

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Meeting Minutes

November 18, 2021, 6:00 PM – 8:00 PM

Meeting Location

Webinar and phone conference

Meeting Attendees:

- MHSA Steering Committee members: Jerilyn Borack, Diana Burdick, Karen Cameron, Genelle Cazares, Ebony Chambers, Shaunda Cruz, Anatoliy Gridyushko, Crystal Harding, Sharon Jennings, Erin Johansen, Melissa Lloyd, Brad Lueth, Ruth MacKenzie, Karly Mathews, Ryan McClinton, Susan McCrea, Lori Miller, Noel Mora, Leslie Napper, Koby Rodriguez, Mary Sheppard, Mi’Shaye Venerable, Chris Williams, Jane Ann Zakhary
- General Public

Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Approval of Prior Meeting Minutes	The October 2021 draft meeting minutes were reviewed; no changes were made.
IV. Announcements	<p>Lori Miller, SC member: As a follow-up to the announcement last month, Behavioral Health Substance Use Prevention and Treatment (SUPT) is partnering with Sacramento County District Attorney’s Office on an anti-fentanyl campaign, called 1PillCanKill. It takes only 2 grams of fentanyl to kill, and 97% of the counterfeit pills entering Sacramento contain it. The pills in Sacramento containing fentanyl are fakes of Adderall, Percocet, Xanax, and Oxycontin. SUPT has supplies of Narcan, an anti-overdose drug, for service providers and individuals who need it. Please share information about this with friends and family, especially teens.</p> <p>Koby Rodriguez, SC member: Thank you. I would also add that many service providers are currently distributing fentanyl test strips.</p> <p>Christopher Williams, SC member: The most recent ten-year Student Mental Health and Wellness Plan for Sacramento County expired in 2020. The creation of a new plan was delayed by COVID-19. We are launching a writing and stakeholder engagement process for a new plan on Tuesday, November 30, 2021, from 4-5 pm. Everyone is invited. See Attachment A – Student Mental Health and Wellness planning process flyer.</p> <p>Koby Rodriguez, SC member: It is Trans Awareness Week. The Sacramento LGBT Center will host a Trans Resource Fair</p>

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	from noon-4 pm tomorrow at our Midtown location at 1015 20 th St.
V. Executive Committee / MHSA Updates	<p>Executive Committee Updates</p> <p>Ebony Chambers, SC Co-Chair, requested those present to submit post-meeting evaluations and also shared the updates below:</p> <p><u>MHSA SC Co-Chair Nominations</u> We are looking for additional nominations for the vacant SC Co-Chair position. A survey requesting nominations will be sent to all SC members and alternates before the vote.</p> <p><u>MHSA SC Membership Changes</u> We have a new member, Martha Sinclair-West, who will serve as alternate for the Service Provider - Older Adults seat.</p> <p>MHSA Updates</p> <p>Mary Nakamura, Cultural Competence & Ethnic Services (CCES) Program Manager, provided the following updates:</p> <p><u>Native American Heritage Month</u> November is Native American Heritage Month, set aside to celebrate the rich histories, diverse cultures and important contributions of our nation’s first people. The CCES November newsletter contains a special feature section contributed by Sacramento Native American Health Center. See Attachment B – BHS CCES Newsletter – November 2021 edition.</p> <p><u>Transgender Day of Remembrance</u> The Transgender Day of Remembrance is coming up this Saturday, November 20. It is a day to remember transgender/non-binary people who were victims of transphobic violence.</p> <p>Jane Ann Zakhary, BHS Administration, Planning and Outcomes Division Manager, gave the updates below:</p> <p><u>October 2021 Steering Committee Action</u> BHS is moving forward to implement the recommendations made by the SC last month. A January date is targeted to receive Board of Supervisors approval for contract amendments and additional peer staff positions. We will keep you updated.</p> <p><u>MHSA Fiscal Year 2022-23 Annual Update to Three-Year Plan</u> We will soon begin the planning process for the Annual Update to the Fiscal Year 2021-22, 2022-23, 2023-24 Three-Year Program and Expenditure Plan. We will bring that timeline to the next SC meeting in January and will provide further updates on our progress at that time. The Annual Update has to be finalized and submitted to the state by June 30, 2022.</p>

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	<p><u>No Place Like Home Program (NPLH)</u> As previously announced, our Round 3 competitive funding application for On Broadway apartments was not awarded. However, the state just released the Round 4 notice of funding availability and we are preparing to reapply. We are in a better position to score well this time. That application is due to the state January 19, 2022, and we will keep you updated.</p> <p><u>County Website Domain Change</u> The county website is changing domains from saccounty.net to saccounty.gov. Currently, the county website (including Department of Health Services) can be accessed using both. Eventually, this change will also apply to the email addresses of county staff. We will keep you updated on this process.</p>
<p>VI. Homeless Youth Task Force Presentation</p>	<p>Jane Ann provided background and context regarding the Homeless Youth Task Force. See Attachment C - Homeless Youth Task Force Presentation.</p> <p>Presenters:</p> <ul style="list-style-type: none"> • Melissa Hansen-Rood, Associate Director of Program Sustainability, Wind Youth Services melissa@windyouth.org • Robynne Rose-Haymer, Deputy Chief Program Officer, Sacramento LGBT Community Center robynne.rose-haymer@saccenter.org • Shelly Hubertus, Prevention and Intervention Team Support Lead, Waking the Village shelly@wakingthevillage.org <p>Member Questions and Discussion</p> <p>[Many SC members praised the presentation as well as the presenters for the work they do]</p> <p>How many youth are unhoused or inadequately housed in Sacramento County?</p> <p><i>300-400 at any given time. Of course there are more over the course of a year. In 2020, Wind Youth saw 1,400 unique youth and at least 1,000 of them were unhoused or inadequately housed.</i></p> <p>What substance use trends are you seeing? Do you need support?</p> <p><i>Sacramento County has seen a 49% increase in drug overdoses. Methamphetamine and fentanyl are the immediate ones that come to mind. Yes, we would appreciate additional support. Mental health and substance abuse are the main things we deal with among our youth.</i></p>

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	<p>(via chat) You have been a great resource for Probation-involved transition age youth. Probation officers speak highly of the collaboration with and the responsiveness of Wind Youth Services.</p> <p>Public Comment Jessica Larson, Capital Star: Please consider Capital Star Recovery Services (CSRS) as another AOD resource for transition age youth.</p>
<p>VII. “Mental Illness: It’s not always what you think” Project Website Refresh</p>	<p>Julie Leung and Mary Nakamura provided background and context and introduced three presenters from Edelman, a communications and marketing firm.</p> <p>Presenters:</p> <ul style="list-style-type: none"> • Candace Koehler, Edelman • Christina Burns, Edelman • Lindsay Leszczynski, Edelman <p>See Attachment D – “Mental Illness: It’s not always what you think” Project Website Refresh</p> <p>Jane Ann: I want to voice appreciation for the whole team in carrying this work during the pandemic. I know that has not been easy, but you found ways to make a lot of progress in what was envisioned a couple years back. I would love to invite you to come back to share when you get the materials updated with more pictures of our community members, after the photoshoot takes place and the refresh rolls out.</p> <p>Julie: We are really indebted to the community. We—and the Edelman team especially—worked in close step with the community to make this happen. So this is community voice and we are excited to launch this.</p> <p>Member Questions and Discussion [via chat, several SC members thanked and praised the presenters for the presentation and work done]</p>
<p>VIII. General Steering Committee Comment</p>	<p>Leslie Napper: The recent two-day community session with law enforcement and members of the community around the subjects of Black mental health and criminal justice mental health was one of the best ever done on such a sensitive topic. Hats off to Ryan McClinton for his leadership, keeping us centered around the issue and doing so from a place of love. And to the people from ONTRACK, Lilyane Glamben and Madalynn Rucker and the rest of the team, thank you so much for creating the movement and the very positive direction. I appreciate your work.</p>

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	<p>Thank you also to those LGBTQIA+ members, especially peers and those elevating the Day of Remembrance, for what you do in uplifting Black trans lives and resiliency</p> <p>Jerilyn Borack: November is National Adoption Month. If anything helps to recognize and assist people in their lives with mental health issues, it is having the stability of a home and family. So in November we celebrate permanency in our kids and November as adoption month.</p> <p>Crystal Harding: Where should family members or community members call when there is a mental health crisis instead of 911?</p> <p><i>BHS is in the process of building an amazing 911-alternative call center. On December 13, from 2-4 there will be a virtual meeting featuring a report on the community and stakeholder input received thus far. We would love to have you all there. More information can be found at https://dhs.saccounty.net/BHS/Pages/Wellness-Crisis-Call-Center-and-Response.aspx</i></p> <p>Erin Johansen: The Mental Health Crisis Respite Center, open 24/7, phone (916) 737-7483 is available for adults who are experiencing a crisis and are not in danger and not a harm to themselves or others.</p> <p><i>(via chat): Another resource is the Mental Health Urgent Care Clinic. If you or a loved one have an immediate mental health and/or co-occurring substance abuse need and are contemplating using an emergency room, the Mental Health Urgent Care Clinic is a resource with a team of peers, clinicians, and medical staff who can assist in a calm and supportive environment.</i></p> <p><i>Monday - Friday, 10 am - 10 pm (last walk-in at 9 pm) Saturdays, Sundays, and Holidays, 10 am - 6pm (last walk-in at 5 pm) 2130 Stockton Boulevard, Building 300, Sacramento, CA 95817 (916) 520-2460</i></p> <p><i>Given the COVID-19 pandemic, hours of operation are subject to change. Please call ahead of your visit to verify that the MHUCC is open.</i></p>
<p>IX. General Public Comment</p>	<p>Dr. Diane Wolfe, psychiatrist (via chat): City of Sacramento has the Department of Community Response, which is a non-police team that can respond to 911 calls not needing police response.</p> <p>Mary Ann Bernard, family member advocate: I am an attorney and the mother of an adopted severely mental ill adult. I remind you again that Section 5813.5 (f) was added to the California Welfare and Institutions Code by the Mental Health Services Act</p>

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	<p>and requires you in your Three-Year Plans to include funds to those severely mental ill people who are headed into or coming out of our jails. Your priorities ignore this provision, even though jails and prisons are where the most sick people tend to go and are the worst possible places for them to end up. The mental hospitals have lost beds and prisons have filed up. You are out of compliance with statute, there is no excuse for it, and please stop.</p> <p><i>[Mary Ann Bernard submitted additional written comment after the meeting and requested it be incorporated into the meeting minutes. See Attachment E – Mary Ann Bernard Public Comment.]</i></p> <p>Lilyane Glamben, ONTRACK Program Resources: Thank you, Ms. Leslie, for your acknowledgement. At the Black Mental Health & Criminal "Justice" Real Talk, the presentations and panelists were amazing. Ryan McClinton was the one panelist on both panels, the first panelist the first day and the last on the second day. I could not imagine doing it without him. I also want to thank and acknowledge County BHS staff. There will be more – this was just the beginning.</p>
X. Adjournment / Upcoming Meetings	<p>The meeting was adjourned at 7:44 p.m. Upcoming meetings will be held on</p> <ul style="list-style-type: none"> • January 20, 2022 • February 17, 2022

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.net.