

**Sacramento County  
Department of Health Services  
Division of Behavioral Health Services  
Mental Health Services Act (MHSA) Steering Committee**

**Meeting Minutes**

January 17, 2019, 6:00 PM – 8:00 PM

**Meeting Location**

7001-A East Parkway | [map](#)

Sacramento, CA 95823

Conference Room 1

**Meeting Attendees:**

- MHSA Steering Committee members: Ann Arneill, Christopher Barton, Emily Bender, Michelle Callejas, Karen Cameron, Shaunda Cruz, Ed Dziuk, Anatoliy Gridyushko, Daniela Guarnizo, Melissa Jacobs, Erin Johansen, Lynne Keune, Leslie Napper, Gordon Richardson, Sayuri Sion
- General Public

Agenda Item	Discussion
<b>I. Welcome and Member Introductions</b>	The meeting was called to order at 6:01 p.m. MHSA Steering Committee members introduced themselves.
<b>II. Agenda Review</b>	The agenda was reviewed; no changes were made.
<b>III. Approval of Prior Meeting Minutes</b>	The December 2018 draft meeting minutes were reviewed and approved with no changes.
<b>IV. Announcements</b>	<b>Christopher Barton:</b> Winter Sanctuary for the homeless is available in Elk Grove, Citrus Heights, Carmichael, and Folsom. I am personally familiar with the one in Carmichael. The intake site is The Church on Cypress (near Cypress and Manzanita), where people can check in at 5 p.m. to get shelter and a free meal for the night.
<b>V. Executive Committee / MHSA Updates</b>	<p><b>Executive Committee Update</b> None.</p> <p><b>MHSA Update</b> Julie Leung, Acting MHSA Program Manager, reported that Division staff are working to complete the Draft MHSA Annual Update. The Draft MHSA Annual Update will be posted for thirty days for public review and comment early February. It will be presented to this Committee at your February meeting for collective feedback, and then to the Cultural Competence Committee at their February meeting for their collective feedback. At the close of the 30-day posting, the Annual Update will be presented to the Mental Health Board for their collective feedback, after which the MHB will conduct the public hearing.</p>

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	<p>Melissa Jacobs, Acting Behavioral Health Director, announced that last month the California Health Facilities Financing Authority (CHFFA) released two Request for Applications (RFAs). The Division of Behavioral Health Services will apply for one of them, the Investment in Mental Health Wellness Grant Program for Children and Youth Application. If successful, the grant program would fund mobile crisis community-based response services for children and youth under 21 years of age. As part of our needs assessment for this grant application, the Division will gather information from the community by way of a survey.</p>
<p><b>VI. Cultural Competence Committee Ad Hoc Workgroup Recommendation for the Prevention and Early Intervention (PEI) Program Serving the African American Community</b></p>	<p>Mary Nakamura, Cultural Competence/Ethnic Services Program Manager for the Division and the Chair of the Cultural Competence Committee, provided context on the recommendation of the Ad Hoc Workgroup of the Cultural Competence Committee.</p> <p>Leslie Napper presented the Recommendation of the Ad Hoc Workgroup, which was refined and approved by the Cultural Competence Committee (see <a href="#">Attachment A – Cultural Competence Committee Ad Hoc Workgroup Recommendation for the Prevention and Early Intervention (PEI) Program Serving the African American Community</a> and <a href="#">Attachment B - Cultural Competence Committee Ad Hoc Workgroup Recommendation to the MHSA Steering Committee</a>).</p> <p><b>Member Discussion and Questions</b></p> <p>How much funding is being requested for this? Is this connected to Supporting Community Connections?</p> <p>The community is asking for funding that is respectful, that seriously addresses the problem.</p> <p><i>The Division has identified available PEI dollars within the Integrated Health and Wellness Project. The Screening, Assessment, and Brief Treatment (SABT) Program was designed to provide Federally-Qualified Health Centers (FQHCs) with funding for mental health screenings and brief treatment in anticipation of Affordable Care Act (ACA) implementation. Once implemented, ACA funded the costs for those same services and therefore the program ended.</i></p> <p><i>This recommended program aligns with the Integrated Health and Wellness Project in that elements of the recommendation include screenings and peer support groups and addressing trauma. Funding from the discontinued SABT program in the range of \$500,000 - \$600,000 annually has been identified to support this new recommended program.</i></p>

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	<p>How many listening sessions will you schedule to refine the program design? <i>There will be at least two and hopefully three: South Area, North Area, and possibly Oak Park.</i></p> <p>Michael Craft, Cultural Competence Committee member, Ad Hoc Workgroup member and Executive Director of Another Choice, Another Chance, also spoke to this question: <i>The plan is to get a wide cross-section of the African American community in Sacramento County. We realize that many of the people in that community will go to meetings north and south of their homes, but not as much east and west. We want to ensure no one is left out or feels the needs for their area have not been heard or considered.</i></p> <p>What is the cost of these sessions and who is paying it? <i>I am not sure exactly what the cost would be, but the Division would be covering that.</i></p> <p>How many personnel would this program employ? <i>That is not yet determined. If approved here by the Steering Committee, the program will still be high-level in concept, a placeholder on the Annual Update. Once the Annual Update containing this plan is approved by the Board of Supervisors, the Division would release one (or more) RFPs for this program which will be informed by input received at the listening sessions.</i></p> <p>Dr. Kristee Haggins, Ad Hoc Workgroup member: I would like to echo what has been shared about the necessity for this to go through. I am a psychologist and one of the founders of Safe Black Space and Community Healing Circles. We know that our community is traumatized. This program would be one way Sacramento County could make a concrete and committed effort to help support our needs. Part of ascertaining what those needs are would involve these listening sessions.</p> <p>I want to commend the workgroup for working as quickly as it did. The timeline was very short and you did a great job.</p> <p>The sixth bullet talks about “victims of racial profiling support groups for men.” Women and children also suffer from racial profiling. What about support groups for them? <i>We identified some specific ideas in those bullets, but they are not intended to be an exhaustive list. The recommendation states, “Services include an array of support groups that provide safe healing spaces for community members such as, but not limited to...”</i></p> <p>Michael Craft: It is very difficult in the black community to get men to come forward. A large part of this is due to skepticism about what is going on, and part is a tendency to be a little more</p>

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	<p>stubborn. We often allow black women to be the gatherers of information, letting them check things out and bring back reports. I think many of you know I am a retired probation officer. A lot of our men with problems have warrants or issues that make them reluctant to come somewhere they might get arrested or harassed. This is part of why it is important to have safe spaces. When we identified black men as a group needing help, it was not in any way meant to exclude others from also receiving support. It was just a recognition that they do need help and places they can safely go to get it.</p> <p>I think it is easy to support a general goal of alleviating gun trauma in the African American community. However, looking at this as a provider, a program like this looks very different depending on what level of funding is allocated to it. I don't want us to undermessage our support for this goal. Can we craft resolutions that indicate the program be funded at "no less than" a given amount?</p> <p>It is incredible how comprehensive and mindful this recommendation is. I have one suggestion. There are many in the African-American community in Sacramento who identify as refugees or immigrants. That is one issue I do not see addressed here.</p> <p>We did talk about that. We used the term "African-American/Black community" in the hope that it would be all-inclusive.</p> <p>I'll move to advance this, with one note. It is important to fund this adequately to cover the geography. If this is located at a single site, it will not be accessible to the community that needs it.</p> <p>I'll second, but want to determine how much we are talking about. Is \$500,000 the maximum and is it all from the same pot? <i>There is up to \$600,000 available and it is all from the same pot (funding previously allocated to SABT).</i></p> <p>Members discussed and agreed the recommendation should recommend "no less than" \$600,000 annually in place of "up to" that amount.</p> <p>How will other programs be affected?</p> <p><i>We identified up to \$600,000 annually for this new recommended programing after careful consideration and fiscal consultation. We are creating the first update to an existing three year plan that takes us through Fiscal Year 2019-20. This identified annual amount should be appropriate for the next two years. After that, it would be treated like other programs already in the MHSA Plan and could be adjusted up or down for the same reasons, which could include available funding considerations.</i></p>

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	<p>The motion on the table was restated before Public Comment and the vote:</p> <p><i>The MHSA Steering Committee will support the recommendation to use PEI funding to develop this new program as recommended by the Cultural Competence Committee. We recommend the funding support enough full time staff to effectively function as cultural brokers and peers and support group facilitators to effectively meet the needs of the population. We understand there is currently \$600,000 available annually.</i></p> <p><b>Public Comment</b>  <b>Mykel Gayent:</b> Tonight I am here representing NAMI Sacramento. I was recently appointed as coordinator for FaithNet, a component of NAMI. Our goal is to invite and work with faith communities throughout Sacramento. There will be an information event in February and I'd like to invite anyone here to come out to Del Paso Heights and hear the Executive Director, David Bain, speak about what we would like to start doing. FaithNet is a national program and Sacramento is one of the few communities that does not participate. We want to change that. We want to help the community to heal and work with the faith community. There are steps, guidelines, resources we can provide and I think the community would welcome working with churches.</p> <p><b>SC Action</b>  Erin Johansen moved and Michelle Callejas seconded the motion.</p> <p>Motion passed unanimously.</p>
<b>VII. General Steering Committee Comment</b>	None.
<b>VIII. General Public Comment</b>	<p>Community member: I have concerns about the South Sacramento park and recreation areas. There are people out there using heroin and methamphetamine in the creeks. Selling drugs from Broadway all the way to Elk Grove Blvd, from Land Park Drive down to Florin Mall Drive. You don't see them, because you aren't in the streets like me. I am homeless, and live in my truck. There are needles in the bathrooms, which are filthy and disgusting. Women are raped in the creek areas.</p> <p>Also, when speaking about the drugs and guns entering our communities, what about the pimps abusing women and children? What are we going to do about stopping that? Thank you.</p>

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<b>IX. Adjournment / Upcoming Meetings</b>	The meeting was adjourned at 6:59 p.m. Upcoming meetings will be held on <ul style="list-style-type: none"><li>• February 21, 2019</li><li>• March 21, 2019</li></ul>

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Darlene Moore one week prior to each meeting at (916) 875-7227 or [MooreDa@sacounty.net](mailto:MooreDa@sacounty.net).