would prepare an MHSA Plan Update. We would post it for public review and comment for 30 days and then it would go to the Board of Supervisors to get their approval. It would roll out late fall or winter of 2022.</i></p> <p><i>CalMHSA would oversee a competitive bidding process, so although existing grantees could apply and be approved for Round 2, there would be no guarantee that Round 1 grants would continue. These are time-limited grants, so the grant funded services may not continue beyond the grant period.</i></p> <p><i>CalMHSA was chosen to administer these grants because BHS does not have the staff required to administer a competitive bidding process with that many contract providers this quickly. CalMHSA is a pre-existing Joint Powers Authority that administers projects for counties across the state, so it was a logical choice for us to get this work done.</i></p>

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	<p>SC Motion Erin Johansen moved that both items presented for SC consideration be moved forward as recommendations to the Board of Supervisors (1. Dedicate \$11M of Community Services and Supports (CSS) funds to MHSA Housing Program to finance/develop additional dedicated apartments; and 2. Issue \$10M Round 2 of Prevention and Early Intervention (PEI) Time-Limited Community Building Grants). Sharon Jennings seconded.</p> <p>Public Comment Lilyane Glamben, ONTRACK Program Resources: What is happening with the Care Court legislation moving forward? Would it impact these sorts of decisions?</p> <p>Patricia Wentzel (via chat): I support this proposal. We absolutely need more supportive housing.</p> <p>SC Action Motion passed.</p>
VIII. General Steering Committee Comment	None.
IX. General Public Comment	None.
X. Adjournment / Upcoming Meetings	<p>The meeting was adjourned at 7:52 p.m. Upcoming meetings will be held on</p> <ul style="list-style-type: none"> • August 18, 2022 • September 15, 2022

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.gov.